

**Southeastern Louisiana University  
Department of Kinesiology and Health Studies**

**BS in Health Education and Promotion  
2013-2014 Catalog**

FIRST YEAR

FIRST SEMESTER	S.H.	SECOND SEMESTER	S.H.
*English 101 (Freshman Composition) .....	3	*English 102 (Critical Reading & Writing) .....	3
*General Biology 151/152 (Biology + Lab) .....	4	*Mathematics 241 (Statistics) .....	3
*Chemistry 101/103 or 121/123 (Chem + Lab).....	4	*Zoology 250/252 (Anatomy & Physiology I) .....	4
*Mathematics 161 (College Algebra).....	3	Psychology 101 (General Psychology) .....	3
Southeastern 101 <sup>1</sup> (Freshman Success) .....	<u>2</u>	†Health Studies 133 (Healthy Lifestyles) .....	3
	16		16

SECOND YEAR

*Zoology 251/253 (Anatomy & Physiology II).....	4	*Communication 211 (Public Speaking) .....	3
*English 230, 231, or 232 (Literature).....	3	†Health Studies 252 (Health & Stress).....	3
History Elective .....	3	†Health Studies 300 (Foundations of Health Edec) .....	3
†Health Studies 162 (Drugs & Society).....	3	†Health Studies 331 (Health Info & Media) .....	3
†Health Studies 251 (Human Sexuality).....	<u>3</u>	Music, Visual Arts, Dance, or Theater Elective .....	<u>3</u>
	16		15

THIRD YEAR

†Health Studies 312 (Community Health).....	3	†Nursing 313 (Study of Human Disease).....	3
†Health Studies 420 (Health Prom/Prog Plan) .....	3	†Health Studies Elective 300-400 .....	3
†Health Studies 360 (Intro to Epidemiology) .....	3	†Health Studies 440 (Research Methods) .....	3
†Family and Consumer Sciences 342 (Nutrition)...	3	†Health Studies 453 (Health Assessment & Promo).....	3
*Management or Marketing Elective.....	3	Electives .....	<u>4</u>
	15		16

FOURTH YEAR

†Health Studies 131 (First Aid & CPR) .....	2	†Health Studies 410 (Internship).....	6
†Health Studies 362 (Worksite Health Promo).....	3	Electives .....	<u>3</u>
†Health Studies 401 (Health Instruction).....	3		9
†Health Studies 454 (Health Behavior Change).....	3		
Social/Behavioral Elective 200+ .....	3		
Electives.....	<u>3</u>		
	17		

Total semester hours required: 120

<sup>1</sup> Southeastern 101 is not required of transfer or readmitted Southeastern students with 30 hours or more. Students who are not required to take Southeastern 101 must take an additional 2 hrs of electives.

† Major Course; grade of C or higher is required.

\* Grade of "C" or higher is required.

Social/Behavioral Science Elective must be sophomore level or higher, and selected from courses in Economics, Political Science, Psychology, or Sociology.