

**Southeastern Louisiana University**  
**Department of Kinesiology and Health Studies**

**BS in Athletic Training**  
**2019-2020 Catalog**

FIRST YEAR

FIRST SEMESTER	S.H.	SECOND SEMESTER	S.H.
*English 101(Freshman Composition).....	3	*English 102 (Critical Reading & Writing).....	3
*General Biology 151 .....	3	*Mathematics 162, 163, or 241 (Trig, Calculus or Statistics).....	3
*Biology Lab 152.....	1	*Zoology 250 (Anatomy & Physiology I) .....	3
*Chemistry 101 or 121 (Genl or Inorganic Chem) .....	3	*Zoology Lab 252 (Anatomy & Physiology I Lab) .....	1
*Chemistry Lab 103 or 123.....	1	*Athletic Training 141 (Injury Prevention and Management) .....	3
*Mathematics 151 or 161 (College Algebra) .....	3	*Psychology 101 (General Psychology) .....	<u>3</u>
Southeastern 101 (College Success).....	<u>2</u>		16
	16		

SECOND YEAR

*Communication 211 (Public Speaking).....	3	†Athletic Training 205 (Functional Anatomy) .....	3
* Zoology 251 <sup>1</sup> (Anatomy & Physiology II) .....	3	†Athletic Training 206 (AT Foundations & Practice).....	3
*Zoology Lab 253 <sup>1</sup> (Anatomy & Physiology II Lab) .....	1	†Athletic Training Lab 217 <sup>2</sup> (Clinical in Athletic Training) .....	1
*History Elective.....	3	†Athletic Training 241(Emergency Health Care) .....	3
*Family and Consumer Sciences 342 (Nutrition).....	3	†Athletic Training Lab 244 (Emergency Health Care Lab) .....	1
*Health Studies 133 (Healthy Lifestyles).....	<u>3</u>	*Kinesiology 321 (Motor Learning) .....	<u>3</u>
	16		14

SUMMER SEMESTER

†Athletic Training Lab 210 (Football Clinical Exp) .....

THIRD YEAR

†Athletic Training Lab 303 <sup>3</sup> (Clin Integ & Field Exp I).....	1	†Athletic Training Lab 317 <sup>3</sup> (Clin Integ & Field Exp II) .....	1
†Athletic Training 372 (Therapeutic Modalities).....	3	†Athletic Training 333 (Therapeutic Exer and Rehab) .....	3
†Athletic Training Lab 370 (Ther Modalities Lab) .....	1	†Athletic Training Lab 304 (Ther Exer and Rehab Lab).....	1
†Athletic Training 305 (Lower Extremity Injury Mgmt) ...	3	†Athletic Training 340 (Upper Extremity Injury Mgmt) .....	3
†Athletic Training Lab 300 (Lower Extremity Lab) .....	1	†Athletic Training Lab 344 (Upper Extremity Lab).....	1
*Kinesiology 372 (Biomechanics) .....	3	*Kinesiology 392 (Exercise Physiology).....	<u>3</u>
*English 230,231 or 232 (Literature) .....	<u>3</u>		12
	15		

FOURTH YEAR

†Athletic Training 420 <sup>3</sup> (Senior Clinical I).....	3	†Athletic Training 425 <sup>2</sup> (Senior Clinical II).....	3
†Athletic Training 455 (Medical and Pharm I) .....	3	†Athletic Training 466 (Medical & Pharm II) .....	3
†Athletic Training 462 (Admin & Psychosocial Interv).....	3	†Athletic Training 410 (Evidence-Based Practice).....	3
*Social/Behavioral Science Elective 200+ <sup>4</sup> .....	3	*Kinesiology 426 (Strength & Conditioning Programs).....	3
*Music, Visual Arts, Dance, or Theater Elective .....	<u>3</u>	*Kinesiology 436 (Sport & Exercise Psychology).....	<u>3</u>
	15		15

Total semester hours required: 120

† Clinical Progression Course; grade of “C” or higher is required.

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Southeastern 101 is not required of transfer or readmitted Southeastern students with 30 hours or more. Students who are not required to take Southeastern 101 must take an additional 2 hrs of electives.

<sup>1</sup> Class must be taken prior to formal acceptance into ATEP or during the first semester of Clinical Progression.

<sup>2</sup> Provides the student with the opportunity to practice and apply athletic training clinical proficiencies under the supervision of a preceptor for a qualified minimum of 150 hours.

<sup>3</sup> Provides the student with the opportunity to practice and apply athletic training clinical proficiencies under the supervision of a preceptor for a qualified minimum of 225 hours.

<sup>4</sup> Social/Behavioral Science Elective must be sophomore level or higher, and selected from courses in Anthropology, Criminal Justice, Geography, Political Science, Psychology, or Sociology.