

Southeastern Louisiana University
Department of Kinesiology and Health Studies

BS in Kinesiology
Concentration in Exercise Science
2014-2015 Catalog

FIRST YEAR	
FIRST SEMESTER	S.H.
*Psychology 101 (General Psychology)	3
*General Biology 151/152 (Biology + Lab).....	4
*English 101 or 121H or 123H (Freshman Comp) ...	3
*Mathematics 161 (College Algebra).....	3
Southeastern 101 ¹ (Freshman Success)	<u>2</u>
	15
SECOND SEMESTER	S.H.
*Chemistry 121/123 (Inorganic Chem + Lab 1).....	4
*English 102 or 122H or 124H (Crit Read/Writing) .	3
*Mathematics 162 (Trigonometry).....	3
*Zoology 250/252 (Anatomy & Physiology 1)	4
†Kinesiology 191 (Intro to Kinesiology).....	1
†Kinesiology Lab	<u>1</u>
	16
SECOND YEAR	
*English 230, 231, or 232 (Literature)	3
*Chemistry 122/124 (Inorganic Chemistry 2)	4
*Zoology 251/253 (Anatomy & Physiology 2)	4
*Mathematics 241 (Statistics)	3
†Kinesiology Lab	<u>1</u>
	15
Communication 211 (Public Speaking).....	3
History Elective	3
*General Biology 200 (Cell Biology)	3
*Physics 191/193 (General Physics 1)	4
†Kinesiology 275 (Anatomical Kinesiology).....	<u>3</u>
	16
THIRD YEAR	
Music, Visual Arts, Dance, Theater Elective	3
*Physics 192/194 (General Physics 2)	4
†Health Studies 133 (Healthy Lifestyles).....	3
†Kinesiology 321 (Motor Learning).....	3
†Kinesiology 392 (Exercise Physiology)	<u>3</u>
	16
*Chemistry 261/263 or 265/267 (Organic Chem)	4
*English 322 (Prof/Technical Writing)	3
*Family & Consumer Sciences 342 (Nutrition).....	3
†Kinesiology 424 (Fitness Testing & Prescription) ..	3
†Kinesiology 426 (Strength & Cond Programs)	<u>3</u>
	16
FOURTH YEAR	
†Health Studies 131 (First Aid & CPR).....	2
†FCS 334, 411, 421, or 432 (Adv Nutrition).....	3
*Psychology 204 or 422 (Dev or Abnormal Psych) ..	3
†Kinesiology 372 (Biomechanics)	3
†Kinesiology 434 (Clin Aspects of Fit Testing).....	3
†Kinesiology 436 (Sport/Exercise Psychology).....	<u>3</u>
	17
†Kinesiology 410 (Internship).....	6
Electives	<u>3</u>
	9

Total semester hours required: 120

¹ Southeastern 101 is not required of transfer or readmitted Southeastern students with 30 hours or more. Students not required to take Southeastern 101 must complete an additional 2 hrs of electives.

† Major course, grade of “C” or higher is required.

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Recommended electives for Pre-Physical Therapy students include Psychology 204 and 422, Microbiology 223, General Biology 153/154, Zoology 332 and 392.