Celebrate your Re-application!

Attend Backyard Bash on March 18 inside the new Student Union to help us celebrate your decision to live on campus again! Remember: current residents of University Housing are encouraged to re-apply to live on campus for the Fall 2014 – Spring 2015 term soon! The official Re-application Campaign will be held between February 17 – March 14; during this time, current residents can re-apply to live on campus and have priority over incoming Freshmen/ new residents. Students must pay their fees by May 16 to complete their application. Where do you want to live next year?

University Housing Communities

Southeastern Oaks Apartments  Co-ed, 2 bedroom and 4 bedroom options; Minimum GPA: 2.3, Required 30+ credit hours earned.

Cardinal Newman Hall  Co-ed, Suite style shared space, 4 students live in 2 bedrooms which share one bathroom. Priority given to STEM majors (Science, Technology, Engineering and Mathematics).

St. Tammany Hall  Co-ed, Private Bedroom, student shares bath and kitchenette with one student. (Residents participate in at least one local community service project.)

Washington Hall  Co-ed, Private Bedroom, student shares bath and kitchenette with one student.

Livingston Hall  Co-ed, Private Bedroom, student shares bath and kitchenette with one student. Honors/ 24 hour Quiet Hall: Students must maintain a 3.2 GPA.

Hammond Hall  Co-ed, Shared Bedroom, student shares bedroom and bath with one student. Honors/ 24 hour Quiet Hall: Students must participate in one program cluster group.

Louisiana Hall  Co-ed, Shared Bedroom, student shares bedroom and bath with one student. Honors/ 24 hour Quiet Hall: Students must maintain a 3.2 GPA.

Pride Hall  Females only, Shared Bedroom, student shares bedroom and bath with one student.

Tangipahoa Hall  Co-ed, Shared Bedroom, student shares bedroom and bath with one student. Priority given to Business Majors.

Taylor Hall  Co-ed, Shared Bedroom, student shares bedroom and bath with one student. Priority given to Music Majors, Band members, and Athletes and Spirit Groups. Winter Break Housing Available.

Village M Residence Hall  Females only; Shared Bedroom, student shares bedroom and bath with one student. Priority given to students participating in Greek Recruitment.

Zachary Taylor Hall  Co-ed, shared and private bedrooms available. Bathroom facilities shared with other students on hall.

Contacting University Housing

Located in Pride Hall  Email: universityhousing@southeastern.edu

www.southeastern.edu/liveoncampus

www.facebook.com/southeasternuniversityhousing

University Housing  SLU 10704  Hammond, LA 70402
**Resident Assistant Spotlight**

**Holly Arroyo, Junior, Hammond Hall Resident Assistant**

*Favorite thing about living on campus?* The convenience of living on campus! Everything I need is within walking distance and it takes away the stress of commuting, paying rent and utilities and other monthly bills. This way I can focus on school, making new friends and being more involved on campus.

*Favorite thing about your current Residence Hall?* I love my diverse residents! I get to know a variety of different people and learn from them as well. I also like that it is in the middle of campus which helps to keep me more involved with school and extracurricular activities.

*What was your first meal in the new student union?* Fried chicken & red beans and rice!

*What is your favorite campus memory?* Christmas is my favorite holiday and I love walking around campus and seeing all the decorations and lights in the windows. Spending time with my friends, watching a Christmas movie, drinking hot cocoa and eating Christmas cookies are some on my favorite memories.

*What do you do between classes?* I love movies and Netflix so currently I am trying to catch up on “The Walking Dead” and “Doctor Who” or I just re-watch my favorite episodes of “Sherlock.”

*Why should a student chose to live on campus again?* Having been a commuter student and living on my own, I can definitely say that living on campus has made my life and college experience so much easier and way more enjoyable. I have made so many new friends and I love being involve in on-campus events. I would recommend living on campus to any student who wants to make the most out of their college experience.

*Bucketlist Item you want to accomplish at Southeastern:* I would like to travel to a different country at least once while I am at Southeastern. I have been to England and France but I would like to participate in a summer abroad program to either Austria, Germany, or South America.

**Hailey Woods, Junior, Southeastern Oaks Resident Assistant**

*Favorite thing about living on campus?* The immediate access I have to on-campus resources. Living on campus has several great benefits...I am able to retain more sleep because I do not have to plan a commute into my schedule. I am able to meet with my professors or peers if needed more easily. And, lastly I am able to manage my spending more easily because I do not have to plan for monthly bills.

*Favorite thing about your current Residence Hall?* The constant level of success and preparedness for graduation that continues each semester. Most of my residents are upperclassmen who have the desire to finish their degree and accomplish their personal career goals. This commitment and drive that my residents possess helps me grow and wish to be just as successful.

*What was your first meal in the new student union?* Red beans & fried chicken. It seems typical, but “red bean Monday” is tradition.

*What is your favorite campus memory?* The semester I competed in the Ms. Black and Gold pageant.

*What do you do between classes?* During my free time I usually stay on main campus and meet with my peers, organizations, and/or use the technology labs to finish up assignments.

*Why should a student chose to live on campus again?* It's great way to stay connected to our university. I believe if I would have commuted or lived off-campus I may not have gained the full college experience and the benefits our university provides. Living on campus allowed me to become an active member in many different organizations, gain networking opportunities with different departments, and lay my foundation as a professional.

*Bucketlist Item you want to accomplish at Southeastern:* I hope to enhance someone's college experience by exposing them to better opportunities and reaching their goals at southeastern. They've already helped me reach mine.

**Joseph Smith, Sophomore, Zachary Taylor Hall Resident Assistant**

*Favorite thing about living on campus?* Everything campus has to offer! It is so much easier for me to live on campus and attend events that Southeastern hosts and it also makes it easier for me to join intramurals teams. Living on campus has allowed me to obtain the “college experience.”

*Favorite thing about your current Residence Hall?* Zachary Taylor community! I have made numerous new friends by living in ZT. Someone is always in the lobby to talk to and it seems like most people here want to make friends.

*What was your first meal in the new student union?* Stir fry from the grill station and it was awesome!

*What is your favorite campus memory?* Becoming an RA. It seems like the day I became an RA I got more involved and met more people. I get to work hand in hand with so many organizations and people on campus: I love it!

*What do you do between classes?* I usually grab a bite to eat, run by the housing office, study, or talk to friends.

*Why should a student chose to live on campus again?* Living on campus makes these few short years so much more memorable. Living on campus makes it so much easier to get involved and make memories. College is only a really short time in your life and you should do everything you can to make the best of it. Who wouldn't want to be able to tell stories about things they did when they lived on campus?

*Bucketlist Item you want to accomplish at Southeastern:* I would like to go to and tailgate before every home football game in one season!
Microwave Chicken a la King

- 2 cups celery, diced
- 2/3 cup bell pepper, chopped
- 2 cups sliced mushrooms
- 2 cans cream of chicken soup
- 2 tbs. chopped pimentos
- 2 tsp. Worcestershire sauce
- 1 tsp. black pepper
- 2 cups milk
- 2 cups cooked chicken, cubed.

**Directions:**
Microwave first three ingredients on high 2 minutes.
Stir in next 5 ingredients.
Microwave on high for 2 more minutes.
Stir in cooked chicken. Microwave on high for 5 minutes. Serve with rice if desired. Serves 4.

---

**Res Hall Recipes**

**Microwave Chicken a la King**

- 2 cups celery, diced
- 2/3 cup bell pepper, chopped
- 2 cups sliced mushrooms
- 2 cans cream of chicken soup
- 2 tbs. chopped pimentos
- 2 tsp. Worcestershire sauce
- 1 tsp. black pepper
- 2 cups milk
- 2 cups cooked chicken, cubed.

**Directions:**
Microwave first three ingredients on high 2 minutes.
Stir in next 5 ingredients.
Microwave on high for 2 more minutes. Stir in cooked chicken. Microwave on high for 5 minutes. Serve with rice if desired. Serves 4.

---

**Want to become a Resident Assistant?**

Resident Assistant Applications due by March 14. Application must be completed online at www.selu.edu/liveoncampus.

**FAQs about the RA position:**

**What does an RA’s work schedule look like?**
RAs are required to work at least 4 office hours, plan programs each month, attend training and in-services as well as serving in the duty schedule rotation for their building. RAs are on duty on average one day per week and one weekend per month. RAs work together to cover duty for holidays, closures, etc. While on duty, the RA responds to any emergency situations that arise, conduct rounds of their building, etc.

**How are Resident Assistants Compensated?**
RAs earn a scholarship for the amount of their room and default meal plan. After the first year in the position, an RA may earn a leadership position on staff which requires additional duties but compensates with a $1000 stipend.

**How will being an RA help me in my future career?**
RAs learn many skills that can translate to their future careers. Resident Assistants learn skills such as time management, crisis management, problem solving, conflict negotiation, paperwork administration, community building and more.

**What are the basic requirements?**
Interested applicants must enroll in Education 204, have at least a 2.5 GPA, and must not have any prior Student Conduct issues.
BACCHUS Student Empowerment Training

**When:** Thursday, March 27th from 4pm to 10pm and Friday, March 28th from 9am to 3pm  
**Where:** Fayard Room 107  
**What:** It’s the Student Empowerment Training / Certified Peer Educator Training  
**How:** We are hosting LSU, PEEPs, and Student Leaders on Campus (Student Organizations, Greeks and Resident Assistants).

**Why:** We want to collaborate, grow PEEPs and look for peer education opportunities. What you get? Your Certification for Peer Education, a professional presenter from the BACCHUS Institute, your materials for the training and food/beverage. You will gain skills in leadership, programing and peer to peer skills. The training concentrates on the skills needed by all peer educators to:  
• understand the basics of mental health affecting college students  
• understand mental health as a continuum  
• provide awareness on subpopulations on college campuses and how they are affected (i.e. international students, men, minority students, graduate students, veterans, LGBT students)  
• make referrals of students at risk to professionals  
• conduct educational programs and events  
• increase their leadership abilities  
• increase awareness of personal mental health  
• teach stigma reduction strategies  
Please call Annette at the University Counseling Center at 985-549-3894 or email at anewton@selu.edu, if you are interested in participating in this event.

**PEEPS (Peers Educating Peers at Southeastern) is recruiting new members.**  
*We meet in Room 236 every Monday at 6pm. For more information please email Amanda.Quinn@selu.edu or Karington.Taylor@selu.edu*

---

**University Housing Important Dates**

- **February 17-March 14**  
  Re-application Campaign (Claim your space for the Fall 2014 – Spring 2015 academic year; more information on page 1.)

- **March 3-4**  
  Mardi Gras Holiday Break

- **March 10-13**  
  Health and Safety Inspections

- **March 17**  
  Resident Assistant Group Interview

- **March 18**  
  Backyard Bash/ Reapplication Party

- **March 25**  
  Rescheduled Speaker Corey Ciocchetti presented with the Office of Student Engagement

---

**Having trouble balancing school, work, family, life, etc? Get help and get back on track during Academic Wellness Week**

**March 11-13th**

**Student Union Ballroom (3rd Floor)**

<table>
<thead>
<tr>
<th>Tuesday, March 11th</th>
<th>Wednesday, March 12th</th>
<th>Thursday, March 13th</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Academic Wellness Fair</strong></td>
<td>Making Your Time Count</td>
<td>Choosing a Major</td>
</tr>
<tr>
<td>11:00am-2:00pm &amp; 5:00-7:00pm</td>
<td>11:00am-2:00pm &amp; 5:00-7:00pm</td>
<td>11:00am-2:00pm &amp; 5:00-7:00pm</td>
</tr>
</tbody>
</table>

The above workshops take place every 30 minutes during the times listed.

*The Academic Wellness Fair will have the following representatives available to help you...*

- Center for Student Excellence (Advisors)
- CSE Tutoring Center
- University Housing
- Financial Aid
- University Counseling Center
- Office of Student Engagement
- Disability Services
- Multicultural & International Affairs
- Student Support Services
- SLU Head Start
- And Others...

For more information contact Mindy Notarian — Mindy.Notarian@selu.edu (Center for Student Excellence) or Amanda Robins — Amanda.Robins@selu.edu (University Housing)

---

**March 25, 2014**

**Ballroom - New Student Union**

7PM - 9PM