

## HUMAN SCIENCES-Nutrition Education & Promotion Catalog Year 2021-2022

Name \_\_\_\_\_  
W# \_\_\_\_\_

Required	Substitution	Grade	Hrs
<b>General Education (39hrs)</b>			
*ENGL 101or121Hor123H			3
*ENGL 102or122Hor124H			3
ENGL 230,231, or 232			3
COMM 210 or 211			3
MUS/ART/THEA/DNC			3
HISTORY ELECTIVE			3
MATH 105 or 151/161			3
MATH 241			3
BIOLOGICAL SCIENCE			3
PHYSICAL SCIENCE			3
SECOND SCIENCE SEQ			3
*PSYC 101			3
SOCIAL SCI ELECTIVE			3
<b>TOTAL</b>			<b>39</b>

### Nutrition Education & Promotion Concentration (27hrs)

*NUTR 411 Nutrition & Lifestyle Diseases			3
*NUTR 424 Nutrition for Sport & Fitness			3
*NUTR 425 Nutrition Principles & Preparation			3
*NUTR 426 Food Principles & Preparation			3
*NUTR 433 Current Trends & Issues in Nutrition			3
*HDFS/CL/NUTR/HUSC ELECTIVE			3
*HS 133 Healthy Lifestyles for the 21st Century			3
*HS 252 or HS 331 Health & Stress or Health Info & Media			3
*HS 351, HS 420, or HS 454 Hlth Prob of Aged & Aging or Hlth Prom & Plan or Hlth Beh Chng			3
<b>TOTAL</b>			<b>27</b>

Required	Substitution	Grade	Hrs
<b>Other (11hrs)</b>			
SE 101			2
FREE ELECTIVE			3
FREE ELECTIVE			3
FREE ELECTIVE			3
<b>TOTAL</b>			<b>11</b>
<b>HUSC Core (43hrs)</b>			
*HUSC 100 Foundations of FCS			1
*HDFS 302 Individual & Family Dev Across the Lifespan			3
*HDFS 304 Parenting			3
*NUTR 342 Nutrition			3
*NUTR 345 Lifespan Nutrition			3
*HUSC 346 Professional Development			3
*HDFS 371 Family Finance			3
*HDFS 412 Family Stress & Coping			3
*NUTR 421 Principles of Weight Mgmt			3
*HDFS 441 Family Relations			3
*HDFS 448 Communication, Aging, & Social Interaction			3
*HDFS 475 Family Resource Mgmt			3
*HDFS/CL/NUTR/HUSC ELECTIVE			3
*HDFS/CL/NUTR/HUSC ELECTIVE			3
*ENGL 322 Technical Writing			3
<b>TOTAL</b>			<b>43</b>

Southeastern 101 is not required of transfer or readmitted students with 30 hours or more. Those students must replace SE 101 with 2 hours of electives.

\*A grade of C or higher is required for these courses.

Please refer to the possible Natural Science combinations under General Education.

Sequence requirements are in the University's Policies chapter of the catalog.

Social Science elective to be selected from ANTH, CJ, ECON, GEOG, POLI, PSYC or SOC.

Students may complete ENG 121H or ENG 123H in place of ENGL 101.