COUNSELING AND HUMAN DEVELOPMENT

Interim Head of the Department: Professor Ballard
Professors: Alessi, Rolling
Associate Professors: Emerson, Johnson, Kulkim, Williams
Assistant Professors: Ahn, Braniff, Caffery, Kelley, Kihm, McMillon
Instructors: Compton, Didier, Quinn, Singleton

COUNSELOR EDUCATION (CED)

603. Counseling Theory. Credit 3 hours. Prerequisite: Admission to Counseling Program. Major theories and approaches to counseling are analyzed along with the essentials of counseling and therapeutic processes and the nature of the counseling relationship. Skill building through dyadic exercises and feedback is included.

607. Career Development/Information Services. Credit 3 hours. Prerequisite: Admission to the counselor education program or permission of the Department Head. An introduction to the theories of career development and the processes by which occupational/educational and personal/social information may be integrated for career/life planning.

609. Assessment in Counseling. Credit 3 hours. Prerequisite: HD 600, HD 601, CED 603, and CED 605. An introduction to major intellectual, psychological, achievement, interest, and sociometric assessment goals and techniques available for the study of the individual.

610. Introduction to Diagnosis and Treatment of Psychopathology. Credit 3 hours. Prerequisite: HD 600, HD 601, CED 603, and CED 605. This course teaches basic skills for evaluating behaviors, writing of diagnostic reports, and planning intervention strategies. Students will examine specific disorders and the utilization of various methods for identifying and treating these disorders.

611. School Counseling & Consulting. Credit 3 hours. Prerequisite: HD 601, CED 603, and CED 605. This course will focus on the role of the school counselor as well as the philosophy and practical application of counseling theory and techniques with school-age populations. The student will develop a specific counseling program that will address the needs of a diverse student, staff and community population in which the school counselor is expected to function.

613. Community Consulting & Staffing. Credit 3 hours. Prerequisite: HD 601, CED 603, and CED 605. Primary theories of consultation with emphasis on conflict management, delivery of mental health services and therapeutic intervention with clients from all cultures.

617. Counseling Children & Adolescents. Credit 3 hours. Prerequisites: HD 601, CED 603, CED 605 and HD 608. Theories and techniques for intervention with children at the pre-school, school-aged and adolescent age levels.

620. Advanced Counseling Techniques. Credit 3 hours. Prerequisites: HD 600, HD 601, CED 603, CED 605, and CED 683. The study of specialized strategies, interventions, and techniques involved in therapeutic work with individuals and family systems. This course is designed as a post-practicum experience, which is taken concurrent with internship to develop and refine clinical skills.

640. Grief and Loss Counseling. Credit 3 hours. Prerequisites: HD 600, HD 601, CED 603, and CED 605. This course is intended to acquaint the student with current and seminal literature in the field of grief and loss as well as with specific information related to a wide variety of losses and client populations. Lecture, discussion, guest speakers, and experiential activities will be utilized.

641. Crisis Counseling and Management of High Risk Clients. Credit 3 hours. Prerequisites: HD 600, HD 601, CED 603, and CED 605. This course will provide an overview of crisis models and provide students with the knowledge and skills to assess the severity of a crisis and implement appropriate interventions. Students will learn to differentiate between situational and developmental crises, and specific-types of crises and high-risk clients will be discussed (e.g. substance abuse, grief and loss, violence and abuse, trauma and disasters, health-related crises.) Lecture, discussion, guest speakers, and experiential activities will be utilized.

670. Special Topics in Counselor Education. Credit 3 hours. Prerequisites: Admission to the Counseling Program.

683. Counseling Practicum. Credit 3 hours. Prerequisites: HD 601, CED 603, 605, 607, 609, 610, and permission of the Department Head. Supervised experience in counseling with applications of principles, techniques, and strategies acquired in previous course work. The class will focus upon skill acquisition and demonstration of competencies. This practicum is graded Pass/Fail.
685. Independent Study in Counseling. Credit 3 hours. Prerequisites: Educational Foundations 600 and advanced standing in the counseling program, or permission of the Department Head. Examination and indepth study, research, and evaluation of contemporary problems in counseling.

690. School Counseling Internship. Credit 3 hours. Prerequisite: HD 600, HD 601, CED 603, CED 605, HD 604, CED 609, CED 610, and CED 683. Supervised on-the-job experiences in a school setting emphasizing competencies in individual counseling, group counseling, and educational, vocational, and personal testing. Students must complete 600 clock hours over the course of two semesters, and must register for 3 hours each semester for a total of 6 credit hours. This internship is graded Pass/Fail.

693. Counseling Internship. Credit 3 hours. Prerequisites: HD 600, HD 601, CED 603, CED 605, HD 604, CED 609, CED 610, and CED 683. Supervised experience in a setting appropriate to the student’s program area emphasizing competencies in individual counseling, groups, testing, diagnosis and treatment. Students must complete 600 clock hours over the course of two semesters, and must register for 3 hours each semester for a total of 6 credit hours. This internship is graded Pass/Fail.

770. Counseling Thesis. Credit 1-6 hours each semester, with 6 hours needed for graduation. The student must enroll in the thesis course each semester the thesis is in progress. The thesis is graded Pass-Fail. Prerequisite: Completion of the Counselor Education program or permission of the Department Head. Original research project designed, implemented and summarized by the student under the direct supervision of counseling faculty.

HUMAN DEVELOPMENT (HD)

600. Research Methods and Designs. Credit 3 hours. Prerequisite: Admission to the counseling program or permission of Department Head. Principles and foundations of designing and conducting research are examined. Instruction will focus on empirical, naturalistic, and critical approaches relevant to enacting the role of practitioner-researcher. This course is designed to prepare students to conceptualize, design, and carry out a behavioral research project.

601. Legal, Ethical, and Professional Issues. Credit 3 hours. Prerequisite: Admission to Counseling Program. Presents current legal, ethical, and professional information necessary for competent professional practice in the mental health field. The course includes an overview of the historical and current societal context of professional practice in counseling, marriage and family therapy, and related fields. The course will assist students in developing a work plan, referral guide, credential file, declaration statement, and curriculum vitae specific to their work setting and area of professional concentration.

604 Group Process. Credit 3 hours. Prerequisite: HD 601, CED 603, and CED 605. Major approaches to group dynamics and counseling, including theoretical assumptions and basic principles and techniques, are covered. A weekly lab component is required.

608. Human Growth & Development. Credit 3 hours. Prerequisite: Permission of the Department Head. Study of the emotional, physical, social, and intellectual factors of development across the lifespan.

625. Cross-cultural Issues. Credit 3 hours. Prerequisite: HD 601, CED 603, and CED 605; or permission of the Department Head. This course is designed to help counselors maximize their effectiveness in today’s pluralistic society by understanding: value systems and ways of life of culturally diverse groups; similarities and differences of various cultural groups; dynamics of multicultural interaction and communication; and processes of cultural transmissions in the “global village.”

MARRIAGE AND FAMILY THERAPY (MFT)

610. Family Relations. Credit 3 hours. A study of family relations, with an emphasis on family systems theory as it relates to critical tasks in families and stages of family development. The class will also include a unit on human sexuality.

621. Introduction to Marriage and Family Therapy. Credit 3 hours. An introduction to the profession, major theories, and practices of marriage and family therapy, including the historical development and principle conceptualization of cybernetic and systems theory.

622. Advanced Theory in Marriage and Family Therapy. Credit 3 hours. Prerequisites: HD 601, CED 603, CED 605, and MFT 621. A study of advanced theories of counseling and psychotherapy employed in the practices of marriage and family therapy. The course will include an examination of systems and cybernetic theory, as well as a study of the post-modernist perspectives of construction and social constructivism.

626. Techniques in Marriage and Family Therapy. Credit 3 hours. Prerequisites: HD 601, CED 603, CED 605, and MFT 621. A pre-practicum course focusing on basic clinical interviewing procedures and inter-
ventions commonly used with couples and families, utilizing selected major theories of marriage and family therapy.

632. **Substance Abuse and the Family.** Credit 3 hours. Prerequisites: HD 601, CED 603, CED 605 and SAC 619. This course will examine the impact of substance abuse and addiction upon the family system. Major emphasis will be given to the progression of the addiction in the abusing or dependant person(s) and the consequent effects on the family system. Implications for counseling intervention and treatment will be discussed, with special attention given to the roles family members typically adopt in addicted family systems.

672. **Couples and Marital Therapy.** Credit 3 hours. Prerequisites: HD 601, CED 603, CED 605, and MFT 621. A study of theory and procedures in couples and marital therapy. The course includes a review of current topics and research including human sexuality and other issues relating to the institution of marriage and other dyadic relationships.

683. **Advanced Procedures in Family Therapy.** Credit 3 hours. Prerequisites: CED 609, CED 610, MFT 621, MFT 622, and MFT 672. A practicum course focusing on a study of specialized techniques utilized in the practice of marriage and family therapy. The course involves clinical activity and practice to refine interventions with couples and families.

693. **Family Therapy Internship.** Credit 3 hours Prerequisites: MFT 683. Supervised experience in a setting appropriate to the student’s program area emphasizing competencies in family systems. Students must complete 600 clock hours over the course of two semesters, and must register each semester for a total of 6 credit hours. The internship is graded Pass-Fail.

**SUBSTANCE ABUSE COUNSELING (SAC)**

619 [CED 619]. **Substance Abuse Counseling.** Credit 3 hours. Prerequisites: HD 601, CED 603 and CED 605. This course will provide a general knowledge base concerning the emotional, social, physical and spiritual impact of addiction upon the abuser and the family system. Special emphasis will be given to the principles of the progression of addiction, treatment modalities, recovery and relapse prevention.

630. **Professional Principles in Substance Abuse Counseling.** Credit 3 hours. Prerequisites: HD 601, CED 603, CED 605, and SAC 619. This course will present an overview of the twelve core functions and six performance domains required of Certified Substance Abuse Counselors. Core functions include screening and assessment, treatment planning, record keeping, and consultation with professionals. Performance domains include program coordination, education and training, community organization, and public policy issues.

634. **Advanced Substance Abuse Counseling Techniques.** Credit 3 hours. Prerequisites: HD 601, CED 603, CED 605 and SAC 619. This course presents advanced counseling theory and practice for working with substance abuse clients. Special emphasis is given to individualized, comprehensive treatment planning and the unique role of the substance abuse counselor.

**FAMILY AND CONSUMER SCIENCES (FCS)**

102. **Introductory Apparel Design.** Credit 3 hours. A study of the principles of apparel design, construction and evaluation. Introduction to computer-aided design. Two hours of lecture and 2 hours of lab.

105. **Introductory Food Science.** Credit 3 hours. A study of the principles of basic food preparation, meal planning, meal preparation and table service. One hour of lecture and four hours of laboratory per week. Laboratory fee.

150. **Introduction to Family and Consumer Sciences.** Credit 3 hours. An introductory course to Family and Consumer Sciences careers with emphasis on the processes of management and decision making as applied to individuals, families, and communities.

221. **Interior Design.** Credit 3 hours. A study of psychological, sociological, economic and aesthetic aspects of commercial and residential interiors. Field based experiences required.

223. **Introduction to Nutrition.** Credit 2 hours. A study of the basic principles of nutrition in relation to health and food selection. Credit toward a degree can be given for only one beginning course in nutrition: FCS 223, 224, 251, or 342.

224. **Introduction to Nutrition.** Credit 3 hours. A study of the basic principles of nutrition in relation to health and food selection, with emphasis on the integration of nutrition into an educational setting. Credit toward a degree can be given for only one beginning course in nutrition: FCS 223, 224, 251, or 342.

241. **History of Costume.** Credit 3 hours. A study of costume and the nature of fashion from early history through the present.

242. **Clothing and Human Behavior.** Credit 3 hours. An exploration of the cultural, social-psychological, aesthetic, and economic aspects of clothing and textiles.
251. Nutrition and Diet Therapy. Credit 3 hours. Prerequisite: Nursing majors only. Principles of nutrition and their application in maintaining health and providing therapy during illness. Credit toward a degree can be given for only one beginning course in nutrition: FCS 223, 224, 251, or 342.

252. Special Topics in Family and Consumer Sciences. Credit 3 hours. Prerequisite: Nursing majors only. Consideration of fundamental concepts within the various subject matter areas of family and consumer sciences related to living in a contemporary society.

301. Textiles. Credit 3 hours. A study of the basic physical, biological and chemical characteristics of fibers, yarns and fabrics including the selection, maintenance and performance of textiles. Field based experiences required.


321. Child Development. Credit 3 hours. Prerequisite: Sophomore standing. A study of the development of the child from prenatal life through five years. Emphasis on constructive methods of guidance. Two hours of lecture and two hours of laboratory a week.

322. Middle Childhood and Adolescent Development. Credit 3 hours. Prerequisite: Sophomore standing. Principles of development and guidance of children six years of age through adolescence. Emphasis on various aspects of growth and their interrelationship to family life and society.

331. Apparel Design and Construction. Credit 3 hours. Prerequisite: FCS 102. Creative design and construction techniques for costume and apparel. Two hours of lecture and two hours of lab per week.

342. Nutrition. Credit 3 hours. Prerequisites: CHEM 101 or 106 or 121. The principles of normal nutrition and their application in daily life. Credit toward a degree can be given for only one beginning course in nutrition: FCS 223, 224, 251, or 342.

344. Child Nutrition. Credit 3 hours. Prerequisite: FCS 223, 251, or 342. Application of the principles of nutrition to children with emphasis on prenatal nutrition, the special requirements of various age levels from birth through adolescence, and problems related to children and nutrition.

346. Professional Development in Family & Consumer Sciences. Credit 3 hours. Prerequisites: FCS 140 or FCS 150 or FCS 160. Introduction to the roles & responsibilities of professionals in the field of Family & Consumer Sciences with emphasis on the application of skills.

371. Family Finance and Consumer Education. Credit 3 hours. Prerequisite: Junior standing or approval of the Department Head. A study of personal and family finance with emphasis on management in relation to goals and resources and the application of these principles to households. Consumer education concepts, resources, and programs.

400. Independent Study. Credit 3 hours. Prerequisite: FCS 150, 346, Junior standing, submission of a proposal for study, and permission of the instructor and the Department Head. As in-depth study of topics appropriate to Family and Consumer Sciences. Student works with an instructor on a one-to-one basis. May be repeated up to 6 hours credit. New materials are investigated in each repeat.

411. Diet Therapy. Credit 3 hours. Prerequisite: FCS 224 or FCS 251 or FCS 342. The role of diet in prevention and treatment of disease. Two hours of lecture and two hours of laboratory a week.

421. Weight Management Principles. Credit 3 hours. Prerequisites: FCS 224 or FCS 251 or FCS 342. Applications of the principles of weight management with emphasis on diet, exercise, and behavior modification.

431. Experimental Food Science. Credit 3 hours. Prerequisites: Chemistry 101 or Chemistry 121 and FCS 105 and Junior standing. Scientific investigations of special problems related to food preparation. One hour of lecture and four hours of laboratory a week.

432/532. Advanced Nutrition. Credit 3 hours. Prerequisite: FCS 224 or 251 or 342. A study of the science of nutrition and its application to normal diets. Review of results of recent and current research in the field.

441. Family Relations. Credit 3 hours. Prerequisite: Junior standing or approval of the Department Head. A study of family cycles, relationships within families, and the personal and social factors which affect family relations.

442/542. Special Topics in Family and Consumer Sciences. Credit 3 hours. Prerequisite: 18 semester hours in family and consumer sciences or departmental approval. Individual or group study of selected topics within the discipline of family and consumer sciences. May be repeated for up to 6 hours credit.

460/560. Housing, Equipment, and Organization in Nursery School Education. Credit 3 hours. Prerequisites: FCS 321 and Junior standing. Objectives and organization of nursery school and child care centers with emphasis on program planning, selection and use of materials and equipment, individual projects, reports and discussions. Three hours of lecture with observation and participation in the nursery school.

470. Teaching and Learning Methodology in Family and Consumer Sciences. Credit 3 hours. Prerequisites: FCS 140 or 150 or 160 and Junior standing FCS majors and minors. A course in instructional methodology and materials in the field of family and consumer sciences. Field experiences will include educational interactions with students.
471. Resource Management. Credit 3 hours. Prerequisite: FCS 150, 346, and Senior standing FCS majors. Theory and practical application of the principles and techniques of management. Six hours of class discussions, laboratory, and conferences per week.

472. Advanced Teaching and Learning Methodology in Family and Consumer Sciences. Credit 3 hours. Prerequisite: FCS 470. FCS majors only. This is an advanced study of organization, development, delivery and evaluation of effective teaching practices in the field of family and consumer sciences. Throughout the course students will be actively involved in developing classroom curriculum and materials. Field experiences will include participation in and observation of FCS teachers and classroom teaching experiences.

480. Family & Consumer Sciences Study Tour. Credit 3 hours. Prerequisites: Limited to Family & Consumer Sciences majors and minors with a GPA of 2.0 and completion of FCS 140 or 150 or 160. Focus will include field study options with both pre-program and post-program class meetings. Can be repeated for up to nine hours of credit with approval of Department Head.

481. Fashion Promotion. Credit 3 hours. Prerequisite: FCS 140 or 150 or 160. Application of the principles of fashion coordination and promotion. Two hours of lecture and two hours of laboratory.

485. Current Trends and Issues in Family & Consumer Sciences. Credit 3 hours. Prerequisites: GPA of 2.0 and completion of FCS 140 or 150 or 160. Limited to Family & Consumer Sciences majors and minors. A study of selected trends and issues in Family Consumer Sciences with emphasis on trend tracking and forecasting. Can be repeated for up to nine hours credit with approval of Department Head.

486. FCS Internship. Credit 3 hours. Prerequisites: FCS 150, 242, 346 and limited to FCS majors or minors. Understanding the operation and management of Family & Consumer Sciences career activities through supervised work experience in area of concentration. Can be repeated for up to nine hours credit with approval of Department Head.

601. Special Studies in Family and Consumer Sciences. Variable credit: 1, 2 or 3 hours. Designed for vocational family and consumer sciences teachers. Concerned with current problems and development in family and consumer sciences education. Special emphasis to be identified for each workshop. May be repeated for up to three hours credit.

602. Special Studies in Family and Consumer Sciences. Variable credit: 1, 2 or 3 hours. Designed for vocational family and consumer sciences teachers. Concerned with current problems and development in family and consumer sciences education. Special emphasis to be identified for each workshop. May be repeated for up to three hours credit.

603. Special Studies in Family and Consumer Sciences. Variable credit: 1, 2 or 3 hours. Designed for vocational family and consumer sciences teachers. Concerned with current problems and development in family and consumer sciences education. Special emphasis to be identified for each workshop. May be repeated for up to three hours credit.

610. Family Relations. Credit 3 hours. A study of family relations including an examination of various family models and critical tasks common in various stages of family development.

**SOCIAL WORK (SW)**

101. Introduction to Social Work, Fields of Practice. Credit 3 hours. A survey of the resource and delivery systems in which social work is practiced. Emphasis will be given to both public and private agencies and various methodologies. Social Work values, ethics, skills and knowledge base are examined. An overview of the history of social welfare with an emphasis on fields of practice. Service gaps and biases will be identified.

201. History and Philosophy of Social Welfare and Social Work. Credit 3 hours. Prerequisite: Social Work 101 or permission of Department Head for non-majors. An historical survey of the history of social work and social organizations in the U. S. designed to meet social problems. Emphasis is given to Social Welfare laws and organizations as a reflection of culture and societal values. Attention is also given to the philosophical base of social work practice as reflected in the ethics and values of the profession.


203. Human Behavior in the Social Environment I. Credit 3 hours. Prerequisite: Social Work 101, Sociology 101, General Biology 106/152, Psychology 101, or permission of the Department Head for non-majors. A study of the interaction of biological, psychological, and sociological factors in the formation of personality and the functioning of persons in the environment. Specific theories and tools of assessment of individuals are discussed.

204. Human Behavior in the Social Environment II. Credit 3 hours. Prerequisite: Registration in or prior credit for Social Work 203, Sociology 212, and GBIO 107/154 or permission of Department Head for non-majors. A study of the social system model as a basic way to think about behavior in the social environment. This model will be applied to society, communities, organizations, groups and families. Culture as a determin-
nent to the aged will be brought into focus with a view of providing social services.

405. Social Work Research Methods and Designs. Credit 3 hours. Prerequisites: SW 201, 204, and Math 241 or permission of the Department Head. The principles and foundations of designing and conducting issues in social work research are examined. Emphasized are ethical issues in social work research and the relevance of evaluation skills.

406. Independent Study. Credit 1-3 hours. Prerequisite: Permission of the Department Head and Junior standing. An in-depth study of topics appropriate to generalist social work practice culminating in a research report. Student works with an instructor on a one-to-one basis. May be repeated in one to three hour credits for a total of no more than 6 hours credit. New materials are investigated in each repeat.

407. Social Welfare Policy, A Framework for Analysis. Credit 3 hours. Prerequisites: Social Work 101, 201, 201, 203, 204, and admission into professional standing or permission of Department Head for non-majors. The course will focus on the issues and conflicts raised by policy makers in designing social welfare policies and programs. A conceptual framework for social welfare policy analysis is explored. Techniques for advocacy, empowerment, and transformation are demonstrated.

410. Generalist Social Work Practice: Macro Practice Skills. Credit 3 hours. Prerequisites: Admission into professional standing and successful completion of Social Work 304. The primary purpose of this course is to prepare students for generalist social work practice with communities, organizations, and large groups. Special attention is paid to populations at risk and to economic and social justice issues, as well as to issues pertaining to working within bureaucracies. Techniques for program implementation and evaluation are demonstrated. Methods for community assessment, organization, and empowerment are examined.

412/512 [412UG]. Social Aspects of Aging. Credit 3 hours. Prerequisite: Junior or Senior standing. A study of the interactions of the aging individual with the institutions of society. Society’s attitudes, values and provisions relating to the aged will be brought into focus with a view of providing social services.

414. Special Topics. Credit 3 hours. Prerequisites: Junior standing or permission of the Department Head. An in-depth study of selected topics in social work. May be repeated (when topic varies), for a total of six hours credit.

497. Integrative Field Seminar. Credit 3 hours. Prerequisites: Completion of all required courses and permission of the field director. Students must be concurrently enrolled in SW 498. This course serves as an
integrative seminar in conjunction with the field practicum experience. This is a capstone course, therefore, the material covered addresses all social work foundation areas from the perspective of a generalist social work practitioner. Emphasis on values and ethics, diversity, and research are all addressed all throughout the course. Students are guided through course work and assignments to implement the generalist model with their various client systems in a rural practicum settings.

498. Internship. Credit 9 hours. Prerequisites: Completion of all required courses and permission of the field instructor. This course consists of a minimum of 430 hours of field experience in a social agency under the direct supervision of a qualified social worker. This course must be taken concurrently with SW 497.