

## **Southeastern Louisiana University Counseling Program Summary of Results – Fall 2017**

Total number of graduates/respondents – 15 graduates/15 respondents (100% response rate)

Breakdown by concentration

CMHC - 2  
MCFC - 5  
SC – 8

100% (15) of respondents indicated that they will seek employment in the counseling field.

93% (14/15) of respondents reported that they plan to pursue state licensure.

93% (14/15) respondents indicated that they plan to pursue national certification.

100% (8/8) of school counseling respondents indicated that they will pursue school counselor certification.

60% of the respondents (9/15) indicated that their degree will lead to advancement in their current job.

Six respondents (40%) indicated an interest in pursuing a doctoral degree in Counseling.

Students ranked their preference of course delivery options as follows:

Face to face – 11/15 (73%) ranked as first choice  
Hybrid – 2/15 (13.5%) ranked as first choice  
100% online – 2/15 (13.5%) ranked as first choice

Students ranked their preference of course times as follows:

Morning – 4/15 (26.5%) ranked as first choice  
Afternoon – 4/15 (26.5%) ranked as first choice  
Evening – 7/15 (47%) ranked as first choice

Graduates were asked to rate the Southeastern Counseling Program on several items to the extent that it prepared them to be a professional counselor using a 5 point Likert scale (1 = Strongly Disagree to 5 = Strongly Agree).

Develop an identity as a professional counselor and recognize the importance of engagement in professional development and ethical decision-making **4.93** [5 (14); 4 (1)]

Understand multicultural issues in counseling and implement culturally sensitive counseling interventions **4.73** [5 (11); 4 (4)]

Apply personality and learning theories to facilitate change and growth in individuals and family systems **4.53** [5 (5); 5 (6); 3 (3)]

Understand career development theories and methods and be able to apply career counseling skills to facilitate client exploration and problem solving **4.3** [5(5); 4(3); 3(2)]

Utilize counseling skills to facilitate client engagement in counseling **5.0** [5 (15)]

Understand group purposes, development, dynamics, theories, and methods, and apply these skills to facilitate group processes **4.7** [5(9); 4(4); 3(3)]

Utilize individual and group approaches for assessment and evaluation and apply these skills to facilitate the helping process **4.3** [5(5); 4(9); 3(1)]

Evaluate the research for the applicability of its finding to the practice of counseling and program evaluation **4.3** [5(7); 4(5); 3(3)]

Understand family systems concepts and their application to assessment and treatment. **4.3** [5(7); 4(5); 3(3)]

Overall, the Southeastern Louisiana University counseling program provides excellent training for future counselors **4.93** [5 (14); 4 (1)]

### **Most valuable aspects of the program**

- The professors care about growth.
- small classes, classroom discussions and field experience
- The practical and relatable way of being taught. Hearing real life examples in the class room and using research articles to relate what is being taught. The process of learning to give and receive feedback.
- The relationship the professors develop with the students. They help fostered professional and personal growth in various way throughout the 3 years I have been in the program.
- The most valuable aspect of the program to me was the student-professor relationship. I always felt that I could reach out to my professors professionally and personally.
- Fostering the importance of learning to be with your client and the focus put on the therapeutic relationship.
- The Southeastern Counseling program offered outstanding professors who challenged and supported us as students and future professional counselors. Their expertise and knowledge is something that I will carry with me throughout my career. I also truly enjoyed the real world experiences incorporated in course work (i.e. attending an A.A. meeting, practicing play therapy techniques, etc.). The program was so rich with material and experiences and I also became close with many of the people in my cohort. It truly felt like a family and it is bitter sweet to graduate from this program. I can not give enough positive feedback for the professors and coursework in Southeastern's Counseling program. Thank you for investing all of your time in your graduate students.
- Professors care about the students
- Internship, staffings,
- I believe that Southeastern's Counseling program brought me to my full potential professionally and personally. The professors are extremely knowledgeable, and they care about their students. It is evident that they care about their profession and take the time to adequately prepare all students to enter into the counseling field.

- small class sizes, intimate student-professor interaction, focus on facilitating growth for the student as a whole
- Self exploration and growth, knowledgeable and invested professors, and relevant experiential pieces to the learning process.
- Gaining understanding about my self and the value of self-care.
- Close-knit community of faculty and students

### **Least valuable aspects of the program**

- Having all night classes.
- n/a
- Every part of the program was highly valuable to me.
- The online classes were difficult for me to participate in and fully absorb the information. Perhaps re-thinking the way we engage online could be helpful. I often found that with online classes there was too much content and not enough time to process it.
- Being that I am interning at an addiction center, I would have liked more elective courses in substance abuse counseling.
- None that I can think of
- n/a
- no morning classes
- Multiple, redundant reflections.
- I cannot think of anything in the counseling program that was not valuable for my professional development.
- Long class times
- These are not necessarily least valuable aspects, but more education about writing appropriate and concise case notes as well as the proper way to develop a treatment plan would be helpful for those matriculating on the school counseling track.
- Everything in this program was valuable to me. I cannot think of anything that warrants going on a least valuable list.
- Honestly, I felt that some of the course that were online 100% needed a face to face component.
- The program is quite lengthy.
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### **Additional comments:**

- This program exceed my exceptions. Not only was I challenged, but also supported. This program has a wonderful faculty who are trustworthy, ethical, and truly care about the students.
- Would have liked more preparation in note writing, clinical language and diagnosis.
- The Southeastern Counseling faculty was paramount to my development as a counselor. I can still remember thought provoking concepts from my first semester of graduate school, which feels like yesterday. Words can not adequately describe how wonderful you all are. You truly shaped the person and the counselor that I am today. Thank you for allowing me to be part of such a special and influential program.
- Thank you for your time in preparing me to become a counselor. I could not imagine graduating from any other counseling program.
- Although I was told it would happen over the course of the program, it was hard to imagine how much I have learned about myself personally, I appreciate the encouragement to form my own counseling identity and be proud of it. Thank you all for your patience, your wisdom, and your challenges!