

**Southeastern Louisiana University
Department of Kinesiology and Health Studies**

**BS in Health Education and Promotion
2014-2015 Catalog**

FIRST YEAR

FIRST SEMESTER	S.H.	SECOND SEMESTER	S.H.
*English 101 or 121H or 123H (Freshman Comp) .	3	*English 102 or 122H or 124H (Crit Reading & Writing) ..	3
*General Biology 151/152 (Biology + Lab)	4	*Mathematics 241 (Statistics)	3
*Chemistry 101/103 or 121/123 (Chem + Lab)	4	*Zoology 250/252 (Anatomy & Physiology I).....	4
*Mathematics 161 (College Algebra)	3	Psychology 101 (General Psychology)	3
Southeastern 101 ¹ (Freshman Success).....	<u>2</u>	†Health Studies 133 (Healthy Lifestyles)	3
	16		16

SECOND YEAR

*Zoology 251/253 (Anatomy & Physiology II).....	4	*Communication 211 (Public Speaking).....	3
*English 230, 231, or 232 (Literature).....	3	†Health Studies 252 (Health & Stress).....	3
History Elective	3	†Health Studies 300 (Foundations of Health Edec)	3
†Health Studies 162 (Drugs & Society).....	3	†Health Studies 331(Health Info & Media)	3
†Health Studies 251 (Human Sexuality).....	<u>3</u>	Music, Visual Arts, Dance, or Theater Elective	<u>3</u>
	16		15

THIRD YEAR

†Health Studies 312 (Community Health).....	3	†Nursing 313 (Study of Human Disease).....	3
†Health Studies 420 (Health Prom/Prog Plan).....	3	†Health Studies Elective 300-400	3
†Health Studies 360 (Intro to Epidemiology)	3	†Health Studies 440 (Research Methods)	3
†Family and Consumer Sciences 342 (Nutrition)...	3	†Health Studies 453 (Health Assessment & Promo).....	3
*Management or Marketing Elective.....	3	Electives	<u>4</u>
	15		16

FOURTH YEAR

†Health Studies 131 (First Aid & CPR).....	2	†Health Studies 410 (Internship).....	6
†Health Studies 362 (Worksite Health Promo).....	3	Electives	<u>3</u>
†Health Studies 401 (Health Instruction).....	3		9
†Health Studies 454 (Health Behavior Change)	3		
Social/Behavioral Elective 200+.....	3		
Electives.....	<u>3</u>		
	17		

Total semester hours required: 120

¹ Southeastern 101 is not required of transfer or readmitted Southeastern students with 30 hours or more. Students who are not required to take Southeastern 101 must take an additional 2 hrs of electives.

† Major Course; grade of C or higher is required.

* Grade of "C" or higher is required.

Social/Behavioral Science Elective must be sophomore level or higher, and selected from courses in Economics, Political Science, Psychology, or Sociology.