



Southeastern Louisiana University

Human Development

Head of the Department: Professor Canfield

Professors: Alessi

Associate Professors: Ballard, Emerson, Rolling

Assistant Professors: Braniff, Johnson, Kulkin, Weathersby, Williams, Woodruff

Instructors: Didier, Oliver, Quinn

COUNSELOR EDUCATION (CED)

601 [EDUC 684]. Counseling as a Profession. Credit 3 hours. Presents current legal, ethical, and professional issues for agency, private practice and school settings. Provides an overview of the history of guidance and counseling and outlines professional organizations pertinent to professional counseling. The course is also designed to help students develop a work plan, referral guide, credential file, declaration statement, and vita for their specific setting.

603 [EDUC 681]. Counseling Theory. Credit 3 hours. Major theories and approaches to counseling are analyzed along with the essentials of counseling and therapeutic processes and the nature of the counseling relationship. Skill building through dyadic exercises and feedback is included.

605 [EDUC 682]. Pre-Practicum/Counseling Techniques. Credit 3 hours. Counseling experience in the university counseling laboratory. Aspects of the counseling process/relationship and specific techniques of individual counseling are stressed.

607. Career Development/Information Services. Credit 3 hours. Prerequisites: Admission to the counselor education program or permission of the Department Head. An introduction to the theories of career development and the processes by which occupational/educational and personal/social information may be integrated for career/life planning.

609 [EDUC 680]. An Introduction to Analysis of the Individual. Credit 3 hours. Prerequisite: EDF 600, CED 601, 603, and 605. An introduction to major

intellectual, psychological, achievement, interest, and sociometric assessment goals and techniques available for the study of the individual.

610. Introduction to Diagnosis and Treatment of Psychopathology. Credit 3 hours. Prerequisite: EDF 600, CED 601, 603, 605 and 609. This course teaches basic skills for evaluating behaviors, writing of diagnostic reports, and planning intervention strategies. Students will examine specific disorders and the utilization of various methods for identifying and treating these disorders.

611 [EDUC 686]. School Counseling & Consulting. Credit 3 hours. Prerequisite: CED 601, 603, and 605. This course will focus on the role of the school counselor as well as the philosophy and practical application of counseling theory and techniques with school-age populations. The student will develop a specific counseling program that will address the needs of a diverse student, staff and community population in which the school counselor is expected to function.

613. Community Consulting & Staffing. Credit 3 hours. Prerequisite: CED 601, 603, and 605. Primary theories of consultation with emphasis on conflict management, delivery of mental health services and therapeutic intervention with clients from all cultures.

615. Survey of Student Affairs. Credit 3 hours. Prerequisites: CED 601, 603, and 605. Designed to equip the student with the theoretical preparation needed for student personnel work. History of personnel and ethical, legal, and moral issues including student rights and administrative responsibilities are examined. Dynamics of the college environment including a variety of positions (admissions, financial aid, counseling center, dean of students, etc.) are studied.

617. Disorders of Childhood and Adolescence. Credit 3 hours. The study of developmental and abnormal issues occurring during childhood. Assessment methods and techniques are studied along with the theories of child counseling.

619. Substance Abuse Counseling. Credit 3 hours. Prerequisites: CED 601, 603, and 605. Study and application of theory and techniques for counseling clients abusing alcohol and/or drugs with emphasis on substance abusers, co-dependents and families. Physiological and psychological aspects of substance abuse will be addressed.

670. Special Topics in Counselor Education. Credit 3 hours. Prerequisites: Admission to the counselor education program or permission of the Department Head. May be repeated for up to 6 hours credit. Prerequisite: Permission of Instructor. A review of pertinent current research and literature related to specific selected topics within counselor education. Each student will select a particular area of interest for extensive research and discussion in class will focus on the selected area.

683. Counseling Practicum. Credit 3 hours. Prerequisites: CED 601, 603, 605, 609, 610, HD 607, and consent of instructor. Supervised experience in school counseling with applications of principles, techniques, and strategies acquired in previous course work. The class will focus upon skill acquisition and demonstration of competencies. This practicum is graded Pass/Fail.

685. Independent Study in Counseling. Credit 3 hours. Prerequisites: Educational Foundations 600 and advanced standing in the counseling program, or consent of instructor. Examination and in-depth study, research, and evaluation of contemporary problems in counseling.

690. School Counseling Internship. Credit 3 hours. Prerequisite: HD 600, HD 601, CED 603, CED 605, HD 604, CED 609, CED 610, and CED 683. Supervised on-the-job experiences in a school setting emphasizing competencies in: individual counseling, group counseling, and educational, vocational, and personal testing. Students must complete 600 clock hours over the course of two semesters, and must register for 3 hours each semester for a total of 6 credit hours. This internship is graded Pass/Fail.

693. Counseling Internship. Credit 3 hours. Prerequisites: HD 600, HD 601, CED 603, CED 605, HD 604, CED 609, CED 610, and CED 683. Supervised experience in a setting appropriate to the student's program area emphasizing competencies in individual counseling, groups, testing, diagnosis and treatment. Students must complete 600 clock hours over the course of two semesters, and must register for 3 hours each semester for a total of 6 credit hours. This internship is graded Pass/Fail.

770. Counseling Thesis. Credit 1-6 hours each semester, with 6 hours needed for graduation. The student must enroll in the thesis course each semester the thesis is in progress. The thesis is graded Pass-Fail. Prerequisite: Completion of the Counselor Education program or permission of the instructor. Original research project designed, implemented and summarized by the student under the direct supervision of counseling faculty.

HUMAN DEVELOPMENT (HD)

600. Research Methods and Designs. Credit 3 hours. Prerequisite: Admission to the counseling program or permission of department head. Principles and foundations of designing and conducting research are examined. Instruction will focus on empirical, naturalistic, and critical approaches relevant to enacting the role of practitioner-researcher. This course is designed to prepare students to conceptualize, design, and carry out a behavioral research project.

601. Legal, Ethical, and Professional Issues. Credit 3 hours. Presents current legal, ethical, and professional information necessary for competent professional practice in the mental health field. The course includes an overview of the historical and current societal context of professional practice in counseling, marriage and family therapy, and related fields. The course will assist students in developing a work plan, referral guide, credential file, declaration statement, and curriculum vitae specific to their work setting and area of professional concentration.

604 [HURE 604]. Group Process. Credit 3 hours. Prerequisite: Admission to the Counselor Education Program or permission of the Department Head. Major approaches to group dynamics and counseling, including theoretical assumptions and basic principles and techniques, are covered. A weekly lab component is required.

608[HURE 608]. Human Growth & Development. Credit 3 hours. Prerequisite: Permission of the Department Head. Study of the emotional, physical, social, and intellectual factors of development across the lifespan.

625[HURE 625]. Cross-cultural Issues. Credit 3 hours. Prerequisite: CED 601, 603, and 605. This course is designed to help counselors maximize their effectiveness in today's pluralistic society by understanding: value systems and ways of life of culturally diverse groups; similarities and differences of various cultural groups; dynamics of multicultural interaction and communication; and processes of cultural transmissions in the "global village."

FAMILY AND CONSUMER SCIENCES (FCS)

¹ Credit toward a degree can be given for only one beginning course in nutrition – FCS 223, 251, or 342.

102. Introductory Apparel Design. Credit 3 hours. A study of the principles of apparel design, construction and evaluation. Introduction to computer-aided design. Two hours of lecture and 2 hours of lab.

105. Introductory Food Science. Credit 3 hours. A study of the principles of basic food preparation, meal planning, meal preparation and table service. One hour of lecture and four hours of laboratory per week. Laboratory fee.

111. Food Preparation. Credit 3 hours. The relation of food to health. Application of basic cookery principles in food preparation. Food preservation. One hour of lecture and four hours of laboratory a week. Laboratory fee: \$14.00.

150. Introduction to Family and Consumer Sciences. Credit 3 hours. An introductory course to Family and Consumer Sciences careers with emphasis on

the processes of management and decision making as applied to individuals, families, and communities.

212. Meal Management. Credit 3 hours. Prerequisite: FCS 111 or approval of the Department Head. The application of principles of food preparation and management in planning, preparing, and serving meals. Food purchasing. One hour of lecture and four hours of laboratory a week. Laboratory fee: \$14.00.

221. Interior Design. Credit 3 hours. A study of psychological, sociological, economic and aesthetic aspects of commercial and residential interiors. Field based experiences required.

223.¹ Introduction to Nutrition. Credit 2 hours. A study of the basic principles of nutrition in relation to health and food selection. A course for non-home economics majors.

224. Introduction to Nutrition. Credit 3 hours. A study of the basic principles of nutrition in relation to health and food selection, with emphasis on the integration of nutrition into an educational setting.

241. History of Costume. Credit 3 hours. A study of costume and the nature of fashion from early history through the present.

242. Clothing and Human Behavior. Credit 3 hours. An exploration of the cultural, social-psychological, aesthetic, and economic aspects of clothing and textiles.

251.¹ Nutrition and Diet Therapy. Credit 3 hours. Principles of nutrition and their application in maintaining health and providing therapy during illness.

252. Special Topics in Family and Consumer Sciences. Credit 3 hours. Consideration of fundamental concepts within the various subject matter areas of family and consumer sciences related to living in a contemporary society.

301. Textiles. Credit 3 hours. A study of the basic physical, biological and chemical characteristics of fibers, yarns and fabrics including the selection, maintenance and performance of textiles. Field based experiences required.

304. Parenting: Issues and Education. Credit 3 hours. Survey of contemporary issues in parenting, problems of parents, and methods and materials in education.

321. Child Development. Credit 3 hours. Prerequisite: Sophomore standing. A study of the development of the child from prenatal life through five years. Emphasis on constructive methods of guidance. Two hours of lecture and two hours of laboratory a week.

322. Middle Childhood and Adolescent Development. Credit 3 hours. Prerequisite: Sophomore standing. Principles of development and guidance of children six years of age through adolescence. Emphasis on various aspects of growth and their interrelationship to family life and society.

331. Costume Design and Advanced Clothing Construction. Credit 3 hours. Prerequisite: FCS 102. Selection and creative work in costume design. Clothing selection and advanced clothing construction. Two hours lecture and two hours lab per week.

342.¹ Nutrition. Credit 3 hours. Prerequisite: Chemistry 101. The principles of normal nutrition and their application in daily life.

344. Child Nutrition. Credit 3 hours. Prerequisite: FCS 223, 251, or 342. Application of the principles of nutrition to children with emphasis on prenatal nutrition, the special requirements of various age levels from birth through adolescence, and problems related to children and nutrition.

346. Professional Development in Family & Consumer Sciences. Credit 3 hours. Prerequisites: FCS 150. Introduction to the roles & responsibilities of professionals in the field of Family & Consumer Science with emphasis on the application of skills.

371. Family Finance and Consumer Education. Credit 3 hours. Prerequisite: Junior standing or approval of the Department Head. A study of personal and family finance with emphasis on management in relation to goals and resources and the application of these principles to households. Consumer education concepts, resources, and programs.

411. Diet Therapy. Credit 3 hours. Prerequisite: FCS 342. The role of diet in prevention and treatment of disease. Two hours of lecture and two hours of laboratory a week.

421. Weight Management Principles. Credit 3 hours. Prerequisites: FCS 223 or FCS 251 or FCS 342 and Junior standing. Applications of the principles of weight management with emphasis on diet, exercise, and behavior modification.

431. Experimental Food Science. Credit 3 hours. Prerequisites: Chemistry 101 and 102, Family and Consumer Sciences 105 and Junior standing. Scientific investigations of special problems related to food preparation. One hour of lecture and four hours of laboratory a week.

432/532. Advanced Nutrition. Credit 3 hours. Prerequisite: FCS 342 or graduate status. A study of the science of nutrition and its application to normal diets. Review of results of recent and current research in the field.

441. Family Relations. Credit 3 hours. Prerequisite: Junior standing or approval of the Department Head. A study of family cycles, relationships within families, and the personal and social factors which affect family relations.

442/542. Special Topics in Family and Consumer Sciences. Credit 3 hours. Prerequisite: 18 semester hours in family and consumer sciences or departmental approval. Individual or group study of selected topics within the discipline of family and consumer sciences. May be repeated for up to 6 hours credit.

450. Purchasing Food and Equipment for Institutions. Credit 3 hours. Prerequisites: FCS 212 and 342. Functions of the wholesale market and selection and purchase of food and equipment for food service systems.

451. Quantity Food Production. Credit 3 hours. Prerequisite: FCS 111 or approval of the Department Head. Application of principles of cookery to preparation of food in large quantities. Study of menu planning for institutions, standardization of recipes, sanitation, storage and service of food. Emphasis on equipment work areas, and establishment of work standards. One hour of lecture and four hours of laboratory a week.

453. Food Service Systems Management. Credit 3 hours. Prerequisite or parallel: FCS 451. Study of systems planning, organization and administration, cost control, personnel management, and layout designs for food service establishments.

460/560. Housing, Equipment, and Organization in Nursery School Education. Credit 3 hours. Prerequisites: FCS 321 and Junior standing. Objectives and organization of nursery school and child care centers with emphasis on program planning, selection and use of materials and equipment, individual projects, reports and discussions. Three hours of lecture with observation and participation in the nursery school.

470. Presentations and Demonstrations in Family and Consumer Sciences. Credit 3 hours. Prerequisites: FCS 150, FCS 346, and Junior standing FCS majors and minors. A study of organization, development, delivery, and evaluation of effective presentations and demonstrations in the field of family and consumer sciences.

471. Resource Management. Credit 3 hours. Prerequisite: FCS 346, Senior standing and three semester hours in management. Theory and practical application of the principles and techniques of management. Six hours of class discussions, laboratory, and conferences per week.

480. Family & Consumer Sciences Study Tour. Credit 3 hours. Prerequisites: Limited to Family & Consumer Sciences majors and minors with a GPA of 2.0 and completion of FCS 140. Focus will include field study options in New Orleans, Dallas, Atlanta or New York with both pre-program and post-program class meetings. Can be repeated for up to nine hours of credit with approval of Department Head.

481. Fashion Promotion. Credit 3 hours. Prerequisite: FCS 140. Application of the principles of fashion coordination and promotion. Two hours of lecture and two hours of laboratory.

484. Visual Merchandising and Display. Credit 3 hours. Prerequisite: FCS 221. An application-oriented study to develop techniques in retail visual merchandising.

485. Current Trends and Issues in Family & Consumer Sciences. Credit 3 hours. Prerequisites: Limited to Family & Consumer Sciences majors and minors with a GPA of 2.0 and completion of FCS 140. A study of selected trends and issues in Family Consumer Science with emphasis on trend tracking and forecasting. Can be repeated for up to nine hours credit with approval of Department Head.

486. FCS Internship. Credit 3 hours. Prerequisites: FCS 150, 242, 346 and limited to FCS majors or minors. Understanding the operation and management of Family & Consumer Sciences career activities through supervised work experience in area of concentration. Can be repeated for up to nine hours of credit with approval of Department Head.

601. Special Studies in Family and Consumer Sciences. Variable credit: 1, 2 or 3 hours. Designed for vocational family and consumer sciences teachers. Concerned with current problems and development in family and consumer sciences education. Special emphasis to be identified for each workshop. May be repeated for up to three hours credit.

602. Special Studies in Family and Consumer Sciences. Variable credit: 1, 2 or 3 hours. Designed for vocational family and consumer sciences teachers. Concerned with current problems and development in family and consumer sciences education. Special emphasis to be identified for each workshop. May be repeated for up to three hours credit.

603. Special Studies in Family and Consumer Sciences. Variable credit: 1, 2 or 3 hours. Designed for vocational family and consumer sciences teachers. Concerned with current problems and development in family and consumer sciences education. Special emphasis to be identified for each workshop. May be repeated for up to three hours credit.

610. Family Relations. Credit 3 hours. A study of family relations including an examination of various family models and critical tasks common in various stages of family development.

MARRIAGE AND FAMILY THERAPY (MFT)

621. Introduction to Marriage and Family Therapy. Credit 3 hours. An introduction to the profession, major theories, and practices of marriage and family therapy, including the historical development and principle conceptualization of cybernetic and systems theory.

622. Advanced Theory in Marriage and Family Therapy. Credit 3 hours. Prerequisites: Admission to MFT Program track (Marriage and Family Therapy Program Track majors only) or permission of department head. A study of advanced theories of counseling and psychotherapy employed in the practices of marriage and family therapy. The course will include an examination of systems and cybernetic theory, as well as a study of the post-modernist perspectives of construction and social constructivism.

626. Techniques in Marriage and Family Therapy. Credit 3 hours. Prerequisites: Admission to MFT Program track (Marriage and Family Therapy Program Track majors only) or permission of department head. A pre-practicum course focusing on basic clinical interviewing procedures and interventions commonly used with couples and families, utilizing selected major theories of marriage and family therapy.

672. Couples and Marital Therapy. Prerequisites: Admission to MFT practicum. (Marriage and Family Therapy Program Track majors only) or permission of department head. A study of theory and procedures in couples and marital therapy. The course includes a review of current topics and research relating to the institution of marriage and other dyadic relationships.

683. Advanced Procedures in Family Therapy. Credit 3 hours. Prerequisites: Admission to MFT practicum. (Marriage and Family Therapy Program Track majors only) or permission of department head. A practicum course focusing on a study of specialized techniques utilized in the practice of marriage and family therapy. The course involves clinical activity and practice to refine interventions with couples and families.

693. Family Therapy Internship. Credit 3 hours (must be repeated for a total of 9 hours over a continuous 12 month period). Prerequisites: Admission to MFT Internship. (Marriage and Family Therapy Program Track majors only) or permission of department head. Supervised experience in a professional setting involving clinical work with couples and families.

SOCIAL WORK (SW)

101. Introduction to Social Work, Fields of Practice. Credit 3 hours. A survey of the resource and delivery systems in which social work is practiced. Emphasis will be given to both public and private agencies and various methodologies. Social Work values, ethics, skills and knowledge base are examined. An overview of the history of social welfare with an emphasis on fields of practice. Service gaps and biases will be identified.

201. History and Philosophy of Social Welfare and Social Work. Credit 3 hours. Prerequisite: Social Work 101 or permission of department head for non-majors. An historical survey of the history of social work and social organizations in the U. S. designed to meet social problems. Emphasis is given to Social Welfare laws and organizations as a reflection of culture and societal values. Attention is also given to the philosophical base of social work practice as reflected in the ethics and values of the profession.

202. Child Welfare Services. Credit 3 hours. An assessment of society's means of meeting physical, social, psychological and legal needs of children, including protective, court, health, placement, recreational and financial services.

203. Human Behavior in the Social Environment I. Credit 3 hours. Prerequisite: Social Work 101, Sociology 101, General Biology 106/109, Psychology 101, and registration for or prior credit for General Biology 107/110 or permission of the department head for non-majors. A study of the interaction of biological, psychological, and sociological factors in the formation of personality and the functioning of persons in the environment. Specific theories and tools of assessment of individuals are discussed.

204. Human Behavior in the Social Environment II. Credit 3 hours. Prerequisite: Social Work 203, Sociology 212, or permission of department head for non-majors. A study of the social system model as a basic way to think about behavior in the social environment. This model will be applied to society, communities, organizations, groups and families. Culture as a determinant of behavior will be examined. Additional factors such as rurality, poverty, membership in special populations, and gender differences will be addressed. Specific theories in relation to society are discussed.

205. Understanding Human Diversity and Populations at Risk. Credit 3 hours. Prerequisite: Sociology 101 and Social Work 101 or permission of the department head for non-majors. This course examines relationships between racial and ethnic groups as well as populations at risk in American and global society. Special emphasis is placed on conflict, discrimination, oppression, as well as empowerment strategies. Attention is given to development of skills in

cultural competence. Social action and change are presented within a strengths perspective.

304. Generalist Social Work Practice: Micro-Practice Skills. Credit 3 hours. Prerequisites: Social Work 101, 201, 202, 203, 204, 205, with a minimum grade of “C” and admission into professional standing. The primary purpose of this course is to prepare students for generalist social work practice with individuals and families. The course focuses on the problem solving model, case management, and communication skills. The course will identify practice skills that emphasize strengths, advocacy, empowerment, and change. Attention is given to population-at-risk.

305. Generalist Social Work Practice: Mezzo Practice Skills. Credit 3 hours. Prerequisites: Social Work 304 and admission into professional standing. The primary purpose of this course is to prepare students for generalist social work practice with diverse populations utilizing mezzo skills. It provides specific skills for working with families and groups. Particular attention is given to working in rural settings, to populations-at-risk and to economic and social justice issues. The course will identify practice skills that emphasize strengths, empowerment, advocacy and change.

306. Child Welfare – In Home Services. Credit 3 hours. Prerequisite: Social Work 202 and junior standing. This child welfare course looks at the generalist intervention model as it applies to in-home services to families and children. Family assessment theory/skills are reviewed. Families at risk and the effects of abuse and neglect on child development are discussed. The generalist approach to child protection and case planning skills are considered. The course concludes with a look at the separation of children from abusive/neglective families and the placement process.

307. Child Welfare – Substitute Services. Credit 3 hours. Prerequisites: Social Work 202 and junior standing. This course describes the generalist intervention model as it applies to the care of abused/neglected children from their placement into foster care to permanency planning and concludes with a look at family reunification. Recruitment of foster family parents and adoptive parents is explored, as well as services to children, foster parents, and adoptive parents.

360. Social Work Research Methods and Designs. Credit 3 hours. Prerequisites: SW 201, 204, and Math 241 or permission of the instructor. The principles and foundations of designing and conducting issues in social work research are examined. Emphasized are ethical issues in social work research and the relevance of evaluation skills.

361. Methods of Analysis and Dissemination. Credit 4 hours. Prerequisites: SW 360 and Math 241 or permission of instructor. This course focuses on the examination of selected research instruments used in data collection. Analytical

techniques (quantitatively and qualitatively) and general research management skills are also a focus of this course.

400/500. Independent Study. Credit 1-3 hours. Prerequisite: Permission of the instructor and the Department Head and Junior standing. An in-depth study of topics appropriate to generalist social work practice culminating in a research report. Student works with an instructor on a one-to-one basis. May be repeated in one to three hour credits for no more than 6 hours credit. New materials are investigated in each repeat.

402. Social Welfare Policy, A Framework for Analysis. Credit 3 hours. Prerequisites: Social Work 101, 201, 203, 204, or permission of department head for non-majors. The course will focus on the issues and conflicts raised by policy makers in designing social welfare policies and programs. A conceptual framework for social welfare policy analysis is explored. Techniques for advocacy, empowerment, and transformation are demonstrated.

406. Generalist Social Work Practice: Macro Practice Skills. Credit 3 hours. Prerequisites: Admission into professional standing and successful completion of Social Work 304. The primary purpose of this course is to prepare students for generalist social work practice with communities, organizations, and large groups. Special attention is paid to populations at risk and to economic and social justice issues, as well as to issues pertaining to working within bureaucracies. Techniques for program implementation and evaluation are demonstrated. Methods for community assessment, organization, and empowerment are examined.

422/522 [422UG]. Social Aspects of Aging. Credit 3 hours. Prerequisite: Junior or Senior standing. A study of the interactions of the aging individual with the institutions of society. Society's attitudes, values and provisions relating to the aged will be brought into focus with a view of providing social services.

495. Special Topics. Credit 3 hours. Prerequisites: Junior standing or consent of instructor. An in-depth study of selected topics in social work. May be repeated (when topic varies), for a total of six hours credit.

499. Internship. Credit 9 hours. Prerequisites: Completion of all required courses, and permission of the field director. This course consists of a minimum of 430 hours of field experience in a social agency under the direct supervision of a qualified social worker. An integrative seminar will be conducted each week in conjunction with the placement.