UNIVERSITY HOUSING CELEBRATES TRADITIONS WEEK

August 16’s Move In Mane-ia Event kicked off a week of welcome events at Southeastern. Many joined in the fun activities hosted by Student Engagement, Hall Council, Recreational Sports & Wellness, Athletics and many more.

How to Report Maintenance Concerns:
For a maintenance concern, call the FIXX line at 985.549.3499 or submit the request online at southeastern.edu/admin/phys_plant/fixxit/

Call 985.340.8324 to report a problem with your Internet Connection. (Please leave a voicemail)

Report pests, mold and cable problems to the University Housing Office at 985.549.2118.

UNIVERSITY HOUSING SNAPSHOT

Total Occupancy
2,300 students

Gender
66.5% Women
33.5% Men

Classification
54% Freshmen
20% Sophomores
13% Juniors
12.5% Seniors
.5% Graduate Students

Country of Origin
18 Counties, including Nepal, France and Holland

State of Origin
27 States including Alaska, California and Maine.

Questions about our guest policy, pet policy, or resident responsibilities? Refer to the 2015 Resident Guidebook available on your Housing Resources Moodle Page.
Blake Thomas serves as an Area Coordinator for University Housing, and oversees the following areas: Cardinal Newman, Southeastern Oaks Apartments, Tangipahoa Hall and Greek Village. A Southeastern Louisiana University graduate, Blake received his Bachelor of Arts in Marketing, and was involved with Greek Life, Student Government Association, Hall Council, and more, all while being a Resident Assistant. Blake recently received his Masters of Education in Higher Education: Student Affairs Administration from The University of Southern Mississippi. Blake currently serves as the Adviser for Hall Council, and encourages all students to get involved on campus in order to gain the best possible college experience.
**Your Roommate... BFF for Life?**

<table>
<thead>
<tr>
<th>Ask your roommate...</th>
<th>What if my roommate and I are not getting along?</th>
</tr>
</thead>
<tbody>
<tr>
<td>What are some of your interests or hobbies?</td>
<td>Communication is key! Talk to your roommate about what is troubling you. If you feel uncomfortable, ask your RA to help you with this conversation.</td>
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<tr>
<td>What kind of movies, music, etc. do you like?</td>
<td>Be respectful! Everyone is on their own journey; no two roads are identical. Try to be understanding if your roommate’s path differs from your own.</td>
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<tr>
<td>Have you ever shared a room before?</td>
<td>Be honest! If something is bothering you, let your roommate know. Sometimes we do not talk about things until they become big problems. Talking about what is going on will help!</td>
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<td>Describe your family and friends.</td>
<td>Know where to go to ask for help. Sharing a space for the first time can be tricky... your RA is trained to help you with roommate conflicts! Get to know your RA and ask for their advice should you need their support. Others who are here to help you include your Area Coordinator (Your RA’s boss), as well as the Counseling Center. The University Counseling Center is able to advise roommates on having successful relationships!</td>
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<td>What is your major?</td>
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<td>Are you nervous about class?</td>
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<td>What do you want to accomplish this year?</td>
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<tr>
<td>What really annoys you?</td>
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<td>How can I tell when you are stressed or angry?</td>
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<td>How do you relax?</td>
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<tr>
<td>What are your cleaning habits?</td>
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<tr>
<td>What do you think we need to agree on as roommates?</td>
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<tr>
<td>How do you feel about guests?</td>
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<tr>
<td>How do you like to study? (Music, tv, lights on?)</td>
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<td>When do you like to sleep/ wake up?</td>
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### Hall Council

**What is Hall Council?**
Hall Council is a student led organization that provides the opportunity to get involved in on-campus programming.

**Who can join?**
All residents can join Hall Council and are welcome to come to our meetings and see what we’re all about.

**Meetings:**
- August 26th @ 7PM
- September 9th @ 7PM
- September 16th @ 7PM
- October 7th @ 7PM
- November 4th @ 7PM
- November 18th @ 7PM

All meetings will be located in the Student Union Room 2203.

### Res Hall Recipes

#### Pizza Pita Poppers
- 1 Whole Grain Pita
- 1/4 Cup Pizza Sauce
- 1 Serving Pepperoni
- 1/4 Cup Mozzarella Cheese

**Directions:**
Layer items on pita. Heat in microwave for 80 seconds. Eat and enjoy!

#### Crunchy Cinn-apple Salad
- 1 egg white
- 5 cups mixed red leaf salad
- 1 tbsp. Raspberry Vinaigrette
- 1/2 apple
- 1/2 serving apple cinnamon granola
- 1/4 cup green pepper

**Directions:**
Mix all ingredients together and enjoy!

#### Lite S’mores
- 1 graham cracker
- 1/2 tbsp. dark chocolate chips
- 1 jumbo marshmallow

**Directions:**
Place chocolate on cracker, microwave for 45 sec. Divide the marshmallow and place the halves on top of the chocolate, microwave 10 sec. Cool & Eat!
**FALL 2015**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>8/16</td>
<td>Welcome Back Luau</td>
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<tr>
<td>9/8</td>
<td>Sailesh the Hypnotist</td>
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<td>9/14-28</td>
<td>Monday Night Concerts</td>
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<tr>
<td>10/8</td>
<td>Bubble Soccer</td>
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<tr>
<td>10/15</td>
<td>Lazer Crystals</td>
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<tr>
<td>10/14</td>
<td>Gumbo Ya Ya</td>
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<tr>
<td>10/24</td>
<td>Miss Southeastern</td>
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</tbody>
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**ALL SEMESTER LONG**

- Tuesday@Wednesday: Movie Night
- Massage Chair Mondays
- Snowballs & much more

**Add to your Calendar...**

- August 30-September 2: Fraternity Recruitment
- September 7: Labor Day Holiday
- September 12: Family Day; Register at southeastern.edu/admin/stu_dev/family_day
- September 14-17: Health and Safety Inspections
- September 14 & 15: Informational about Resident Assistant Positions
- September 23: Mocktails Event with Office of Student Engagement
- September 28: Fire Drills

**SOAR**

STUDENT OUTREACH & ADVOCACY REPRESENTATIVES

Become a Student Outreach and Advocacy Representative. Help advocate good choices and educate other students about healthy behaviors vs. risky ones! More information about SOAR is available by visiting: www.selu.edu/soar or email: aalack@selu.edu.

First Interest meeting will be held on September 2 at 4pm in Student Union.

**Support our Lady Lions Soccer Team at their upcoming home games:**

- Sept 1: Southern University
- Sept 11: University of South Alabama
- Sept 13: Texas Southern University
- Sept 25: University of the Incarnate Word
- Sept 27: Abilene Christian University

**R.A.D. (Rape Aggression Defense) Class**

Rape Aggression Defense (RAD) class will be offered by University Police in September 2015. RAD is a comprehensive basic self-defense course taught by the UPD at Southeastern. For more details and information about the RAD system, visit rad-systems.com or send an email to RAD@selu.edu. The class is for women only.