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How to Report Maintenance Concerns:

For a maintenance concern, call the FIXX line at 985.549.3499 or submit the request online at southeastern.edu/admin/phys_plant/fixit/

Call 985.340.8324 to report a problem with your Internet Connection. (Please leave a voicemail)

Report pests, mold and cable problems to the University Housing Office at 985.549.2118.

UNIVERSITY HOUSING CELEBRATES TRADITIONS WEEK

August 16’s Move In Mane-ia Event kicked off a week of welcome events at Southeastern. Many joined in the fun activities hosted by Student Engagement, Hall Council, Recreational Sports & Wellness, Athletics and many more.

UNIVERSITY HOUSING SNAPSHOT

Total Occupancy
2,300 students

Gender
66.5% Women
33.5% Men

Classification
54% Freshmen
20% Sophomores
13% Juniors
12.5% Seniors
.5% Graduate Students

Country of Origin
18 Counties, including Nepal, France and Holland

State of Origin
27 States including Alaska, California and Maine.

Questions about our guest policy, pet policy, or resident responsibilities? Refer to the 2015 Resident Guidebook available on your Housing Resources Moodle Page.
Blake Thomas serves as an Area Coordinator for University Housing, and oversees the following areas: Cardinal Newman, Southeastern Oaks Apartments, Tangipahoa Hall and Greek Village. A Southeastern Louisiana University graduate, Blake received his Bachelor of Arts in Marketing, and was involved with Greek Life, Student Government Association, Hall Council, and more, all while being a Resident Assistant. Blake recently received his Masters of Education in Higher Education: Student Affairs Administration from The University of Southern Mississippi. Blake currently serves as the Adviser for Hall Council, and encourages all students to get involved on campus in order to gain the best possible college experience.
YOUR ROOMMATE... BFF FOR LIFE?

Ask your roommate...

What are some of your interests or hobbies?
What kind of movies, music, etc. do you like?
Have you ever shared a room before?
Describe your family and friends.
What is your major?
Are you nervous about class?
What do you want to accomplish this year?
What really annoys you?
How can I tell when you are stressed or angry?
How do you relax?
What are your cleaning habits?
What do you think we need to agree on as roommates?
How do you feel about guests?
How do you like to study? (Music, tv, lights on?)
When do you like to sleep/ wake up?

What if my roommate and I are not getting along?

- Communication is key! Talk to your roommate about what is troubling you. If you feel uncomfortable, ask your RA to help you with this conversation.
- Be respectful! Everyone is on their own journey; no two roads are identical. Try to be understanding if your roommate’s path differs from your own.
- Be honest! If something is bothering you, let your roommate know. Sometimes we do not talk about things until they become big problems. Talking about what is going on will help!
- Know where to go to ask for help. Sharing a space for the first time can be tricky... your RA is trained to help you with roommate conflicts! Get to know your RA and ask for their advice should you need their support. Others who are here to help you include your Area Coordinator (Your RA’s boss), as well as the Counseling Center. The University Counseling Center is able to advise roommates on having successful relationships!

HALF COUNCIL

What is Hall Council?
Hall Council is a student led organization that provides the opportunity to get involved in on-campus programming.

Who can join?
All residents can join Hall Council and are welcome to come to our meetings and see what we’re all about.

Meetings:
- August 26th @ 7PM
- September 9th @ 7PM
- September 16th @ 7PM
- October 7th @ 7PM
- November 4th @ 7PM
- November 18th @ 7PM

All meetings will be located in the student union room 2203.

Events:
- August 17th @ 7:30PM
  - Paint Party in Lee Field
- September 7th – 11th
  - 9/11 Tribute
- September 9th
  - Design your own button to purchase in the union lobby
- September 29th @ 6:00PM
  - Fear Factor in the Mane Dish
- October 6th & 20th
  - Buy your favorite resident a bday gram in the union lobby

Res Hall Recipes

Pizza Pita Poppers
1 Whole Grain Pita
1/4 Cup Pizza Sauce
1 Serving Pepperoni
1/4 Cup Mozzarella Cheese

Directions:
Layer items on pita. Heat in microwave for 80 seconds. Eat and enjoy!

Crunchy Cinn-apple Salad
1 egg white
5 cups mixed red leaf salad
1 tbsp. Raspberry Vinaigrette
1/2 apple
1/2 serving apple cinnamon granola
1/4 cup green pepper

Directions:
Mix all ingredients together and enjoy!

Lite S’mores
1 graham cracker
1/2 tbsp. dark chocolate chips
1 jumbo marshmallow

Directions:
Place chocolate on cracker, microwave for 45 sec. Divide the marshmallow and place the halves on top of the chocolate, microwave 10 sec. Cool & Eat!
Events and Activities... #LionUp @OurSoutheastern

Fear Factor

When: Tuesday, September 29 @ 6pm
Where: The Mane Dish
Bring a few friends to compete through 3 rounds of Unique Cuisine. The winner will take home a prize valued at $75. You don’t want to miss out!

Do you have what it takes?

Sponsored by Hall Council and Dining Services

R.A.D.

Rape Aggression Defense (RAD) class will be offered by University Police in September 2015. RAD is a comprehensive basic self-defense course taught by the UPD at Southeastern. For more details and information about the RAD system, visit rad-systems.com or send an email to RAD@selu.edu. The class is for women only.

R.A.D.

STUDENT OUTREACH & ADVOCACY REPRESENTATIVES

Become a Student Outreach and Advocacy Representative. Help advocate good choices and educate other students about healthy behaviors vs. risky ones! More information about SOAR is available by visiting: www.selu.edu/soar or email: aalack@selu.edu.

First Interest meeting will be held on September 2 at 4pm in Student Union

Support our Lady Lions Soccer Team at their upcoming home games:

Sept 1: Southern University
Sept 11: University of South Alabama
Sept 13: Texas Southern University
Sept 25: University of the Incarnate Word
Sept 27: Abilene Christian University

Add to your Calendar...

August 30-September 2
Fraternity Recruitment

September 7
Labor Day Holiday

September 12
Family Day;
Register at southeastern.edu/admin/stu_dev/family_day

September 14-17
Health and Safety Inspections

September 14 & 15
Informational about Resident Assistant Positions

September 23
Mocktails Event with Office of Student Engagement

September 28
Fire Drills

Interested in serving on the Hearing Board with the Office of Student Conduct? Apply at southeastern.edu/hearingboard

Do you know the Code?
southeastern.edu/code

Fall 2015

8/16 Welcome Back Luau
9/8 Sasheen the Hypnotist
9/14-28 Monday Night Concerts
10/8 Bubble Soccer
10/8 Lazer Crystals
10/14 Gumbo Ya Ya
10/24 Miss Southeastern

ALL SEMESTER LONG
Tuesday & Wednesday Movie Night
Massage Chair Mondays
Snowballs & much more

All events are FREE!

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