

**Southeastern Louisiana University Counseling Program
Summary of Results – Spring 2018**

Total number of graduates/respondents – 11 graduates/10 respondents (91% response rate)

Breakdown by concentration

CMHC - 5
MCFC - 2
SC - 3

100% (10) of respondents indicated that they will seek employment in the counseling field.

100% (10) of respondents reported that they plan to pursue state licensure.

90% (9/10) respondents indicated that they plan to pursue national certification.

100% (3/3) of school counseling respondents indicated that they will pursue school counselor certification.

70% of the respondents (7/12) indicated that their degree will lead to advancement in their current job.

Six respondents (60%) indicated an interest in pursuing a doctoral degree in Counseling.

Students ranked their preference of course delivery options as follows:

Face to face – 5/10 (50%) ranked as first choice
Hybrid – 3/10 (30%) ranked as first choice
100% online – 2/10 (20%) ranked as first choice

Students ranked their preference of course times as follows:

Morning – 3/10 (30%) ranked as first choice
Afternoon – 1/10 (10%) ranked as first choice
Evening – 6/10 (60%) ranked as first choice

Graduates were asked to rate the Southeastern Counseling Program on several items to the extent that it prepared them to be a professional counselor using a 5 point Likert scale (1 = Strongly Disagree to 5 = Strongly Agree).

Develop an identity as a professional counselor and recognize the importance of engagement in professional development and ethical decision-making **4.7** [5 (7); 4 (3)]

Understand multicultural issues in counseling and implement culturally sensitive counseling interventions **4.9** [5(9); 4(1)]

Apply personality and learning theories to facilitate change and growth in individuals and family systems **4.7** [5 (7); 4 (3)]

Understand career development theories and methods and be able to apply career counseling skills to facilitate client exploration and problem solving **4.3** [5(5); 4(3); 3(2)]

Utilize counseling skills to facilitate client engagement in counseling **4.9** [5 (9); 4 (1)]

Understand group purposes, development, dynamics, theories, and methods, and apply these skills to facilitate group processes **4.4** [5(6); 4(2); 3(2)]

Utilize individual and group approaches for assessment and evaluation and apply these skills to facilitate the helping process **4.5** [5(5); 4(5)]

Evaluate the research for the applicability of its finding to the practice of counseling and program evaluation **4.3** [5(4); 4(5); 3(1)]

Understand family systems concepts and their application to assessment and treatment. **4.5** [5(6); 4(3); 3(1)]

Overall, the Southeastern Louisiana University counseling program provides excellent training for future counselors **4.9** [5(9); 4 (1)]

Most valuable aspects of the program

- The incredible professors
- The instructors and constant preparation for Comps.
- Some of the most valuable aspect is the increased talks of self-care, the genuineness of the professors, and the opportunities of CEU's.
- The instructor's philosophies, words of wisdom and advocacy in regards to this field was something I'll always take with me. Also, the field experiences required to complete certain courses forced me to grow in ways I could not have by just attending a course or reading a book. Experiences like the multicultural experiences and interviews and attending an AA meeting. These were uncomfortable but paramount in my growth. I enjoyed the flexibility of instructors to ensure success and their openness to feedback. I felt I was always heard and never judged. The program changed my life and made me a competent clinician. It prompted exploration of the parts of myself I needed to find clarity in. Also, I'm more valuable today in my career than I've ever been and I earned my dream job at my internship.
- The small class sizes allowed us to obtain individualized attention and provided opportunities to do helpful experiential activities throughout the semesters. It also provided a "cohort" for us to move through the classes with and become comfortable and close with.
- The most valuable aspect is the way the faculty spends time with the students to genuinely help and contribute to our professional development.
- Course diversity, understanding and patient professors, strong support.
- The helpfulness and successful collaborative efforts of the program staff with the students.
- The care of the professors for their students. Not only did they reinforce the basic counseling skills with us, but they also helped to make me feel like a person that mattered rather than simply a student.
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Least valuable aspects of the program

- The scheduling of classes. Everyone I know had some kind of issue with their three year plan because of changes throughout our time here. These issues caused some of us to have to rearrange everything in order to graduate on time and not pay for another semester through no fault of our own.
- 100% online classes that seemed to be filled with a certain amount of busy-work or repetition.
- The times some classes were offered or how some classes were delivered (50% online instead of 100%; face to face instead of 50% online; etc.).
- Online courses
- I genuinely cannot think of anything not of value. Through it all, I have learned so much. Everything in this program has been a wonderful learning experience.
- None
- n/a
- I hope that the program can one day have some type of neuroscience class as it relates to trauma, the impact of medication on the brain, etc.
- I felt like I couldn't travel or have any major life changes while in the program. Despite being prompt and constantly going the extra mile, I received a B in one course and I believe it's because I missed two classes for traveling. I did extra work to make up for it, so I felt that B was a punishment or a lesson on perfectionism.

Additional comments:

- This was an amazing experience!! All of the professors are so knowledgeable, and continue to be extremely helpful and dedicated to the profession! I'll miss being a part of this program! Thank you!
- There were a couple of courses that I felt were not challenging, and not taken seriously by students or professors (I don't think the professors are with us any longer). When taking COMPS and NCE, I could tell that I was not as confident in my abilities with those courses.
- I am so thankful for this program and the professors in it. I am so happy that I chose this path. I would love to see some specialized electives in the future (like trauma or transgendered focused classes). Thank you for everything!
- This is the BEST masters program in counseling by far!
- Additional electives for the CMH track would be helpful. Advanced Play Therapy, for example, is one of the only options and does not relate as well to CMH as other class subjects might (EX: advanced trauma, advanced substance abuse, etc.).
- I have so much gratitude for the lessons I learned and the work that prompted deep exploration on myself. Also, I always felt I could ask for help or guidance. No time was wasted as much of what I learned was not only applicable to life in general but the work I do and will do with clients. I have many resources and the competency to use them. As an intern, I was able to use so much material and wisdom that I felt like a seasoned clinician. I had many fears and I truly conquered them because of the instructor's ability to guide me.