Family and Consumer Sciences

Body of Knowledge Model

FIVE CURRENT THEMES

TWO INTEGRATED ELEMENTS

1. SYSTEMS THEORY
   a. INDIVIDUAL WELLBEING
   b. FAMILY STRENGTHS
   c. COMMUNITY VITALITY

THREE BASIC NEEDS

2. LIFE COURSE DEVELOPMENT

IV. CAPACITY BUILDING

III. TECHNOLOGY

II. GLOBAL

I. WELLNESS
FCS Mission Statement:
The mission of Southeastern's Family and Consumer Sciences program is to prepare students for professions which enhance and strengthen the well-being of individuals, families, and communities across the lifespan.

THREE CORE ELEMENTS
a. INDIVIDUAL WELL-BEING — self-awareness, ability to adapt & interact
b. FAMILY STRENGTHS — promoting resilience and preserving
c. COMMUNITY VITALITY — building environments that promote the common good

TWO INTEGRATED ELEMENTS
1. SYSTEMS THEORY — Integrative nature of the profession; Concept of Wholeness — that the whole is greater than the sum of the parts (Anything one member does affects the members as a whole)
2. LIFE COURSE DEVELOPMENT — Goal with family change is to achieve continuity between change and stability across the lifespan.

FIVE CURRENT CROSS-CUTTING THEMES
I. WELLNESS — Personal & societal health & wellbeing
II. GLOBAL — Global Interdependence — Ecological impact we have on our world
III. TECHNOLOGY — Appropriate & ethical use of technology
IV. CAPACITY BUILDING — Responding to change and solving complex problems
V. RESOURCES — Resource development and sustainability across time