

**Southeastern Louisiana University  
Department of Kinesiology and Health Studies**

**BS in Health Education and Promotion  
2016-2017 Catalog**

FIRST YEAR

FIRST SEMESTER	S.H.	SECOND SEMESTER	S.H.
*English 101 (Freshman Composition) .....	3	*English 102 (Critical Reading & Writing) .....	3
*General Biology 151/152 (General Biology) .....	3	*Mathematics 241 (Statistics) .....	3
*Biology Lab 152 (General Biology Lab) .....	1	*Zoology 250 (Anatomy & Physiology I) .....	4
*Chemistry 101 or 121 (Genl or Inorganic).....	3	*Zoology Lab 252 (Anatomy & Physiology Lab I) .....	1
*Chemistry Lab 103 or 123 (Chemistry Lab).....	1	Psychology 101 (General Psychology) .....	3
*Mathematics 151 or 161 (College Algebra).....	3	†Health Studies 133 (Healthy Lifestyles) .....	<u>3</u>
Southeastern 101 <sup>1</sup> (Freshman Success).....	<u>2</u>		16
	16		

SECOND YEAR

*Zoology 251 (Anatomy & Physiology II).....	3	*Communication 211 (Public Speaking) .....	3
*Zoology Lab 253 (Anat & Physiology Lab II) .....	1	Music, Visual Arts, Dance, or Theater Elective .....	3
*English 230, 231, or 232 (Literature).....	3	†Health Studies 252 (Health & Stress).....	3
History Elective .....	3	†Health Studies 300 (Foundations of Health Edec) .....	3
†Health Studies 162 (Drugs & Society).....	3	†Health Studies 331 (Health Info & Media) .....	<u>3</u>
†Health Studies 251 (Human Sexuality).....	<u>3</u>		15
	16		

THIRD YEAR

†Health Studies 312 (Community Health).....	3	†Health Studies 315 (Study of Human Disease) .....	3
†Health Studies 420 (Health Program Planning)....	3	†Health Studies Elective 300-400 .....	3
†Health Studies 360 (Intro to Epidemiology) .....	3	†Health Studies 440 (Research Methods) .....	3
†Family and Consumer Sciences 342 (Nutrition)...	3	†Health Studies 453 (Health Assessment & Promo).....	3
*Management or Marketing Elective.....	3	Electives .....	<u>4</u>
	15		16

FOURTH YEAR

†Health Studies 131 (First Aid & CPR) .....	2	†Health Studies 410 (Internship).....	6
†Health Studies 362 (Worksite Health Promo).....	3	Electives .....	<u>3</u>
†Health Studies 401 (Health Instruction).....	3		9
†Health Studies 454 (Health Behavior Change) .....	3		
Social/Behavioral Elective 200+.....	3		
Electives.....	<u>3</u>		
	17		

Total semester hours required: 120

<sup>1</sup> Southeastern 101 is not required of transfer or readmitted Southeastern students with 30 hours or more. Students who are not required to take Southeastern 101 must take an additional 2 hrs of electives.

† Major Course; grade of C or higher is required.

\* Grade of "C" or higher is required.

Social/Behavioral Science Elective must be sophomore level or higher, and selected from courses in Anthropology, Economics, Geography, Political Science, Psychology, or Sociology.