UNIVERSITY HOUSING CELEBRATES TRADITIONS WEEK

August 16’s Move In Mane-ia Event kicked off a week of welcome events at Southeastern. Many joined in the fun activities hosted by Student Engagement, Hall Council, Recreational Sports & Wellness, Athletics and many more.

Inside this issue:
- Resident Assistant Staff Introduction
- Area Coordinator Introduction
- Roommate Relationships
- Res Hall Recipes
- Important Dates
- Hall Council
- Events on Campus

How to Report Maintenance Concerns:
For a maintenance concern, call the FIXX line at 985.549.3499 or submit the request online at southeastern.edu/ admin/phys_plant/fixxit/

Call 985.340.8324 to report a problem with your Internet Connection. (Please leave a voicemail)

Report pests, mold and cable problems to the University Housing Office at 985.549.2118.

Questions about our guest policy, pet policy, or resident responsibilities? Refer to the 2015 Resident Guidebook available on your Housing Resources Moodle Page.

UNIVERSITY HOUSING SNAPSHOT

Total Occupancy
2,300 students

Gender
66.5% Women
33.5% Men

Classification
54% Freshmen
20% Sophomores
13% Juniors
12.5% Seniors
.5% Graduate Students

Country of Origin
18 Counties, including Nepal, France and Holland

State of Origin
27 States including Alaska, California and Maine.
Welcome to Southeastern!

Let me introduce myself: I am Bevann Dubuisson, Area Coordinator for Washington, St. Tammany, Pride, and Zachary Taylor Halls. I worked as a Resident Assistant for 2 years and have been an Area Coordinator for the last 9 years. I graduated from Southeastern with a Bachelor of Arts degree in Marketing and I am currently enrolled in the Counselor Education Graduate Program. While obtaining my undergraduate degree, I was involved with many extracurricular activities including Gamma Beta Phi Honor and Service Society, 2005 Orientation Leader, original member of the Southeastern Color guard and also a member of the Thirteen Club.

I am so excited that you have chosen to live on campus! There are many exciting upcoming events this semester including Hall Council events, football games, Oktoberfest, and Homecoming! You won’t want to miss these major campus events! I encourage each and every one of you to get involved on campus in at least one organization; it truly makes your college experience fantastic! The Resident Assistants and I are so excited and ready for a fun semester. If you need anything at all please do not hesitate to contact your Resident Assistant or stop by my office located in Pride Hall. I sincerely wish you the best of luck for the Fall 2015 semester! Lion Up!

Meet your Area Coordinator

Krista England
Pride Hall Resident Assistant
Bio-Chemistry Major
Hometown: Shreveport, LA
Favorite Superhero: Scarlet Wutai
Favorite Social Media: Facebook
Favorite Campus Spot: Student Union
Looking forward to: My classes this semester.

Josie Jolibois
Pride Hall Resident Assistant
Int. Biology Major
Hometown: Central, LA
Favorite Superhero: Batman
Favorite Social Media: Instagram
Favorite Campus Spot: BCM
Looking forward to: Being a Resident Assistant!

Janae’ Martin
Pride Hall Resident Assistant
Accounting Major
Hometown: Baton Rouge, LA
Favorite Superhero: Fantastic Four
Favorite Social Media: Snapchat
Favorite Campus Spot: Student Union
Looking forward to: The Experience of being an RA.

Brandi Hodge
Pride Hall Resident Assistant
Early Childhood Education Major
Hometown: Zachary, LA
Favorite Superhero: Batman
Favorite Social Media: Instagram
Favorite Campus Spot: Student Union
Looking forward to: Meeting my new residents!
The Lion’s Tales

Ask your roommate…
What are some of your interests or hobbies?
What kind of movies, music, etc. do you like?
Have you ever shared a room before? Describe your family and friends. What is your major? Are you nervous about class? What do you want to accomplish this year? What really annoys you? How can I tell when you are stressed or angry? How do you relax? What are your cleaning habits? What do you think we need to agree on as roommates? How do you feel about guests? How do you like to study? (Music, tv, lights on?) When do you like to sleep/ wake up?

What if my roommate and I are not getting along?
• Communication is key! Talk to your roommate about what is troubling you. If you feel uncomfortable, ask your RA to help you with this conversation.
• Be respectful! Everyone is on their own journey; no two roads are identical. Try to be understanding if your roommate’s path differs from your own.
• Be honest! If something is bothering you, let your roommate know. Sometimes we do not talk about things until they become big problems. Talking about what is going on will help!
• Know where to go to ask for help. Sharing a space for the first time can be tricky… your RA is trained to help you with roommate conflicts! Get to know your RA and ask for their advice should you need their support. Others who are here to help you include your Area Coordinator (Your RA’s boss), as well as the Counseling Center. The University Counseling Center is able to advise roommates on having successful relationships!

What does Hall Council do?
HALL COUNCIL PUTS ON EVENTS THROUGHOUT THE SEMESTER FOR RESIDENTS TO ATTEND AND NETWORK WITH ONE ANOTHER AND JUST HAVE FUN!

When are meetings held?
MEETINGS ARE HELD ON WEDNESDAYS DURING THE FALL SEMESTER AT 7PM IN STUDENT UNION ROOM 2203.

Meetings:
AUGUST 26TH @ 7PM
SEPTEMBER 9TH @ 7PM
SEPTEMBER 16TH @ 7PM
OCTOBER 7TH @ 7PM
NOVEMBER 4TH @ 7PM
NOVEMBER 18TH @ 7PM

ALL MEETINGS WILL BE LOCATED IN THE STUDENT UNION ROOM 2203.

Events:
AUGUST 17 @ 7:30PM
-PAINT PARTY IN LEE FIELD
SEPTEMBER 7TH – 11TH
-9/11 TRIBUTE
SEPTEMBER 9TH
-DESIGN YOUR OWN BUTTON TO PURCHASE IN THE UNION LOBBY
SEPTEMBER 29 @ 6:00PM
-FOUR FACTOR IN THE MANE DISH
OCTOBER 6TH & 20TH
-BUY YOUR FAVORITE RESIDENT A BADGE IN THE UNION LOBBY

Hall Council

SOUTHEASTERNHALLCOUNCIL@GMAIL.COM
WWW.FACEBOOK.COM/SUHALLCOUNCIL
INSTAGRAM: @SUHALLCOUNCIL

What is Hall Council?
HALL COUNCIL IS A STUDENT LED ORGANIZATION THAT PROVIDES THE OPPORTUNITY TO GET INVOLVED IN ON-CAMPUS PROGRAMMING.

Who can join?
ALL RESIDENTS CAN JOIN HALL COUNCIL AND ARE WELCOME TO COME TO OUR MEETINGS AND SEE WHAT WE’RE ALL ABOUT.

Res Hall Recipes

Pizza Pita Poppers
1 Whole Grain Pita
1/4 Cup Pizza Sauce
1 Serving Pepperoni
1/4 Cup Mozzarella Cheese

Directions:
Layer items on pita. Heat in microwave for 80 seconds. Eat and enjoy!

Crunchy Cinn-apple Salad
1 egg white
5 cups mixed red leaf salad
1 tbsp. Raspberry Vinaigrette
1/2 apple
1/2 serving apple cinnamon granola
1/4 cup green pepper

Directions:
Mix all ingredients together and enjoy!

Lite S’mores
1 graham cracker
1/2 tbsp. dark chocolate chips
1 jumbo marshmallow

Directions:
Place chocolate on cracker, microwave for 45 sec. Divide the marshmallow and place the halves on top of the chocolate, microwave 10 sec. Cool & Eat!
Rape Aggression Defense (RAD) class will be offered by University Police in September 2015. RAD is a comprehensive basic self-defense course taught by the UPD at Southeastern. For more details and information about the RAD system, visit rad-systems.com or send an e-mail to RAD@selu.edu. The class is for women only.

Support our Lady Lions Soccer Team at their upcoming home games:

Sept 1: Southern University
Sept 11: University of South Alabama
Sept 13: Texas Southern University
Sept 25: University of the Incarnate Word
Sept 27: Abilene Christian University

Add to your Calendar...

- August 30-September 2: Fraternity Recruitment
- September 7: Labor Day Holiday
- September 12: Family Day; Register at southeastern.edu/admin/stu_dev/family_day
- September 14-17: Health and Safety Inspections
- September 14 & 15: Informational about Resident Assistant Positions
- September 23: Mocktails Event with Office of Student Engagement
- September 28: Fire Drills

Soar Student Outreach and Advocacy Representatives

Become a Student Outreach and Advocacy Representative. Help advocate good choices and educate other students about healthy behaviors vs. risky ones! More information about SOAR is available by visiting: www.selu.edu/soar or email: palack@selu.edu.

First Interest meeting will be held on September 2 at 4pm in Student Union.

Support our Lady Lions Soccer Team at their upcoming home games:

- Sept 1: Southern University
- Sept 11: University of South Alabama
- Sept 13: Texas Southern University
- Sept 25: University of the Incarnate Word
- Sept 27: Abilene Christian University

Add to your Calendar...

- August 30-September 2: Fraternity Recruitment
- September 7: Labor Day Holiday
- September 12: Family Day; Register at southeastern.edu/admin/stu_dev/family_day
- September 14-17: Health and Safety Inspections
- September 14 & 15: Informational about Resident Assistant Positions
- September 23: Mocktails Event with Office of Student Engagement
- September 28: Fire Drills

Soar Student Outreach and Advocacy Representatives

Become a Student Outreach and Advocacy Representative. Help advocate good choices and educate other students about healthy behaviors vs. risky ones! More information about SOAR is available by visiting: www.selu.edu/soar or email: palack@selu.edu.

First Interest meeting will be held on September 2 at 4pm in Student Union.

Support our Lady Lions Soccer Team at their upcoming home games:

- Sept 1: Southern University
- Sept 11: University of South Alabama
- Sept 13: Texas Southern University
- Sept 25: University of the Incarnate Word
- Sept 27: Abilene Christian University

Add to your Calendar...

- August 30-September 2: Fraternity Recruitment
- September 7: Labor Day Holiday
- September 12: Family Day; Register at southeastern.edu/admin/stu_dev/family_day
- September 14-17: Health and Safety Inspections
- September 14 & 15: Informational about Resident Assistant Positions
- September 23: Mocktails Event with Office of Student Engagement
- September 28: Fire Drills

Soar Student Outreach and Advocacy Representatives

Become a Student Outreach and Advocacy Representative. Help advocate good choices and educate other students about healthy behaviors vs. risky ones! More information about SOAR is available by visiting: www.selu.edu/soar or email: palack@selu.edu.

First Interest meeting will be held on September 2 at 4pm in Student Union.

Support our Lady Lions Soccer Team at their upcoming home games:

- Sept 1: Southern University
- Sept 11: University of South Alabama
- Sept 13: Texas Southern University
- Sept 25: University of the Incarnate Word
- Sept 27: Abilene Christian University

Add to your Calendar...

- August 30-September 2: Fraternity Recruitment
- September 7: Labor Day Holiday
- September 12: Family Day; Register at southeastern.edu/admin/stu_dev/family_day
- September 14-17: Health and Safety Inspections
- September 14 & 15: Informational about Resident Assistant Positions
- September 23: Mocktails Event with Office of Student Engagement
- September 28: Fire Drills

Soar Student Outreach and Advocacy Representatives

Become a Student Outreach and Advocacy Representative. Help advocate good choices and educate other students about healthy behaviors vs. risky ones! More information about SOAR is available by visiting: www.selu.edu/soar or email: palack@selu.edu.

First Interest meeting will be held on September 2 at 4pm in Student Union.

Support our Lady Lions Soccer Team at their upcoming home games:

- Sept 1: Southern University
- Sept 11: University of South Alabama
- Sept 13: Texas Southern University
- Sept 25: University of the Incarnate Word
- Sept 27: Abilene Christian University

Add to your Calendar...

- August 30-September 2: Fraternity Recruitment
- September 7: Labor Day Holiday
- September 12: Family Day; Register at southeastern.edu/admin/stu_dev/family_day
- September 14-17: Health and Safety Inspections
- September 14 & 15: Informational about Resident Assistant Positions
- September 23: Mocktails Event with Office of Student Engagement
- September 28: Fire Drills

Soar Student Outreach and Advocacy Representatives

Become a Student Outreach and Advocacy Representative. Help advocate good choices and educate other students about healthy behaviors vs. risky ones! More information about SOAR is available by visiting: www.selu.edu/soar or email: palack@selu.edu.

First Interest meeting will be held on September 2 at 4pm in Student Union.

Support our Lady Lions Soccer Team at their upcoming home games:

- Sept 1: Southern University
- Sept 11: University of South Alabama
- Sept 13: Texas Southern University
- Sept 25: University of the Incarnate Word
- Sept 27: Abilene Christian University