The Lion’s Tails

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Introducing Cardinal Newman Hall...

Have you heard? University Housing is proud to re-open Cardinal Newman Hall in the Spring of 2013!

Cardinal Newman Hall is located across from White Hall and beside St. Albert’s Catholic Student Center. This Residence Hall was once the original Honors Residence Hall at Southeastern. Many previous residents of the building have cherished memories of their time as a Cardinal Newman resident and still return to campus each year for Cardinal Newman reunions during Homecoming festivities. Fall 2012 Zachary Taylor Hall residents will reside in Cardinal Newman Hall for the Spring semester. Cardinal Newman will open for our STEM (Science, Technology, Engineering and Math) Students in Fall 2013.

Features include:

- Main floor laundry
- First floor lounge
- Outside seating

Each room in Cardinal Newman Hall contains the following items for each resident:

- A twin size bed
- Desk
- Chair
- Armoire
- High-speed Internet connection (Ethernet)
- Basic cable

Roommates share a sink and mirror. Suitemates (4 residents) share a tub/shower and toilet

For additional information about Cardinal Newman Hall, visit www.selu.edu/admin/housing/housing_options/cardinal_newman/

How to Report Maintenance Concerns:

For a maintenance concern, call the FIXX line at 985.549.3499 or submit the request online at www.southeastern.edu/admin/phys_plant/fixit/

Call 985.340.8324 to report a problem with your Internet Connection. (Please leave a voicemail)

Report pests, mold and cable problems to the University Housing Office at 985.549.2118.

Contacting University Housing

Located in Pride Hall   Email: universityhousing@southeastern.edu
Website: www.southeastern.edu/liveoncampus
www.facebook.com/southeasternuniversityhousing   @SELUHousing on Twitter
Resident Assistant Staff Spotlight

**Katherine Devall, RA, Louisiana Hall**

“I like to study at the Pennington Center because it is pretty quiet and I feel accomplished when others are working around me... even if it’s not school work. Another good spot is the 2nd floor at the Student Union on the balcony.”

If I were a household appliance: “I would be a camera because it freezes moments in time that you might not have remembered otherwise.”

My favorite floor program: “Spontaneous Programs because they help develop personal relationships between residents that you may not have gotten at a program.”

Major: Mass Comm/ Electronic Media  Favorite Study Food: Pretzels

Academic Tip: “If you are struggling, go talk to your professor. Most are willing to help you. Sometimes just talking to them will help you realize what the problem is. Always stay organized with an agenda and if you need help, get tutored.”

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**Maggie Guillory-Bias, RA, Livingston Hall**

“I like to study in the 4th floor study rooms in the library.”

If I were a household appliance: “Probably a blender because my personality is a mix of so many different ingredients.”

My favorite floor program: “The De-Stress Yourself program from my 1st semester as an RA. A speaker from the UCC came and we made stress balls. His advice was really helpful and he engaged the students in conversation. I was very happy to see so much participation.”

Major: Accounting with a Finance Minor  Favorite Study Food: Lemon Pound cake with Starbucks coffee.

Academic Tip: “My best advice would be to ask for help when you need it. See the teacher during his office hours, and if that still doesn’t help then get with someone from your class. Sometimes your peers can help better because they are learning the same material, just in a different way and they’re way may work for you as well.”

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**Evan Gautier, RA, Greek Village**

“My favorite place to study at Southeastern is either in the library, Fayard Hall, or my dorm room.”

If I were a household appliance: “A refrigerator cause I’m so cool.”

My favorite floor program: “My favorite program with my residents was my Facebook Showdown program.”

Major: Criminal Justice  Favorite Study Food: Oreos and Pepsi

Academic Tip: “For a student who is struggling academically, my advice is to never give up and try different study methods until they find the right one. My study tip is to make index cards and try typing the notes to make a study guide.”

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### Housing Academic Appeals Process

In order to remain in University Housing for the Spring 2013 semester, students must maintain a 2.0 overall GPA or 2.0 on 12 hours or more during the Fall 2012 semester. Students who fail to meet this requirement may submit a University Housing Academic Appeal form to the University Housing Office or on-line at www.selu.edu/liveoncampus.

An University Housing Academic Appeal must be submitted by Wednesday, December 12, 2012 at 5pm. Appeals will not be accepted after deadlines. Appeals are reviewed by a committee of faculty, staff and students familiar with student academic requirements.

If the appeal is denied, the student will be notified and encouraged to check-out of the residence hall by Friday, December 14, 2012 with a RA. (If you choose to check-out January 3rd you will be required to express check-out and will not be allowed to contest any damages in your room. If the student does not properly check-out of their room as required, the student may be fined $250.00 and their property removed at their expense and stored for no more than two weeks. The University will not be responsible for any damages or loss of property during this process.).

Please note that students on University Academic Suspension or Probation must complete the requirements from their University Suspension or probation as well.

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**Find the Appeal Form at:**

www.southeastern.edu/admin/housing/acad_standards/
The biggest challenge for students is allotting enough time per week studying without the pressure of a test. Everyone likes to hold on to their high school study method, which worked and consisted of paying attention in class and studying right before the test.

Here are the four things everyone should consider, in order. When we get the 1st three done correctly, it’s like all the stars in the galaxy align and something magical can happen with your study technique. Make sure your study plan includes:

**Golden Rule #1** = The right # of days per week: You should be studying that subject the majority of the days per week (never less than 4 days a week). *For better memory recall...the more days, the better!* Three days a week or less, means you have more days every week to accidentally forget the material you are trying to learn.

**Golden Rule #2** = The right # of hours per week: You should be spending more time studying the subject per day for each subject (5 days a week).

**Golden Rule #3** = An appropriate place to study: Your memory recall will improve if you study in a place similar to your testing environment. Eliminate the distractions! Continually stopping to text a friend will not only disrupt your concentration, but it will also take away the benefit of studying that subject more days per week. Smart phones should be on airplane mode or off while studying! Beds and sofas are for relaxing, not studying!

**Golden Rule #4** = A basic Study technique that goes beyond simply reading and reading your notes: Make sure you commit to rewriting or retyping your class notes the same day you had class in all your lecture classes. Going from shorthand version to full sentences with examples and pulling out important information from your textbook. Then you need to quiz yourself on your notes everyday to identify what you know and what you don’t know. Quickly reviewing what you know and spending more time on what you don’t know. Your pile of things you don’t know should get smaller and smaller as it gets closer to test day. The night before the test you no longer need to worry about what you don’t know, you rehearse all the things you do know! It’s a light review that will build your confidence and allow you to go to bed early and rest your brain!
What’s happening on campus?

Late Night Breakfast
Student Appreciation Event

Wednesday, November 14th, 2012 in Cayman Café
9:00 pm-11:00 pm
FREE for Students with a Meal Plan; *Student ID Required
$6.65 + tax without a Meal Plan
Scrambled Eggs, Pancakes, Grits, Sausage, Biscuits, Hash Browns, Cereal, Fruit, Juice, Coffee

Thank you to all who attended our RA Informational and Group Interviews!
We will be announcing our Spring 2012 Resident Assistants soon.

Emerging Leaders Retreat 2013 Applications are due by Friday, December 6, 2012 to the Office for Student Engagement, Room 203 of the Student Union by 12:30PM. Emerging Leaders Retreat will be held January 19-20, 2013.

Great American Smoke Out Adventure Race
Wednesday November 14th, 2012 Southeastern Louisiana University In front of Favard Hall

Sign up to participate with the University Counseling Center

RELAY FOR LIFE
American Cancer Society

Saturday, November 17
At North Oak Park
10PM–4PM