Welcome Back!

University Housing is excited to welcome our students back to campus for the start of the Spring 2013 semester. With new and interesting things going on campus this semester, we look forward to a successful and productive term.

In case you missed it...

On January 9, 2013, the first students to live in Cardinal Newman Hall since the Fall 2004 semester checked into the newly renovated space. This hall boasts a large lobby/conference room space, warming kitchen and study space.

North Campus Residential Facilities roofing will be replaced this semester, with work beginning over the Winter Break and continuing throughout the Spring and Summer Semesters. Lastly, all air conditioner units in our South Campus contemporary Residence Halls were cleaned during the winter break.

The University Housing office also received a new look with new customer service area better suited to assist walk-in customer needs. Drop by to check out our new look!

How to Report Maintenance Concerns:

For a maintenance concern, call the FIXX line at 985.549.3499 or submit the request online at www.southeastern.edu/admin/phys_plant/fixxit/

Call 985.340.8324 to report a problem with your Internet Connection. (Please leave a voicemail)

Report pests, mold and cable problems to the University Housing Office at 985.549.2118.

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Contacting University Housing

Located in Pride Hall Email: universityhousing@southeastern.edu
Website: www.southeastern.edu/liveoncampus
www.facebook.com/southeasternuniversityhousing @SELUHousing
Area Coordinator Staff Spotlight

Bevann McCartney- Washington, St. Tammany, Livingston and Pride Halls

Bevann earned her Bachelor of Arts in Marketing from Southeastern in 2006. She is currently working on her Master’s Degree in Counseling. Bevann enjoys working with college students, specifically the Resident Assistant staff and is currently the advisor of Hall Council, the student organization made up of on-campus residents. A native of Mandeville, Louisiana, Bevann enjoys traveling, live music, being creative, and shopping!

Rachel Bourgeois- Southeastern Oaks, Greek Village and Cardinal Newman Hall

Rachel earned her Bachelor of Arts in Organizational Communication at Southeastern in 2009. Rachel grew up in Destrehan, Louisiana; she is currently working to complete her Masters’ degree in Organizational Communication at Southeastern. Rachel is a member of Alpha Sigma Tau Sorority. She loves traveling, spending time with friends and of course, shopping!

Ashley White- Hammond, Louisiana, Tangipahoa and Taylor Halls

Ashley earned a Bachelor of Science degree in Psychology from LSU and is currently completing her Masters of Arts in Psychology at Southeastern. She has worked in both mental health and higher education, with specific interests in trauma psychology and crisis management. Ashley was born and raised in New Orleans and is a new resident of Hammond. Feel free to stop by Pride Hall to introduce yourself, she loves meeting new people!

Residential Life Program Highlights

Livingston Hall Cooking for Rezzie

Washington Hall Mardi Gras In A Minute

Taylor Hall Minute to Win It

Spring 2013 Residential Events in Cayman Café

- Thursday, February 14th-Valentine’s Day Lunch
- Wednesday, February 20th-Backyard Bash
- Thursday, March 14th-St. Patrick’s Day Lunch
- Wednesday, March 27th-Carnival for Dinner
- Tuesday, April 16th-Fais Do Do Crawfish Boil
- Monday, April 22nd-Earth Day Lunch
- Thursday, May 2nd-Cinco de Mayo Lunch
- Tuesday, May 14th-Late Night Breakfast

Like Campus Dining on Facebook for more promotions and events: fb.com/selucampusdining
Living with a roommate can be a challenging experience. Most students entering college have never shared a room with another person before. In addition, a residence hall room might be smaller than the room you live in at home, minus the roommate!

Do not despair! A roommate relationship in college can be managed, and many result in close relationships that are sometimes maintained long after you have left the college experience. Building a positive roommate relationship takes work however, but it is better to put work into this relationship than endure the problems that arise when things do not go well with a roommate.

The key to a successful roommate relationship is honest and open communication: This should start from the moment you move into the residence halls, and continue throughout your entire roommate relationship. Some residence life programs on college campuses require incoming freshman to establish formalized roommate agreements. If your school’s residence life program does not require this, then you should take the initiative to complete this process on your own.

When establishing an agreement on how you will live successfully together, think about the issues that are important to you, as well as the expectations that you have for a roommate. Honest open communication is critical to a successful roommate relationship. In addition to setting expectations for each other, you also need to live by the expectations that you set. As a college freshman, you will experience many different situations and through these experiences your initial expectations may change. If this is the case, then you may need to revisit your roommate agreement and set new expectations. You and your roommate may not always see things exactly the same (and that can be a good thing), but you should always work to be sensitive to each other’s needs. Being able to compromise and understand your roommate’s perspective will be important as you work to learn about each other and live together. Sensitivity, ongoing honest open communication, and the ability to listen and hear what your roommate is saying, along with compromise, will move you along the road to successful roommate relations.

Fixing a problem... managing a roommate conflict if it occurs Things you need to do on your own: Let’s face it. Sometimes you can do all the right things and still end up challenged by your living arrangement with your roommate. Getting back to that communication thing, it is important that you discuss concerns with your roommate as soon as they arise, in a calm and rational fashion. In many instances, simply bringing a concern to your roommate’s attention may alleviate the problem. Be fair when you discuss concerns, by sitting down alone with your roommate. Be honest, state your concern, and discuss how the concern might be resolved. The initial step to sorting through a roommate conflict is with you, although upon request your Resident Assistant should help you prepare for this meeting with your roommate. This article and more can be found on Reslife.net.

Getting along with a roommate...

**Helpful Questions**

Are you a morning person, who likes to go to bed early so you can get a quick start to your day, or someone who stays up late and eases into the day slowly?

Do you intend to share personal belongings? If so, is everything in the room O.K for common use, or are some things off limits?

How will you manage issues of overnight visitation? Will there be set times for quiet in the room to permit study and sleep? How will this be managed? How frequently should guests visit in the room, and are there "no visitation" times that could be set to guarantee privacy in the room?

How are you going to manage problems with each other if they arise?

From the University Counseling Center

University Counseling will be collaborating with CAB to present Mardi Gras Madness in the Student Union. Students can come to the Union and receive King Cake along with Mardi Gras Beads with Mardi Gras Safety Messages on February the 6th.

From the Office of Student Engagement

DSA Leadership Applications are available as of February 8. For more information about the DSA Leadership Ambassadors, visit www.selu.edu/admin/stu_dev/dsala/index.html

SGA Applications for the 2013-2014 academic year are available as of February 18. If you are looking to get involved on campus, SGA is a great way to give back to your university and make a difference!!!
What's happening on campus?

APPLY TO BE A RESIDENT ASSISTANT

Interviews:
Tuesday, March 5
5:30 PM
Pennington 108

OR
Wednesday, March 6
5:30 PM
Pennington 108

*Only pick one day to attend*
You must complete and turn in an application by Monday, March 4 to the housing office in order to be permitted into interviews.

More Information:
University Housing
Pride Hall
985-549-3118
penningtonhousing@selu.edu

Southeastern's Got Talent?
Southeastern Star
Is Now
Open To All Talents
Auditions Will Be Held February 26 and 27
Pick Up An Application In Mims Room 203 Today!

BOOTCAMP

On a Week 1 hour daily
Spaces are Limited!
Only $100 for:
- Pre-course fitness assessment
- Great workouts to make your body
- Spring break ready!
- Post-course fitness assessment
- Exclusive participant only T-shirt

Recreational Sports & Wellness

Carnival Night
Come out for all your fair favs.

IRISH FORKS ARE SMILING
Lucky for you, it's our St. Patty's Day Feast!

Cayman Cafe'
Thursday, March 14th
11:00 am-2:00 pm
*One Meal or $6.95+tax
fb.com/selucampusdining