Pleated Mask Pattern

1. Cut 2-8”x9” rectangles from 100% cotton fabric.
   Cut 1-8”x9” rectangle from 100% cotton batting or heavy Pellon™ iron on interfacing

2. Layer pieces
   Bottom: batting or iron on interfacing to wrong side of middle fabric
   Middle: 1 8x9 rectangle, right side up
   Top: 1 8x9 rectangle, right side down (right sides should be facing each other)

3. Beginning 1/2” from top edge, stitch 1/4” seam allowance, leaving a 1/2” edge on 3rd side

4. Trim all 4 corners

5. Turn rectangle right side out
6. Fold top inward and stitch 1/2” seam.

7. Stitch 1/4” from top edge. Leaving a 2” opening on both the top right and left sides

8. Untwist half of a paper clip and slip into the top pouch you just made. Allow 1 end of loop to hang over front of mask to prevent skin damage. This will help seal the mask around the nose.

9. Create 3 downward pleats and stitch 1/2” seam allowance.

10. Cut 2-strips of ¼” elastic 6” each. Knot ends of elastic. Sew to mask. (may use ties also).