

**Southeastern Louisiana University
Department of Kinesiology and Health Studies**

**BS in Health Education and Promotion
2019-2020 Catalog**

FIRST YEAR

FIRST SEMESTER	S.H.	SECOND SEMESTER	S.H.
*English 101 (Freshman Composition)	3	*English 102 (Critical Reading & Writing)	3
*General Biology 151/152 (General Biology)	3	*Mathematics 241 (Statistics)	3
*Biology Lab 152 (General Biology Lab)	1	*Zoology 250 (Anatomy & Physiology I)	3
*Chemistry 101 or 121 (Genl or Inorganic).....	3	*Zoology Lab 252 (Anatomy & Physiology Lab I)	1
*Chemistry Lab 103 or 123 (Chemistry Lab).....	1	Psychology 101 (General Psychology)	3
*Mathematics 105 (Finite) or 151/161 (Algebra) ...	3	†Health Studies 133 (Healthy Lifestyles)	<u>3</u>
Southeastern 101 ¹ (Freshman Success).....	<u>2</u>		16
	16		

SECOND YEAR

*Zoology 251 (Anatomy & Physiology II).....	3	*Communication 211 (Public Speaking)	3
*Zoology Lab 253 (Anat & Physiology Lab II)	1	Music, Visual Arts, Dance, or Theater Elective	3
*English 230, 231, or 232 (Literature).....	3	†Health Studies 252 (Health & Stress).....	3
History Elective	3	†Health Studies 300 (Foundations of Health Educ)	3
†Health Studies 162 (Drugs & Society).....	3	†Health Studies 331 (Health Info & Media)	<u>3</u>
†Health Studies 251 (Human Sexuality).....	<u>3</u>		15
	16		

THIRD YEAR

†Health Studies 312 (Community Health).....	3	†Health Studies 315 (Study of Human Disease)	3
†Health Studies 420 (Health Program Planning)....	3	†Health Studies Elective 300-400	3
†Health Studies 360 (Epidemiology).....	3	†Health Studies 440 (Research Methods)	3
†Family and Consumer Sciences 342 (Nutrition)...	3	†Health Studies 453 (Health Assessment & Promo).....	3
*Management or Marketing Elective.....	3	Electives	<u>4</u>
	15		16

FOURTH YEAR

†Health Studies 131 (First Aid & CPR)	2	†Health Studies 410 (Internship).....	6
†Health Studies 362 (Worksite Health Promo).....	3	Electives	<u>3</u>
†Health Studies 401 (Health Instruction).....	3		9
†Health Studies 454 (Health Behavior Change)....	3		
Social/Behavioral Elective 200+.....	3		
Electives.....	<u>3</u>		
	17		

Total semester hours required: 120

¹ Southeastern 101 is not required of transfer or readmitted Southeastern students with 30 hours or more. Students who are not required to take Southeastern 101 must take an additional 2 hrs of electives.

† Major Course; grade of C or higher is required.

* Grade of "C" or higher is required.

Social/Behavioral Science Elective must be sophomore level or higher, and selected from courses in Anthropology, Criminal Justice, Economics, Geography, Political Science, Psychology, or Sociology.