TAKE AN ADVENTURE

SOUTHEASTERN LOUISIANA UNIVERSITY COLLEGIATE PANHELLENIC COUNCIL SORORITY RECRUITMENT GUIDE

2018
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Welcome to Fraternity and Sorority Life at Southeastern Louisiana University! The Office for Student Engagement and the Recruitment Counselors are looking forward to meeting you! We understand that you may be feeling anxious, yet excited about these next few weeks. We assure you that this is the beginning of an unforgettable journey.

The Collegiate Panhellenic Council Formal Recruitment Week has been carefully planned to provide you with the opportunity to learn about Fraternity and Sorority Life. During these events, you will observe that all of the chapters in the Collegiate Panhellenic Council share common goals and values; yet, each chapter has its own character and personality. Choosing an organization is not an easy task or one that should be taken lightly. Just remember to choose one that will allow you to be yourself and that challenges you.

Fraternity and Sorority Life at Southeastern Louisiana University is exploding as membership continues to climb each semester. It's a great time to GO GREEK at Southeastern!
The Southeastern Louisiana University Collegiate Panhellenic Council is the central governing body of five Southeastern sororities affiliated with the National Panhellenic Council. This council conducts all business related to the overall welfare of the member chapters including, but not limited to: determining dues; approving the annual budget; setting a calendar of events; determining programming; and establishing recruitment rules and recruitment style. One member from each sorority is elected to be on the Executive Board for the Collegiate Panhellenic Council. This year’s Executive Board consists of: President, Jade Sheets; Vice President of Administration, Hannah Fork; Vice President of Recruitment, Leah Dahmer; Vice President of Recruitment Counselors, Jaimie Jakes; and Vice President of Public Relations and Events, Olivia Rivera.

The greek alphabet:

- **Alpha** (Α)
- **Beta** (Β)
- **Gamma** (Γ)
- **Delta** (Δ)
- **Epsilon** (Ε)
- **Zeta** (Ζ)
- **Eta** (Η)
- **Theta** (Θ)
- **Iota** (Ι)
- **Kappa** (Κ)
- **Lambda** (Λ)
- **Mu** (Μ)
- **Nu** (Ν)
- **Xi** (Ξ)
- **Omega** (Ω)
- **Rho** (Ρ)
- **Sigma** (Σ)
- **Tau** (Τ)
- **Upsilon** (Υ)
- **Phi** (Φ)
- **Chi** (Χ)
- **Psi** (Ψ)
- **Omega** (Ω)
what to expect during sorority recruitment

As you come to college and attempt to find your home away from home you may consider joining a sorority. You might have tons of questions about how the recruitment process works. The process is intended to be as smooth as possible. In this guide we would like to give you as much information as possible so that you can know what to expect out of the process and the people around you during this exciting time.

The process first begins with you! Step one is to register for sorority recruitment. Once you are fully enrolled, the Fraternity and Sorority Life Advisor will process all of your information and provide it to the sororities chapters and Panhellenic President. The Panhellenic President will then place you into a recruitment group. Please give this part of the process a little time as it could take 1-2 weeks to process all of your information. If you have not heard back from us within two weeks, feel free to contact us. In addition, be sure to check your email for updates on recruitment or missing information that is needed to complete your application. Once you are placed into your recruitment group you will be contacted by one of your Recruitment Counselors. Save her number because she is one of your contacts to help you with ANY issues you may have throughout the recruitment process. She can answer all of your questions and is here to help you! Remember, go through recruitment with an open mind.

Once recruitment week starts you will finally meet all of your recruitment group face to face. The Recruitment Counselors will lead you through the entire recruitment process so all you just have to do is sit back and get ready to meet the sororities! Pizza will be provided for the first two days of recruitment, however if you want to bring your own lunch you may do so. Drinks and snacks will be provided every other day of recruitment. Please bring your lunch for days three through five if you would like. There is a refrigerator and microwave available for use if needed.

The first two days of recruitment you will visit every house with your recruitment group, but for every other day you will be assigned a new schedule special to you. Your Recruitment Counselors will let you know where they will be located for the rest of the week if you need to contact them. They are available if you just want someone to talk to, or to answer any questions or concerns you may have. If you cannot find your Recruitment Counselors or have to talk to someone immediately, the Panhellenic Executive Board will be located in the Greek Commons (located at the front of Greek Village.) All of the Panhellenic Executive Board members and Recruitment Counselors are excited to help you through this process.
How it works: For this round only, you will be able to stay with your group and your recruitment counselors the entire time! You will be given a specific schedule that you and the rest of your group will follow for this round. The goal for this round is to go to each house, meet several of the women in each chapter, and get to know each other. They want to get to know you just as much as you want to get to know them. You will be able to get an initial feel for each house. Recruitment groups 1-5 will attend all of the houses on the first day of recruitment, while recruitment groups 6-10 will participate in a series of activities designed to help welcome you to Southeastern Louisiana University and Fraternity and Sorority Life. On the second day of recruitment, recruitment groups 6-10 will attend all of the houses, while recruitment groups 1-5 participate in the welcome activities.

Conversation: For this round, the conversation will be very casual, small talk. You will talk to at least four girls in each of the houses. Be prepared to talk about where you live, activities you did in high school, what your major is, and why you chose to go through sorority recruitment. You will be asked these questions by every woman you talk to, which ends up being about 50 times, but they went through it too! Make sure the last time you say it is just as enthusiastic as the first!

What follows: Once you have finished going to your last house, you will go to the Greek Commons and choose the four sororities you would like to return to the next day with the help of the Fraternity and Sorority Life Advisor or a graduate assistant. While these are the four sororities you choose, it is possible that you will go to less than four the next round, or that you will see a sorority you did not choose on your schedule the next day. The chapters on your schedule have invited you back because they see something in you and want to get to know you more!
financial commitment

New Member Dues:
- $640 (fall semester)
- $675 (spring semester)

Active Member Dues:
- $455 (fall semester)
- $425 (spring semester)

University Parlor Fee:
- $105/semester (if living off campus)

*includes one-time fees related to new membership
fun with philanthropy

How it works: For this round, everyone in your recruitment group may have a different schedule than you. But this does not mean that you can’t talk to them! Your recruitment counselors will be stationed at specific places during the day, and we will tell you where to find them. The goal for this day is to learn about each chapter’s philanthropy and what they do to raise money for it. You will also be able to complete an activity or craft that will be specific to their philanthropy.

Conversation: For this round, the conversation will remain casual, but will revolve around philanthropy. The women will talk to you about the philanthropy events they do and why they love it. Some chapters also talk a little about their sisterhood on this day. Be prepared to answer and ask questions about community service, what made you choose Southeastern, and what you hope to gain by joining a sorority.

What follows: After your last party, you will report to the Greek commons to choose three sororities that you would like to return to the next day. Think about which philanthropies stood out to you, or which one you feel you could be passionate about, and the conversations you had with the women in each chapter. You will receive your party schedule for the next round in the morning.
fun with philanthropy outfit ideas
round three: fraternal values

How it works: For this round, you will go to up to three parties. The goal of this day is to reflect on your options to find out where you fit best! Remember to keep an open mind as you go to each party, and pay attention to the conversations you have.

Conversation: The conversation for this round will be a little more serious. The women will talk to you about why they joined their sorority, as well as how they have stayed active as members. Some of the women may share personal stories about how much their sorority means to them. Feel free to ask questions about how they knew that they picked the right sorority, and be prepared to answer questions about how you’re feeling about the process.

What follows: After your last party on this day, you will report to the Greek commons to choose two sororities that you would most like to return to the next day. Think about the connections you’ve made over the past few days. Also keep in mind that of the two chapters you go to the next day, you will potentially receive a bid from one of them.
Please remember that if you choose to not attend an event or round your attendance is critical so that you can truly find a chapter that meets your values. Please note that if you do not complete the final round of recruitment, you will be automatically removed from recruitment. The chapters should speak with their Recruitment Counselor and the Panhellenic Advisor.

Anyone considering selecting only one option and will not receive a bid. On preference you will be allowed to put the sororities in order with a first choice and then a second choice. It is important to put both choices to maximize your options. If you choose not to maximize your options, there is a significant chance that you may not be matched with a chapter. There may be a scenario where you may visit or receive a bid from up to four houses listed. Do not be surprised if you have a chapter that you had selected as your second choice the next round and one that will be a second option. On the next day they will then receive their schedule with up to four houses listed.

After the first round, potential new members will select up to four chapters they would like to meet with during that round. The purpose of this process is to allow you as a potential new member to evaluate each chapter and their values and for the chapters to do the same with each potential new member. This process will continue for the rest of the rounds and each round the number of chapters you may visit will decrease by one.

At the end of each round, Potential New Members (PNMs) will select which chapters they would like to visit during the next round. The chapters submit their selections for the next round based upon the PNMs who attended their events. This process is referred to as the mutual selection process and the two selection lists are then used to create invitations to the next round based off the chapters whose events they attended that day. At the same time the chapters are submitting their selections for the next round based upon the PNMs who attended their events.
round four: preference

How it works: For this round, you will attend up to two parties. The goal of this day is to truly see where you fit the best and will be able to grow as a woman. Remember to keep an open mind and pay attention to the ceremonies to see which one resonates with you the most.

Conversation: The conversation this day will be very serious. You are at these parties because these women truly see something in you that they think would make you a wonderful addition to their sisterhood. On this day, the women will show you a little piece of what their sorority is all about. The women will talk to you about why they think you would be a good sister, and what their chapter truly means to them.

What follows: After your last party, you will report to the Greek commons to rank the two sororities that you attended parties for today. Please give this decision serious thought. Strict silence will be in place following your last preference event until the following day (Bid Day). Strict silence is the period in which there will be no conversation or contact between you and chapter members, new members, alumnae, or advisors. On Bid Day you will potentially receive a bid and join your new sisters!
How it works:

For this round, you will attend up to two parties. The goal of this day is to truly see where you fit the best and will be able to grow as a woman. Remember to keep an open mind and pay attention to the ceremonies to see which one resonates with you the most.

Conversation:

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After the first round, potential new members will select up to four chapters they would like to meet with during the next round and one that will be a second option. On the next day they will then receive their schedule with up to four houses listed. Do not be surprised if you have a chapter that you had selected as your second choice listed on your schedule. This just means that due to the mutual selection process you will be able to meet with that chapter again and have the opportunity to get to know them better. It is also okay if you get invited to less than the maximum amount of chapters for that round. The purpose of this process is to allow you as a potential new member to evaluate each chapter and their values and for the chapters to do the same with each potential new member. This process will continue for the rest of the rounds and each round the number of chapters you may visit will decrease by one.

On preference you will be allowed to put the sororities in order with a first choice and then a second choice. It is important to put both choices to maximize your options. If you choose not to maximize your options, there is a significant chance that you may not be matched with a chapter and will not receive a bid. Anyone considering selecting only one option should speak with their Recruitment Counselor and the Panhellenic Advisor.

Please remember that if you choose to not attend an event or round you will be automatically removed from recruitment. The chapters have been working very hard to provide a positive experience for you and your attendance is critical so that you can truly find a chapter that meets your values.

If you are not matched to a sorority or withdraw from recruitment, you still have an opportunity to participate in continuous open bidding or spring recruitment with participating sororities.
advice for a successful recruitment

Be yourself.

Each chapter at Southeastern Louisiana University has their own personality and characteristics. The best way to find the perfect home for you is to be honest throughout the entire week! Sorority membership is for life so make your decision based on your own choice. Don’t let anyone influence your decision.

Get to know your recruitment group.

Your recruitment group is going to be the first group of girls you are going to meet in college, so it’s a great opportunity to get a head start on making new friends! In addition, the women in your recruitment group are going through the same process as you, so it will be helpful to build that friendship early. Find women that you can rely on and trust. Talk to your Recruitment Counselors because they are here to help you find your home away from home.

Manage your time wisely.

Recruitment parties are scheduled to begin and end at certain times. Be sure that you are prepared for each day. Start your day off with a good healthy breakfast to ease nerves. Every year there is a girl that is late and forgets this important step. Usually the girl gets sick and has to miss a party. So if you forget to eat please help yourself to the snacks and drinks in the break area. If you are late for a function, be sure to let your Recruitment Counselor know and we will figure out the next step to get you back on schedule.

Ask about new member requirements.

Be sure to discuss any expectations of a new member with each chapter you are considering before you make a final decision. These expectations include financial and housing commitments you may have as a new member after joining your respective chapter. In addition, we recommend discussing these commitments with your family members or guardians as well.
Keep all comments to yourself.

Every woman has a different opinion about a house. Be conscious what of what you say around other people. If you don’t like a house, keep it quiet. Another girl may love that house and be influenced to not choose it based on your opinion. This is a private decision and should only be discussed with you and your Recruitment Counselors.

Disrespectfulness will not be tolerated.

Sorority recruitment is an emotional and stressful time. However, emotions can sometimes get the best of us. Do not disrespect anyone if you or a friend is not invited back to a house. Do not take it out on the Recruitment Counselors or anyone in your group. You never know who is listening so do not be disrespectful and talk behind others backs. You should be treated with respect at all times, if you ever feel like you aren’t, please tell your Recruitment Counselors.

Bids cannot be promised.

Bid promising refers to a Greek woman promising guaranteed admittance to a chapter before Bid Cards are distributed. This is a large violation on the sorority’s part. It is inappropriate for any woman to promise what she cannot guarantee and, in the process; unduly influence the PNM’s Recruitment experience. Bid promising is not accepted during recruitment and you should let your Recruitment Counselors know if someone has promised you a bid.
sorority life at Southeastern

When a student joins a sorority, she not only joins a single chapter, she joins a lifetime commitment to sisterhood. Not only do members of our community enjoy sisterhood within their local chapters, they also benefit from the network of sisterhood that spans across organizations. Furthermore, all members of the Panhellenic community are bonded in sisterhood—a shared responsibility to support and uplift each other as Greek women through our actions, words, and community involvement.

In this section, chapter presidents of each sorority have provided their own “words of wisdom” on what to expect once you join a sorority at Southeastern.

Alpha Omicron Pi on networking

“Through joining a sisterhood, you are able to connect with so many different people within the Greek community and form connections across all of the chapters here on campus. Being a sorority woman also gives you the chance to broaden your relationships throughout the community by working through various service outlets and different events that your organization participates in. Sisterhood continuously guides you within your college career by having sisters who are both going through the same things you are. All of these things make such a positive impact on your life!”

financial commitment

New Member Dues*: $655 (fall semester) • $655 (spring semester)
Active Member Dues: $457 (fall semester) • $457 (spring semester)
University Parlor Fee: $105/semester (if living off campus)

*includes one-time fees related to new membership
“A lot of individuals are concerned with the cost associated with Greek Life. Sororities are non-profit organizations that operate through the dues you pay. It might seem like a lot of money when you first get started, but the national organization asks for one-time fees to help with initiation and new member processes. Dues should be seen as an investment for your future and all the memorable experiences you’ll gain from joining Greek Life.”

**financial commitment**

*New Member Dues*: $615 (fall semester) • $615 (spring semester)
*Active Member Dues*: $410 (fall semester) • $410 (spring semester)
*University Parlor Fee*: $105/semester (if living off campus)

*includes one-time fees related to new membership

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“Greek life not only gives you opportunities to set academic goals but it pushes you to go far beyond achieving them. We are chapters made up of strong, driven leaders who not only want to be successful, but also thrive in every opportunity to help the next person in line. If a member is struggling in a course, she has a whole chapter of women ready to help her. Greek life provides support and accountability when needed, and friends to celebrate with once the work is done!”

**financial commitment**

*New Member Dues*: $640 (fall semester) • $675 (spring semester)
*Active Member Dues*: $455 (fall semester) • $425 (spring semester)
*University Parlor Fee*: $105/semester (if living off campus)

*includes one-time fees related to new membership
Sigma Sigma Sigma on values

“Greek Life is made up of people who set high standards for their school and personal life. Each sorority has a set of values and seeks potential sisters whose personal values align with that of their chapter. Our core values of faith, hope, love, wisdom, and power help guide us through our daily life. Although we are all unique in our backgrounds and beliefs, these core values tie us together as one sisterhood. They allow us to work united towards common goals and dreams we’ve set for ourselves.”

financial commitment

New Member Dues*: $620 (fall semester) • $438 (spring semester)
Active Member Dues: $438 (fall semester) • $372 (spring semester)
University Parlor Fee: $105/semester (if living off campus)
*includes badge and one-time fees related to new membership

Theta Phi Alpha on campus involvement

“Sorority life is about joining something bigger than yourself. By becoming a Greek woman, it opens up the avenues and opportunities to do great things. Involving yourself on campus through your chapter is one of the many ways students become leaders on campus. Lion pride has strong roots in Greek Life on Southeastern’s campus. Becoming a part of such a large community allows us to evolve who we are as students and as people!”

financial commitment

New Member Dues*: $557 (fall semester) • $557 (spring semester)
Active Member Dues: $350 (fall semester) • $350 (spring semester)
University Parlor Fee: $105/semester (if living off campus)
*includes one-time fees related to new membership
Expectations for Potential New Members (PNMs)

- A PNM must be a full-time student at Southeastern in order to participate in recruitment.
- A PNM shall not be, or ever have been, an initiated member of a National Panhellenic Conference group. If in doubt, contact the Office for Student Engagement.
- A PNM shall not have been a new member of any NPC group, within one calendar year at the same school where she is a PNM.
- All PNMs must attend all meetings with recruitment counselors, all events and the maximum number of invitations throughout recruitment week. Failure to do so will result in the removal of the PNM from further recruitment activities. In the event of illness, emergency, or university scheduled events, the PNM shall notify Panhellenic and/or her recruitment counselor. If you are aware of conflicts before recruitment week, they must be submitted in writing to the Panhellenic Council via email: fsl@southeastern.edu.
- In order to participate in formal recruitment a student must plan to attend Southeastern Louisiana University, register with the SLU Panhellenic Council, and pay a registration fee of $50. Payment must be received by July 31, 2018 at 12:00 p.m. Formal recruitment will begin at 8:00 a.m. on August 6, 2018 and end on August 11, 2018.
- PNMs are expected to be on time for all meetings and events.
- PNMs must provide their own transportation to and from all events.
- The PNM and sororities must honor all invitations to recruitment functions. In case of illness or other emergency, Panhellenic will notify the chapter with an official excuse.
- Each round, PNMs must maximize their options after attending that round.
- PNMs must wear the Panhellenic name tag during events.
- PNMs must make their preferential selections immediately after the last event she attends. There shall be strict silence between PNMs and with active sorority members, in observance from the time she leaves the last house until she receives her bid.
- Once the preferences are made, no changes may be made. by completing the Membership Recruitment Acceptance Binding and Agreement, a:
  a. PNM is willing to accept an invitation to membership from any women’s fraternity the PNM lists on the agreement.
  b. PNM may limit choices to one or list the maximum amount of choices in which PNM has attended a preference event and is willing to accept membership.
  c. PNM cannot change the order of her preferences or add/delete a preference once the agreement has been submitted to the Collegiate Panhellenic Association.
  d. Once PNM confirms this agreement, PNM is bound by the National Panhellenic Council Conference calendar year rule. This rule states that if a PNM receives an invitation to membership from a group PNM has listed and PNM chooses not to accept it, she is ineligible to be pledged to any other fraternity for one calendar year on this campus.
Expectations for PNMs (continued)

e. If PNM does not receive an invitation to membership from a group that PNM has listed, she is eligible for continuous open bidding among chapters able to participate.

- A PNM must consult her recruitment counselor before withdrawing from recruitment.
- PNMs should have no contact with actives, advisors, or alums from any sorority starting the last day of spring semester until formal recruitment.
- A PNM shall remain respectful towards other potential new members, chapter members, and University staff at all times.

Expectations for Recruitment Counselors

- Recruitment Counselors are not allowed to promote any sorority over another.
- Recruitment Counselors are not allowed to facilitate or allow any games or debates by PNMs about what sorority PNMs believe them to be a member of.
- A Recruitment Counselor must follow the recruitment standing rules and do the best job possible to aid the PNMs in experiencing a positive recruitment process.

Filing a Violation

If for any reason, you feel that you have witnessed or become part of a recruitment rule violation, it is highly encouraged and respected if you file a violation against the circumstance with Panhellenic. By doing this, you are helping Panhellenic and Fraternity and Sorority Life at Southeastern by promoting fair, ethical behavior.

You can do this by:
Contacting any member of the Executive Board, the Office for Student Engagement, or emailing fsl@southeastern.edu.
Active
An initiated collegiate member who is currently paying dues to a fraternity or sorority.

Bid
A formal invitation to join a Greek organization.

Big Sister
An active member who serves as a mentor to a New Member.

Fraternity
Name that applies to all Greek-letter organizations, characterized by ritual, badge, and strong ties of friendship. Informally, women’s fraternities are called sororities.

Initiation
A ritual-based (non-hazing) ceremony that marks the acceptance of a lifetime commitment to a Greek organization.

Legacy
Someone whose grandparent, parent or sibling is a member of a particular Greek letter organization. Each chapter defines a legacy in different ways and being a legacy does not guarantee membership to that specific chapter.

Philanthropy
A charitable project supported by a fraternity or sorority.

Quota
System used to equalize, in general, the number of members in each campus group. It means the number of women who may be offered bids in the recruitment process by each group. The quota is set by the Panhellenic advisor and depends on the number of potential new members and sororities on a particular campus.

Umbrella
With Louisiana weather, no one is ever really sure when it’s going to rain. It’s always nice to be prepared.

Flip Flops
There will be lots of walking and you can always change into these between houses to give your feet a rest.

Bag
You will need something pretty big to fit all of these items.

Hygiene Products
Items such as deodorant and body spray can combat the effects of the heat. Floss is also handy after lunch and snacks.

Water Bottle
Drinks are provided, but many women have found bringing an extra bottle of water helpful.

Light Make-Up
Items such as powder and lip gloss can be used to touch up between parties.
To learn more about quality care at North Oaks, call (985) 345-2700 or visit www.northoaks.org.
I don’t have time to be sick

Well visits with my primary care provider help me stay healthy.
Schedule Your Well Visit Today
(985) 230-APPT (2778)