

# DEPARTMENT OF KINESIOLOGY AND HEALTH STUDIES

## PURPOSES OF THE DEPARTMENT

The Department of Kinesiology and Health Studies offers 5 undergraduate degrees: Bachelor of Science in Athletic Training, Bachelor of Science in Health Education and Promotion, Bachelor of Science in Health Studies, Bachelor of Science in Health and Physical Education Grades K-12, and Bachelor of Science in Kinesiology (with concentrations in Exercise Science, Fitness and Human Performance, and Sport Management). The undergraduate degree in Kinesiology (Exercise Science concentration) is designed for students who desire to pursue graduate study for a career in physical therapy. The department also offers a masters degree in Health and Kinesiology, with concentrations in Exercise Science, Health Studies, Health Promotion & Exercise Science, and Kinesiology. Sport and fitness activity classes (KINL prefix) are available to all students. Students in majors other than those in the Kinesiology and Health Studies Department are recommended to take 100-level KINL courses because of their lifetime emphasis.

The department's mission focuses on quality undergraduate preparation, graduate education, scholarship, and public service through outreach activities. Its educational goal is to prepare prospective health, kinesiology, and sport professionals with a quality foundation which will allow them to pursue professional roles in society through careers in business, industry, agencies, hospitals, and educational settings.

Computer literacy validation: Computer literacy is operationally defined in the Department of Kinesiology and Health Studies as the ability to use a computer, utilize common software for word processing, and data entry and processing, use email, and access information through the internet. Students who complete degrees in the department must use the computer for computer assisted learning including interactive programs, email, and the internet, thereby developing computer literacy.

Students majoring in degrees in the Kinesiology and Health Studies Department may be required to participate in a drug screening program and/or submit information for criminal background checks as part of clinical/practicum requirements.

## SENIOR PRACTICUM

Undergraduate degrees in Health Education and Promotion, Health Studies, and Kinesiology culminate with a senior practicum course during which students engage in practical experience in field-based sites. Prerequisites for all students include: senior standing, a cumulative or degree GPA of 2.0 or higher, earning a grade of C or higher in all indicated courses, and completion of all required courses in the degree, or all but one required course.

The senior practicum is an unpaid field experience, and sites must be in the area surrounding Hammond (e.g., Baton Rouge, Covington, Mandeville, New Orleans). During the semester prior to graduation, students begin preparation for the senior practicum. This includes applying for the senior practicum, identifying potential practicum sites, and completing a series of required tasks, including providing information for a criminal background check. Practicum sites must be approved by the department. Deadlines are established for required tasks, including site identification and the completion of a contract between the department and the site. If an internship site has not been approved and a contract completed by the deadline for such, students are required to select a site for which a current contract exists. Work at the practicum site cannot begin prior to the first day of classes and must be completed by the last day of the semester. All students must attend a practicum orientation session, usually scheduled during the week prior to the start of the semester, and participate in a drug screening program during the practicum. Additional information and prerequisites for each degree/concentration is provided below.

BS in Health Education and Promotion: Students majoring in Health Education and Promotion are eligible to enroll in HS 410 if they have completed all courses required in the degree, or all but one 3-4 hour course (i.e., lecture/lab). If a course remains, it must be taken in conjunction with HS 410. Prerequisites for HS 410 are all required Health Studies, Nursing, and Family and Consumer Sciences courses in the degree.

BS in Kinesiology (Exercise Science concentration): Students majoring in Kinesiology (EXSC) are eligible to enroll in KIN 410 if they have completed all courses required in the degree, or all but one 3-4 hour course (i.e., lecture/lab). If a course remains, it must be taken in conjunction with KIN 410. Prerequisite courses for this concentration are: KIN 321, 372, 392/393, 424 or 434, and 436. If the practicum is in a Cardiac Rehabilitation site, both KIN 424 and 434 must be completed prior to KIN 410.

BS in Kinesiology (Fitness and Human Performance concentration): Students majoring in Kinesiology (FHP) are eligible to enroll in KIN 410 if they have completed all courses required in the degree, or all but one 3-4 hour course (i.e., lecture/lab). If a course remains, it must be taken in conjunction with KIN 410. Prerequisite courses for this concentration are: KIN 321, 326, 372, 392/393, 424 or 434, and 436. If the practicum is in a Cardiac Rehabilitation site, both KIN 424 and 434 must be completed prior to KIN 410.

BS in Kinesiology (Health Promotion & Exercise Science concentration): Students majoring in Kinesiology (HPES) are eligible to enroll in KIN 410 if they have completed all courses required in the degree, or all but one 3-4 hour course (i.e., lecture/lab). If a course remains, it must be taken in conjunction with HS 410. Prerequisites for this concentration are: all required Health Studies courses, KIN 392/393, and either KIN 424 or 434. If the practicum is in a Cardiac Rehabilitation site, both KIN 424 and 434 must be completed prior to HS 410.

BS in Kinesiology (Sport Management concentration): Students majoring in Kinesiology (SMGT) are eligible to enroll in KIN 410 if they have completed all courses required in the degree, or all but one 3-4 hour course (i.e., lecture/lab). If a course remains, it must be taken in conjunction with KIN 410. Prerequisites for the SMGT concentration are: ENGL 322; FIN 381; MRKT 315; KIN 276, 366, 380, 406, and 451.

## HONORS DIPLOMA IN THE DISCIPLINE

The department also offers an upper-division honors curriculum allowing its students to earn an honors diploma in each *major* at graduation.

**CURRICULUM IN ATHLETIC TRAINING**  
LEADING TO THE DEGREE OF BACHELOR OF SCIENCE

		FIRST YEAR			
FIRST SEMESTER	S.H.			SECOND SEMESTER	S.H.
†English 101	3			†English 102	3
†Psychology 101	3			†Health Studies 132	2
†Chemistry 101/103 or 121/123	4			†Athletic Training 141	3
†General Biology 151/152	4			†Math 162, 163, or 241	3
†Math 161	3			†Zoology 250/252	4
Orientation 101	0-1			†Kinesiology 275	3
	17-18				18
			Summer		
†Zoology 251/253	4				
<b>SECOND YEAR</b>					
†Sociology 101	3			*Athletic Training 203	2
†Communication 211	3			*Athletic Training Lab 208	1
†English 230, 231 or 232	3			*Athletic Training 210	2
†History Elective	3			*Athletic Training 241	3
†Music, Visual Arts, Dance, or Theater	3			*Athletic Training Lab 244	2
†Nursing 233	3			†Kinesiology 372	3
	18			†Kinesiology 392/393	3
					16
<b>THIRD YEAR</b>					
*Athletic Training 300 <sup>1</sup>	1			*Athletic Training 315 <sup>1</sup>	1
*Athletic Training Lab 305	1			*Athletic Training Lab 320	1
†Family and Consumer Science 342	3			†Kinesiology 321	3
*Athletic Training Lab 358	1			*Kinesiology 326	3
*Athletic Training 363	3			*Athletic Training Lab 366	1
*Athletic Training Lab 370	1			*Athletic Training 367	3
*Athletic Training 371	3			*Athletic Training 382	2
	13				14
<b>FOURTH YEAR</b>					
*Athletic Training 400 <sup>1</sup>	1			*Athletic Training 415 <sup>2</sup>	1
*Athletic Training Lab 405	1			*Athletic Training Lab 420	1
*Athletic Training 455	3			†Kinesiology 436	3
*Athletic Training 462	3			*Athletic Training 466	3
*Athletic Training Lab 468	2			*Athletic Training 471	2
*Athletic Training 469	3			†Elective	3
	13			*Athletic Training Lab 470	1
					14
Total semester hours required					127-128

Orientation 101 is not required of transfer or readmitted Southeastern students with 30 hours or more.

†A grade of "C" or better required.

\*Clinical Progression Course; grade of "C" or better required.

**Computer Literacy Validation**

Computer literacy validation is defined by the Athletic Training Education Program as the ability to use a computer to input data, to use e-mail and to access data through the Internet. Students who complete the requirement for a major in Athletic Training must use computer assisted learning including interactive programs, must use e-mail, and must access data through the Internet. Therefore, all students who complete a major in Athletic Training are deemed computer literate.

<sup>1</sup>Provides the student with the opportunity to practice and apply the athletic training clinical proficiencies under the supervision of a qualified clinical instructor for a minimum of 225 hours per semester. An average of about 15 hours per week.

<sup>2</sup>Provides the student with the opportunity to practice and apply the athletic training clinical proficiencies under the supervision of a qualified clinical instructor for a minimum of 150 hours per semester. An average of about 10 hours per week.

**ATHLETIC TRAINING SELECTIVE PROGRESSION AND RETENTION POLICY**

The Department of Kinesiology and Health Studies of Southeastern Louisiana University reserves the right to recruit, admit, and retain only those students who demonstrate evidence of being academically, physically, mentally, and emotionally capable of performing safe acts of athletic training in a professional manner.

The Department of Kinesiology and Health Studies will permit only those students who have been formally accepted in the athletic training program to register for the following clinical progression courses:

Athletic Training (ATHT): 203, 210, 241, 300, 315, 363, 367, 371, 382, 400, 415, 462, 455, 466, 469, and 471;

Athletic Training Labs (ATLB): 208, 244, 305, 320, 358, 366, 370, 405, 420, 468, 470;

Kinesiology (KIN): 326.

Students are required to submit an application for admission into the athletic training clinical progression courses. The application must be favorably acted upon by the Department of Kinesiology and Health Studies Athletic Training

Admission and Retention committee before a student is allowed to enroll in the clinical athletic training progression courses. The number of students selected for progression each semester will vary according to the clinical resources.

**PROGRESSION PRUROCEDES AND POLICY**

Students are required to submit an application before enrolling in athletic training clinical progression courses.

- a) Applications are available in the Department of Kinesiology and Health Studies Department office and from the Athletic Training Education Program web page ([www.selu.edu/atep](http://www.selu.edu/atep)).
- b) The application for admission must be on file in the Department of Kinesiology and Health Studies office by October 15th at 4:30 p.m. in the fall semester to enroll in the following spring semester athletic training clinical progression courses
- c) All applications for admission will be processed by the Department of Kinesiology and Health Studies Athletic Training Admission and Retention committee. The student will be notified within three weeks of their status of being permitted to enroll in the athletic training clinical progression courses.
- d) Students who make application will be considered for progression using the following criteria:

**80% Academic Achievement**  
**20% Professional Experiences Related to Athletic Training**

The **“Academic Achievement” (80%)** is evaluated by the students completing their first \*39 credit hours with at least a \*\*2.5 GPA.

<u>Assignment of Point Value</u>	<u>Points</u>	<u>Percentage Score</u>
if GPA =3.83-> applicant earns	80 points	80%
if GPA = 3.64-3.82 applicant earns	70 points	70%
if GPA = 3.45-3.63 applicant earns	60 points	60%
if GPA = 3.26-3.44 applicant earns	50 points	50%
if GPA = 3.07-3.25 applicant earns	40 points	40%
if GPA = 2.88-3.06 applicant earns	30 points	30%
if GPA =2.69-2.87 applicant earns	20 points	20%
if GPA =2.50-2.68 applicant earns	10 points	10%
if GPA <2.50, application denied		

\*Students are allowed to be enrolled in any of the first 39 hours of the ATHT curriculum during the fall semester of application. The students are eligible to apply for admission but will not be accepted until the successful completion “C” or better and a 2.5 GPA is verified at the end of the fall semester.

\*\*If a student’s GPA falls below a 2.5 at the end of the Fall semester of application then he/she will no longer be eligible to enroll in the athletic training clinical progression courses.

Students may elect to temporarily waive ATHT 141 for application purposes if they produce a letter from a NATABOC certified athletic trainer stating that the student has obtained at least 300 hours of practical hands-on experience under their direct supervision at the collegiate, high school, clinical or professional sports level. The student will still have to complete this course prior to being awarded their degree.

The **“Professional Experiences” (20%)** is evaluated from students producing documentation of their experiences from the following criteria:

<u>Assignment of Point Value</u>	<u>Points</u>	<u>Percentage Score</u>
High School/College Athl Training Experience	(30 points max)	6%
Professional Confer/Meetings Attended	(30 points max)	6%
Extracurricular Act related to Athl Training	(20 points max)	4%
Certifications/Professional Memberships	(20 points max)	4%

The members of the Athletic Training Admission and Retention Committee individually award points per category based on the documentation provided by the applicant. The Admissions and Retention committee members interview each applicant and further verification could possibly be requested after the interview to substantiate the applicant’s claim of professional experiences. The points are awarded a numerical value and averaged with a maximum score of 100. The score is then converted to represent 20% of the applicant’s total score.

- e) A medical history and physical examination will be required prior to taking the first clinical progression courses and must be submitted to the Program Director. All forms are provided by the Department of Kinesiology and Health Studies and can be located in the main office. The criteria for evaluation of the physical examination is based on the “Core Performance Standards for Admission into the Athletic Training Education Program” and agency requirements. A copy of the standards can be obtained in the Kinesiology and Health Studies Department office and on the Athletic Training web page ([www.selu.edu/atep](http://www.selu.edu/atep)). Included in the medical history, students must also produce documentation of their vaccination status of Mumps, Measles, Rubella (MMR), Hepatitis B (or signed waiver) and TB skin test. An annual TB skin test will be required of all clinical students when enrolled in the clinical progression courses.

Students in the clinical athletic training progression courses are further required to submit evidence of current certification in cardiopulmonary resuscitation (American Red Cross-CPR for the Professional Rescuer, American Heart Association or National Safety council--HEALTHCARE Provider) before enrolling in any athletic training clinical progression course. Students must also maintain a current certification throughout their clinical progression courses. Any student not complying will be withdrawn from athletic training progression courses.

## RETENTION PROCEDURES AND POLICY

- a) After students have been accepted for progression in the athletic training program, students must maintain a degree GPA of 2.5 or better with a grade of "C" or better in each required athletic training clinical progression course.
- b) Students who complete an athletic training clinical progression course with less than a "C" may not progress to the next semester of clinical athletic training progression courses.
- c) Students who complete an athletic training clinical progression course with less than a "C" will only be permitted to enroll in that course twice.
- d) Students who complete an athletic training clinical progression course with less than a "C" will only be permitted to repeat two athletic training clinical progression courses.

The Athletic Training Admission and Retention committee will review the status of students and take proper action on matters as described below:

- a) When faculty members request the committee to review the continued eligibility of a student.
- b) When grades of a student warrant such a review (failing grades, University appeals, etc.).
- c) When faculty members report that the behavior of a student in the Athletic Training Education Program indicates a need for review. The expected behavior is outlined and described in the "Athletic Training Clinical Behavioral Standards". A copy of the standards can be located in the Department of Kinesiology and Health Studies office and in the Clinical Student's Handbook.

## EQUIPMENT AND SUPPLIES

Students are responsible for providing the following equipment and supplies:

Fanny pack  
Tape scissors  
Shears  
Stethoscope  
Safety glasses  
CPR mask with oxygen inlet  
Penlight  
Daily uniform t-shirt for wear with appropriate pants/shorts  
Game uniform collar shirt and khaki pants/shorts

## FIELD EXPERIENCES TRANSPORTATION

Students are responsible for their own transportation to and from clinical sites.

## UNIFORM POLICY

Students are expected to adhere to the following uniform policy:

1. Athletic Training approved shirts.
2. Shorts (no cut-off jean shorts, not restrictive in fit, not greater than 6" above the knee).
3. Blue Jeans (no holes, not restrictive in fit).
4. Sweat Pants (no holes; not restrictive in fit; Colors: gray, black, white or SLU Colors).
5. Nylon Warm Up Pants (no holes; Colors: gray, black, white, or SLU Colors).
6. Game: Khaki pants or shorts, (not restrictive in fit, shorts not greater than 6" above the knee), no blue jeans/denim.
7. Fanny Pack with required supplies.
8. Optional: Hats worn should be in SLU colors/logos (No hats worn indoors).

## ATHLETIC TRAINING LAB FEE

Athletic Training lab courses are assessed a lab fee as listed in the University General Catalogue not to exceed \$50.00 per semester.

## BACHELOR OF SCIENCE IN HEALTH AND PHYSICAL EDUCATION TEACHER EDUCATION

The Bachelor of Science in Health and Physical Education Grades K-12 fulfills Louisiana requirements for teacher certification in both health and physical education (K-12). Graduation requirements include a 2.5 GPA and earning a grade of "C" or better in all major courses plus courses in mathematics, English, and the sciences. Students must also earn passing scores on teacher licensure exams (PRAXIS), participate in a group interview screening process, complete a professional portfolio, and meet other requirements of the University's teacher education program described in the College of Education and Human Development's section of this catalogue.

## CURRICULUM IN HEALTH AND PHYSICAL EDUCATION Grades K-12 LEADING TO THE DEGREE OF BACHELOR OF SCIENCE

FIRST SEMESTER

S.H.

FIRST YEAR

SECOND SEMESTER

S.H.

*English 101 .....	3	*English 102.....	3
*Mathematics 161 .....	3	*Mathematics 162 or 241 .....	3
†Health Studies 132 .....	2	*Chemistry 101/103 or 121/123 .....	4
*General Biology 151/152 .....	4	†Kinesiology 191 .....	1
†Kinesiology Lab 2xx <sup>1</sup> .....	1	History 201 or 202 .....	3
*Psychology 101 .....	3	†Health Studies 131 .....	2
Orientation 101 .....	0-1	†Kinesiology Lab 2xx <sup>1</sup> .....	1
	16-17		17

SECOND YEAR

*English 230, 231, or 232 .....	3	†Kinesiology 275 .....	3
*Zoology 250/252 .....	4	†Kinesiology Lab 2xx <sup>1</sup> .....	1
†Kinesiology Lab 2xx <sup>1</sup> .....	1	†Kinesiology Lab 2xx <sup>1</sup> .....	1
†Kinesiology Lab 2xx <sup>1</sup> .....	1	†Educational Psychology 301 .....	3
††Education 201 .....	2	†Kinesiology 251 .....	3
†Education 211 .....	1	Social/Behavioral Elective <sup>2</sup> .....	3
Communication 210 .....	3	†Health Studies 162 .....	3
	15		17

THIRD YEAR

†Kinesiology 321 .....	3	†Kinesiology 431 .....	3
†Kinesiology 392/393 .....	3	†Kinesiology 443 .....	3
†Educational Psychology 315 .....	3	†Health Studies 461 .....	3
†Health Studies 251 .....	3	†Kinesiology Lab 2xx <sup>1</sup> .....	1
†Kinesiology Lab 2xx <sup>1</sup> .....	1	†Kinesiology Lab 2xx <sup>1</sup> .....	1
†Kinesiology Lab 2xx <sup>1</sup> .....	1	†Kinesiology 351 .....	3
†Kinesiology 436 .....	3	Music, Art, Dance, or Theater .....	3
	17		17

FOURTH YEAR

†Kinesiology 372 .....	3	†Education 486 .....	9
†Kinesiology 460 .....	3		9
†Education 472 .....	3		
†Kinesiology 491 .....	3		
†Health Studies 402 .....	3		
	15		

Total semester hours required 123-124

Orientation 101 is not required of transfer or readmitted Southeastern students with 30 hours or more.

† Major course; grade of C or higher is required.  
 †† Major course; grade of B or higher is required.  
 \* Grade of "C" or higher is required.

<sup>1</sup> Kinesiology Labs required for this degree are: 209, 210, 212, 213, 214, 217, 218, 219, 221, 222.

<sup>2</sup> Social/Behavioral Electives must be selected from Anthropology, Economics, Geography, Political Science, Psychology, and Sociology.

BACHELOR OF SCIENCE IN KINESIOLOGY

Students pursuing the Bachelor of Science in Kinesiology select from three concentrations: Exercise Science, Fitness and Human Performance, or Sport Management. Graduation requirements of this degree include a 2.0 GPA and earning a grade of "C" or better in all major courses plus courses in mathematics, English, and the sciences.

CURRICULUM IN KINESIOLOGY  
 LEADING TO THE DEGREE OF BACHELOR OF SCIENCE  
 EXERCISE SCIENCE CONCENTRATION

FIRST SEMESTER	FIRST YEAR	SECOND SEMESTER	S.H.
*Chemistry 121/123 .....	S.H. 4	*Chemistry 122/124 .....	S.H. 4
*General Biology 151/152 .....	4	*English 102 .....	3
*English 101 .....	3	*Mathematics 162 .....	3
*Mathematics 161 .....	3	†Kinesiology 191 .....	1
*Psychology 101 .....	3	†Kinesiology Laboratory 214 .....	1
Orientation 101 .....	0-1	†Health Studies 132 .....	2
	17-18	Social/Behavioral Elective <sup>1</sup> .....	3
			17
SECOND YEAR			
*English 230, 231, or 232 .....	3	Communication 211 .....	3

†Kinesiology 275.....	3
History Elective .....	3
*Physics 191/193 .....	4
*Zoology 250/252 .....	4
	<u>17</u>

*Physics 192/194.....	4
†Kinesiology Laboratory .....	1
*Mathematics 241.....	3
*Zoology 251/253 .....	4
†Kinesiology Laboratory.....	1
	<u>16</u>

THIRD YEAR

†Kinesiology 321.....	3
†Kinesiology 372.....	3
†Kinesiology 392/393.....	3
†Family and Consumer Sciences 342 .....	3
*General Biology 200.....	3
†Kinesiology 362.....	3
	<u>18</u>

*Chemistry 261/263 or 265/267 .....	4
†Kinesiology 436 .....	3
†Kinesiology Laboratory.....	1
*English 322.....	3
Music, Art, Dance, or Theatre .....	3
†Kinesiology 424.....	3
	<u>17</u>

FOURTH YEAR

FIRST SEMESTER

†Kinesiology 434.....	3
†Health Studies 131.....	2
†Kinesiology 326.....	3
†Family and Consumer Sciences 411 or 432 .....	3
Electives .....	4
	<u>15</u>

SECOND SEMESTER

†Kinesiology 410.....	<u>6</u>
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Total semester hours required:

123-124

Orientation 101 is not required of transfer or readmitted Southeastern students with 30 hours or more.

† Major course, grade of "C" or higher is required.

\* Grade of "C" or higher is required.

<sup>1</sup> Social/Behavioral Electives must be selected from Anthropology, Economics, Geography, Political Science, Psychology, and Sociology.

CURRICULUM IN KINESIOLOGY  
LEADING TO THE DEGREE OF BACHELOR OF SCIENCE  
FITNESS AND HUMAN PERFORMANCE CONCENTRATION

FIRST YEAR

FIRST SEMESTER

*Chemistry 101/103 or 121/123 .....	4
*General Biology 151/152 .....	4
*English 101 .....	3
*Mathematics 161 .....	3
†Kinesiology 191.....	1
†Health Studies 132.....	2
Orientation 101 .....	0-1
	<u>17-18</u>

SECOND SEMESTER

*Zoology 250/252 .....	4
*English 102 .....	3
*Health Studies 162.....	3
†Kinesiology Laboratory.....	1
Social/Behavioral Elective <sup>1</sup> .....	3
*Mathematics 162 or 241.....	3
	<u>17</u>

SECOND YEAR

*English 230, 231, or 232 .....	3
Music, Art, Dance, or Theatre.....	3
History Elective .....	3
*Zoology 251/253.....	4
*Psychology 101 .....	3
†Kinesiology Lab 214.....	1
	<u>17</u>

Communication 211.....	3
*Psychology 204.....	3
Elective .....	3
*Management 141, or Marketing 303 or 314 .....	3
†Kinesiology 392/393 .....	3
†Kinesiology 275 .....	3
	<u>18</u>

THIRD YEAR

†Kinesiology 321.....	3
†Kinesiology 424.....	3
†Kinesiology 365.....	3
†Kinesiology 326.....	3
†Kinesiology 362.....	3
†Kinesiology Laboratory .....	1
	<u>16</u>

†Kinesiology 372 .....	3
†Kinesiology 434 .....	3
*Health Studies 362.....	3
*English 322 .....	3
†Family and Consumer Sciences 342.....	3
†Kinesiology Laboratory .....	1
	<u>16</u>

FOURTH YEAR

†Kinesiology 436.....	3
*Health Studies 453 .....	3

†Kinesiology 410 .....	<u>6</u>
	<u>6</u>

*Health Studies 454 .....	3
*Family and Consumer Sciences 411 or 432.....	3
Elective .....	2
†Health Studies 131.....	<u>2</u>
	16

Total semester hours required: .....123-124

Orientation 101 is not required of transfer or readmitted Southeastern students with 30 hours or more.

† Major course; grade of C or higher is required.

\* Grade of "C" or higher is required.

<sup>1</sup> Social/Behavioral Electives must be selected from Anthropology, Economics, Geography, Political Science, Psychology, and Sociology.

### CURRICULUM IN KINESIOLOGY LEADING TO THE DEGREE OF BACHELOR OF SCIENCE SPORT MANAGEMENT CONCENTRATION

FIRST SEMESTER		S.H.	FIRST YEAR		S.H.
			SECOND SEMESTER		
History Elective .....	3		†Kinesiology 232 .....	3	
*General Biology 151/152.....	4		*English 102.....	3	
*English 101 .....	3		*Mathematics 162 or 241.....	3	
*Mathematics 161 .....	3		*Chemistry 101/103 or 121/123.....	4	
†Kinesiology 191.....	1		Communication 211 .....	3	
†Health Studies 132.....	2		†Health Studies 131 .....	<u>2</u>	
Orientation 101 .....	<u>0-1</u>			18	
	16-17				

SECOND YEAR		S.H.	
*English 230, 231, or 232 .....	3		
†Kinesiology 275.....	3		
Music, Art, Dance, or Theatre .....	3		
*Accounting 200.....	3		
*Economics 102.....	3		
†Kinesiology Lab 214.....	<u>1</u>		
	16		
		SECOND YEAR	
		*Zoology 250/252.....	4
		*Health Studies 162.....	3
		†Kinesiology 276 .....	3
		*Psychology 101 .....	3
		*Business Technology 210.....	3
		†Kinesiology Laboratory .....	<u>1</u>
			17

THIRD YEAR		S.H.	
*Finance 381 .....	3		
†Kinesiology 362.....	3		
*Marketing 303.....	3		
Social/Behavioral Elective <sup>1</sup> .....	3		
†Kinesiology 366.....	3		
*English 322.....	<u>3</u>		
	18		
		THIRD YEAR	
		†Kinesiology 380 .....	3
		†Family and Consumer Sciences 342.....	3
		†Kinesiology 321 .....	3
		Elective .....	3
		*Marketing 315.....	3
		†Kinesiology Laboratory .....	<u>1</u>
			16

FOURTH YEAR		S.H.	
†Kinesiology 451.....	3		
†Kinesiology 406.....	3		
†Kinesiology 436.....	3		
Electives.....	6		
†Kinesiology Laboratory .....	<u>1</u>		
	16		
		FOURTH YEAR	
		†Kinesiology 410 .....	<u>6</u>
			6

Total semester hours required.....123-124

Orientation 101 is not required of transfer or readmitted Southeastern students with 30 hours or more.

† Major course, Grade of "C" or higher is required.

\* Grade of "C" or higher is required.

<sup>1</sup> Social/Behavioral Electives must be selected from courses in Anthropology, Geography, Political Science, Psychology, and Sociology.

NOTE: A maximum of 30 hours can be completed in Business areas (Business Technology, Economics, Finance, General Business, Management, and Marketing).

## BACHELOR OF SCIENCE IN HEALTH STUDIES

The Bachelor of Science in Health Studies is designed to prepare graduates of certificate and/or associate degree programs in health care specialties for entry-level management, supervisory, or health education positions. Admission is limited to individuals who are currently enrolled in, or have completed an accredited certificate or associate degree program in a health care specialization (e.g., radiologic technology). The program will provide the junior and senior-level coursework needed for the Bachelor of Science Degree. The length of study will vary based on the student's prior academic experience. Some students, especially those from certificate programs, will require additional coursework at the freshman or sophomore levels to meet core general education curriculum requirements for graduation. Graduation requirements include a 2.0 GPA, and earning a grade of "C" or better in all major courses plus courses in mathematics and English, graduation from or completion of an accredited certificate or associate degree clinical allied health program, and meeting requirements for licensure/registration/certification to practice as a health care professional.

### CURRICULUM IN HEALTH STUDIES LEADING TO THE DEGREE OF BACHELOR OF SCIENCE

FIRST SEMESTER	S.H.	THIRD YEAR	SECOND SEMESTER	S.H.
*English 230, 231, or 232 .....	3		†Health Studies 313 .....	3
Communication 211 .....	3		†Sociology 300 .....	3
*Mathematics 241 .....	3		†Nursing 233 .....	3
†Health Studies 351 .....	3		†Health Studies 331 .....	3
†Health Studies 260 .....	3		†Health Studies 320 .....	3
	15			15
		FOURTH YEAR		
Music, Art, Dance, or Theater .....	3		†Health Studies 499 .....	3
*English 322 .....	3		†Health Studies 440 .....	3
History Elective .....	3		Elective <sup>1</sup> .....	3
†Health Studies 360 .....	3		†Health Studies 312, 362, 453, or 462 .....	3
†Health Studies 401 .....	3		†Health Studies 312, 362, 453, or 462 .....	3
†Health Studies 454 .....	3			15
	18			

† Major course, Grade of "C" or higher is required.

\* Grade of "C" or higher is required.

<sup>1</sup> Must be 300 or 400 level.

Admission Requirements: Candidates must apply for admission into this program. Admission criteria include: (a) a minimum cumulative GPA of 2.30 on all undergraduate coursework completed, and (b) proof of concurrent enrollment in or completion of an accredited certificate and/or associate degree clinical allied health program, and (c) completion of the following course requirements:

- English Composition (6 hours)
- Mathematics (3 hours, College Algebra or equivalent)
- Natural Science (9 hours; must include a two-course sequence)
- Introductory Sociology (3 hours)

Degree requirements: The degree requires completion of a total of 123-124 hours, the 63 specified above and an additional 60-61 hours. Up to 30 of these hours may be awarded for clinical specialty coursework when students (1) complete an approved Associate Degree or graduate from an approved certificate program, and (2) meet the requirements for licensure/registration/certification in a clinical health care specialty.

NOTE: Students are eligible to declare this major while enrolled in an approved Associate Degree or professional program, but are not eligible to enroll in HS 499 (Senior Practicum) until they (1) complete the Associate Degree or graduate from the certificate program, and (2) meet the requirements for licensure/registration/certification in a clinical health care specialty.

## BACHELOR OF SCIENCE IN HEALTH EDUCATION AND PROMOTION

The Bachelor of Science (BS) in Health Education and Promotion contains two concentrations: Community Health Promotion and Worksite Health Promotion. This degree will include course work to prepare individuals for employment in community and worksite health institutions, agencies and organizations. Graduates will be prepared with the skills and competencies of the Certified Health Education Specialist (CHES).

### CURRICULUM IN HEALTH EDUCATION AND PROMOTION



**LEADING TO THE DEGREE OF BACHELOR OF SCIENCE  
COMMUNITY HEALTH PROMOTION CONCENTRATION**

FIRST SEMESTER		FIRST YEAR		SECOND SEMESTER	
	S.H.		S.H.		S.H.
†Chemistry 101/103 or 121/123 .....	4	†Zoology 250/252.....	4	†English 102.....	3
†General Biology 151/152 .....	4	†Math 241.....	3	†Health Studies 131 .....	2
†English 101 .....	3	†Health Studies 133 .....	3	Sociology 101 .....	3
†Math 161 .....	3	Orientation 101 <sup>1</sup> .....	0-1		
†Psychology 101.....	3		17-18		18
Orientation 101 <sup>1</sup> .....	0-1	SECOND YEAR			
	17-18	†English 230, 231, or 232 .....	3	†Communication or 211 .....	3
		Music, Visual Arts, Dance, Theatre Elective.....	3	†Zoology 251/253.....	4
		History 201 or 202 .....	3	†Management 141 .....	3
		Computer Science Elective.....	3	†Health Studies 252 .....	3
		†Health Studies 162.....	3	†Health Studies 260 .....	3
		†Health Studies 251.....	3		
	18				16
		THIRD YEAR			
		† Health Studies 360.....	3	† Health Studies 331 .....	3
		† Health Studies 312.....	3	† Health Studies 320 .....	3
		†Family and Consumer Sciences 342 .....	3	†Health Studies 453 .....	3
		†Nursing 313.....	3	†Marketing 303, 314, 321, or 342 .....	3
		†Major Elective <sup>2</sup> .....	3	†Major Elective <sup>2</sup> .....	3
			15		15
		FOURTH YEAR			
		† Health Studies 362.....	3	† Health Studies 410 <sup>1</sup> .....	6
		† Health Studies 401.....	3		
		† Health Studies 454.....	3		
		†Family and Consumer Sciences 411 .....	3		
		†Major Elective <sup>2</sup> .....	6		
	18				6
Total semester hours required .....					123-124

<sup>0</sup>Students should check the catalog for prerequisites to this course.

† A grade of C or higher is required.

<sup>1</sup>Orientation 101 is not required of transfer or readmitted Southeastern Students with 30 hours or more

<sup>2</sup>Community Health Promotion students are to select 12 hours of electives from the following: HS 351, 430, 439, 462, 463, 464; KIN 230, KINL up to 3 hours; English 322; MGMT 351; NURS 214, 215, 231, PSYC 204.

<sup>3</sup>All coursework must be completed before the Practicum is begun. Minimum of 320 practicum hours required.

**CURRICULUM IN HEALTH EDUCATION AND PROMOTION  
LEADING TO THE DEGREE OF BACHELOR OF SCIENCE  
WORKSITE HEALTH PROMOTION CONCENTRATION**

FIRST SEMESTER		FIRST YEAR		SECOND SEMESTER	
	S.H.		S.H.		S.H.
†Chemistry 101/103 or 121/123 <sup>0</sup> .....	4	†Zoology 250/252.....	4	†English 102.....	3
†General Biology 151/152 .....	4	†Math 241.....	3	†Health Studies 131 .....	2
†English 101 .....	3	†Health Studies 133 .....	3	Sociology 101 .....	3
†Math 161 .....	3	Orientation 101 <sup>1</sup> .....	0-1		
†Psychology 101.....	3		17-18		18
Orientation 101 <sup>1</sup> .....	0-1	SECOND YEAR			
	17-18	†English 230, 231, or 232 .....	3	†Communication or 211 .....	3
		Music, Visual Arts, Dance, Theatre Elective.....	3	†Zoology 251/253.....	4
		History 201 or 202 .....	3	†Management 141 .....	3
		Computer Science Elective.....	3	†Health Studies 252 .....	3
		†Health Studies 162.....	3	†Health Studies 260 .....	3
		†Health Studies 251.....	3		
	18				16
		THIRD YEAR			
		† Health Studies 360.....	3	† Health Studies 331 .....	3
		† Health Studies 312.....	3	† Health Studies 320 .....	3

†Family and Consumer Sciences 342 .....	3	†Health Studies 453 .....	3
†Nursing 313.....	3	†Marketing 303, 314, 321, or 342 .....	3
†Major Elective <sup>2</sup> .....	3	†Major Elective <sup>2</sup> .....	3
	15		15
FOURTH YEAR			
† Health Studies 362.....	3	† Health Studies 410 <sup>3</sup> .....	6
† Health Studies 401.....	3		
† Health Studies 454.....	3		
†Family and Consumer Sciences 411 .....	3		
†Major Elective <sup>2</sup> .....	6		
	18		6
Total semester hours required .....			
123-124			

° Students should check the catalog for prerequisites to this course.

† A grade of C or higher is required.

<sup>1</sup>Orientation 101 is not required of transfer or readmitted Southeastern Students with 30 hours or more

<sup>2</sup>Worksite Health Promotion students are to select 12 hours of electives from the following: HS 351, 430, 439, 462, 463, or 464; KIN 230, KIN 392/393, KIN 424, KIN 434, KINL up to 3 hours; MRKT 321, 342; MGMT 351; NURS 231, PSYC 204.

<sup>3</sup>All coursework must be completed before the Practicum is begun. Minimum of 320 practicum hours required.

### HEALTH PROMOTION MINOR

Students not majoring in Kinesiology may elect to minor in Health Promotion. It is strongly recommended that students meet with KHS department advisor before starting on the minor. Twenty-four hours in Health Studies are required for a minor in Health Promotion. Fifteen of these hours must be in 300-or-400 level courses

The following courses are required to complete this minor.

†Health Studies 133	3	†Health Studies 453	3
†Health Studies 312 or 362	3	†Health Studies 454	3
†Health Studies 320	3	†Health Studies Electives	9
			24

Health Studies Electives must be selected from: HS 162, 251, 252, 312, 331, 351, 360, 362, 401, 430, or 439. FCS 342 or 411 may be used as one of the elective courses.

†Grade of C or higher is required

### HEALTH EDUCATION MINOR

Students must meet the requirements for a certified minor teaching field in Health Education by completing the following courses in addition to the successful completion of a teacher education major field of study. It is strongly recommended that students meet with KHS department advisor before starting on the minor.

† Health Studies 131	2	† Health Studies 401	3
† Health Studies 133	3	† Health Studies 461	3
† Health Studies 320	3	† Health Studies Electives	12
			26

†A grade of "C" or better is required.

Health Studies electives must be selected from HS 162, HS 251, HS 252, HS 351, and FCS 342.

### HEALTH AND PHYSICAL EDUCATION MINOR

Students must meet the requirements for a certified minor teaching field in Health and Physical Education by completing the following courses in addition to the successful completion of a teacher education major field of study. It is strongly recommended that students meet with KHS department advisor before starting on the minor.

†Kinesiology 214	1	†Kinesiology 431	3
†Kinesiology Lab <sup>1</sup>	5	† Health Studies 131	2
†Kinesiology 351 or Education 485 <sup>2</sup>	3	† Health Studies 133	3
†Kinesiology 372	3	† Health Studies 401	3
†Kinesiology 392/393	3	† Health Studies 461	3
†Kinesiology 321/491	3	† Health Studies Electives <sup>3</sup>	6
			38

†A grade of "C" or better is required.

<sup>1</sup>KINL must be selected from KINL 209, 210, 212, 213, 215, 216, 217, 218, 219.

<sup>2</sup>Students completing secondary teacher certification in another content area (e.g., Social Studies, Math, etc.) must take KIN 351 to meet this requirement.

<sup>3</sup>HS Electives must be selected from HS 162, 251, 252, 351, and FCS 342

### ADAPTED PHYSICAL EDUCATION

#### I. Basic Requirements

Certification is required in Physical Education Teacher Education and the completion of the courses listed below.

†Special Education 200 or 600	3	†Kinesiology Education 431	3
†Kinesiology 321 or 612	3		
			9

#### II. Specialized Requirements

In addition to basic certification requirements, specialized Adapted Physical Education certification requires a minimum of 12 semester hours.

†Kinesiology 491 or 591	3	†Kinesiology 493 or 593	3
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†Kinesiology 492 or 592	3	†Kinesiology 494 or 594	3
†A grade of "C" or better is required.			12

### **EXERCISE SCIENCE MINOR**

Students not majoring in Kinesiology may elect to minor in Exercise Science. It is strongly recommended that students meet with KHS department advisor before starting on the minor in Exercise Science. The following courses are required to complete this minor:

Kinesiology 321	1	Kinesiology 424	3
Kinesiology 372	5	Kinesiology 326 or 434	3
Kinesiology 392/393	3	Kinesiology 365 or 436	3
			18