



Southeastern Louisiana University

Department of Kinesiology & Health Studies

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Purposes of the Department

The Department of Kinesiology and Health Studies includes study in the areas of health fitness, athletic training, pedagogy, kinesiology, and sports for specialization and/or certification. The Department is committed to five distinct and independent missions:

1. Pre-service teacher preparation,
2. Non-teaching preparation in health promotion, sport management, dance, athletic training, and exercise science,
3. Graduate education,
4. Scholarship, and
5. Public service through outreach activities.

The educational goal is to prepare prospective health and kinesiology educators with a quality foundation which will allow them to assume professional roles in society through careers in business, industry, agencies, hospitals, and educational settings. A variety of sport, fitness, and dance activity classes are available to all students in the University. Non-kinesiology majors are recommended to take 100 level kinesiology laboratory courses because of their life-time emphasis.

A master's degree is offered in Health and Kinesiology. Within the degree are concentrations in health studies, health promotion and exercise science, kinesiology, and exercise science.

Honors Diploma in the Discipline

The department also offers an upper-division honors curriculum allowing its students to earn an honors diploma in the major at graduation. For information about requirements and honors courses in this department, please contact the Department Head.

Teacher Certification and Concentrations

HEALTH AND PHYSICAL EDUCATION TEACHER CERTIFICATION

Students who wish to teach and/or coach must be certified in teacher education. A grade of C must be maintained in all major and professional education courses, and a degree GPA of 2.5 is required for graduation. Please refer to the section on Teacher Education Requirements in the catalogue. A change from teacher certification to a non-teaching option (or vice-versa) will require a catalogue change.

Non-Teaching Concentrations

Students who wish to pursue a Kinesiology major without teacher certification must complete all of the required courses in one of the Concentrations below. A grade of "C" in all major courses and a 2.0 degree GPA are required for graduation. A change within non-teaching options will not require a catalogue change; however, a change from a non-teaching option to teacher certification (or vice-versa) will require a catalogue change.

Curriculum in Kinesiology

Leading to the Degree of Bachelor of Arts

FIRST YEAR			
FIRST SEMESTER	S.H.	SECOND SEMESTER	S.H.
Chemistry 121/123 2 or 106 or Physics 142 1 or 191/193	4	ZOO Elect. (Anatomy/Physiology)	4
GBIO 151/152	4	†English 102	3
English 101	3	History 201 or 202	3
Mathematics 160 or 161	3	Mathematics 162, 163, or 241	3
Orientation 101	0-1	†Kinesiology 191	1
†Kinesiology Laboratory 2	1	†Kinesiology Laboratory 2	1
†Health Studies 132	2	Social Studies Elective	3

17-18

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SECOND YEAR

FIRST SEMESTER	S.H.	SECOND SEMESTER	S.H.
English 230 or 232	3	Communication 211	3
Music, Visual Arts, Dance, or Theater	3	Computer Science Elective	3
Social Studies Elective	3	English 231 or 232	3
†Kinesiology Laboratories 2	2	†Concentration Requirements 3	6
†Concentration Requirement 3	3	†KIN 275, 362, 424, HS 251, 341, or Dance 302 5	3
Elective 4	3		
	17		18

THIRD YEAR

FIRST SEMESTER	S.H.	SECOND SEMESTER	S.H.
†Kinesiology 321	3	†Kinesiology 372	3
†Kinesiology 392/393	3	†Kinesiology 436	3
†Concentration Requirements 3	9	†Concentration Requirements 3	6-9
Electives 4	0-3	†KIN 424, 431, DNC 371, Math 241, or MRKT 232 5	3
	15-18		15-18

FOURTH YEAR

FIRST SEMESTER	S.H.	SECOND SEMESTER	S.H.
†Concentration Requirements 3	9	Professional Practicum (Practicum or Student Teaching) Appropriately select one of the following:	
†KIN 434, 443, 451, 462, HS 320 or DNC 281 5	3	KIN 410 or HS 410 or	6
Electives 4	0-6	KIN 470 and 471 or	9
Physics 191		EDUC 486	0-3
Physics Laboratory 193		Electives 4	6-9
†General Biology 441			

Total Minimum Semester Hours Required 130-131

Orientation 101 is not required of transfer or readmitted Southeastern students with 30 hours or more.

† A grade of "C" or higher is required.

° Students should check the catalog for prerequisites to this course.

1 Only for education majors/teacher certification programs.

2 Students in the Athletic Training Concentration will take KINL 113, 214, 225 and 355.

3 Specific courses and number of courses are determined by the concentration area. Student should see advisor.

4 Each concentration has differing number of electives. Students should see their advisors. Students in the Athletic Training Concentration will take CHEM 101, ZOO 251/253, FCS 342, HS 366, and 2 hours of electives. Students in the Teacher Certification Concentration will use six hours of electives to meet the following additional requirements for Certification in the State of Louisiana: Choose from HS 162, 251, 452, or FCS 342.

5 Specific core course is determined by the concentration area. Student should see advisor.

Concentration Electives

Concentration in Athletic Training

Electives	15
HS 344	3
HS 355	3
KIN 203	2
KIN Lab 208	1
KIN 241	3
KIN 275	3
KIN 360	3
KIN 363	3

KIN 364	3
KIN 367	3
KIN 468	3
KIN 469	3
	51

Concentration in Exercise Science

Electives	18
KIN 214	1
CHEM 122/124	4
CHEM 265/267	4
ENG 322	3
FCS 342	3
FCS 432	3
PHYS 191/193	4
PHYS 191/194	4
ZOO 251/253	4
	48

Concentration in Health and Physical Education Teacher Preparation

Electives	9
KIN 351	3
KIN 491	3
KINL	6
HS 131	2
HS 401	3
HS 461	4
EDUC 202	3
EDUC 472	3
EDUC 485	3
EDUC 488	1
EPSY 301	3
EPSY 315	3

Select from the following one semester hour KIN Methods Labs for Majors:

KIN 209	1
KIN 210	1
KIN 212	1
KIN 213	1
KIN 214	1
KIN 215	1
KIN 216	1
KIN 217	1
KIN 218	1
KIN 219	1

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Note: Teacher Education students must utilize six hours of electives to meet Louisiana Certification Requirements

Elective Choose from HS 162, 251, 452, or FCS 342

Concentration in Health Promotion and Exercise Science

Electives	18
HS 162	3
HS 401	3
HS 451	3
HS 453	3
HS 454	3
KIN 434	3
ENGL 322	3
PSYC 204 or 422	3
FCS 342	3

FCS 411	3
MGMT 141, MRKT 303 or 314	3
	51

Concentration in Sport Management

Electives	18
KIN 276	3
KIN 380	3
ACCT 200	3
FIN 381	3
MGMT 231	3
MGMT 351	3
MGMT 471	3
MGMT 473	3
MRKT 303	3
MRKT 321	3
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Health Education Minor

Students must meet the requirements for a certified minor teaching field in Health Education by completing the following courses in addition to the successful completion of a teacher education major field of study. It is strongly recommended that students meet with KHS department advisor before starting on the minor.

†HS 131	2	†HS 401	3
†HS 133	3	†HS 461	3
†HS 320	3	†HS Electives	12
			26

†A grade of "C" or better is required.

1HS electives must be selected from HS 162, HS 251, HS 252, HS 351, and FCS 342.

Health and Physical Education Minor

Students must meet the requirements for a certified minor teaching field in Health and Physical Education by completing the following courses in addition to the successful completion of a teacher education major field of study. It is strongly recommended that students meet with KHS department advisor before starting on the minor.

†KIN 214	1	†KIN 431	3
†KINL 2	5	†HS 131	2
†KIN 351 or EDUC 485 3	3	†HS 133	3
†KIN 372	3	†HS 401	3
†KINL 392/393	3	†HS 461	3
†KIN 321/491	3	†HS Electives 4	6

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† A grade of "C" or better is required.

1 KINL must be selected from KINL 209, 210, 212, 213, 215, 216, 217, 218, 219; students completing secondary teacher certification in another content area (e.g.; Social Studies, Math, etc.) must take KIN 351; HS Electives must be selected from HS 162, 251, 252, 351, and FCS 342.

2 KINL must be selected from KINL 209, 210, 212, 213, 215, 216, 217, 218, 219.

3 Students completing secondary teacher certification in another content area (e.g., Social Studies, Math, etc.) must take KIN 351 to meet this requirement.

4 HS Electives must be selected from HS 162, 251, 252, 351, and FCS 342

Adapted Physical Education

I. Basic Requirements Certification is required in Physical Education Teacher Education and the completion of the courses listed below.

Spec Educ 200 or 600	3	Kinesiology Education 431	3
Kinesiology 321 or 612	3		

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II. Specialized Requirements In addition to basic certification requirements, specialized Adapted Physical Education certification requires a minimum of 12 semester hours.

Kinesiology 491 or 591	3	Kinesiology 493 or 593	3
Kinesiology 492 or 592	3	Kinesiology 494 or 594	3
			12

Health Promotion Minor

Students not majoring in Kinesiology may elect to minor in Health Promotion. It is strongly recommended that students meet with KHS department advisor before starting on the minor. Twenty-four hours in Health Studies are required for a minor in Health Promotion. Fifteen of these hours must be in 300-or-400 level courses

The following courses are required to complete this minor.

HS 133	3	HS 453	3
HS 312 or 362	3	HS 454	3
HS 320	3	HS Electives	9
			24

HS Electives must be selected from: HS 162, 251, 252, 312, 331, 351, 360, 362, 401, FCS 342 or 411 may be used as one of the elective courses

Selective Progression and Retention Policy for the Athletic Training Concentration in the Department of Kinesiology and Health Studies

The Department of Kinesiology and Health Studies of Southeastern Louisiana University reserves the right to recruit, admit, and retain only those students who demonstrate evidence of being academically, physically, mentally, and emotionally capable of performing safe acts of athletic training in a professional manner.

The Department of Kinesiology and Health Studies will permit only those students who have been formally accepted in the athletic training program to register for the clinical progression courses KIN 203/208, 275, 360/363, 364/367, 424, 462, 468/469, 470/471; KINL 225, 355, 214, 113; HS 341, 344, 355, 366.

Students are required to submit an application for admission into the clinical progression courses in the Department of Kinesiology and Health Studies.

The application must be favorably acted upon by an appropriate Department of Kinesiology and Health Studies

Committee and Athletic Training Education Director before a student is allowed to enroll in the professional athletic training courses.

The number of students selected for progression each semester will vary according to the resources available to the Department of Kinesiology and Health Studies.

Progression Procedures and Policy

Students are required to submit an application before enrolling in athletic training clinical progressions.

- a.** The application for admission must be on file in the Department of Kinesiology and Health Studies office by October 15 in the Fall semester to enroll in the following Spring semester.
- b.** All applications for admission will be processed by the appropriate Department of Kinesiology and Health Studies athletic training selection and retention committee.
- c.** Students who make proper application will be considered for progression using the following criteria: 70% Academic Achievements 20% Professional Experiences Related to Athletic Training 10% Reference Evaluations
- d.** A medical history and physical examination will be required prior to taking the first clinical progression courses. The examination report must be submitted four weeks prior to the semester the student enters the course. The Department of Kinesiology and Health Studies reserves the right to investigate situations, which may affect the student's ability to function. In addition, a physician's release may be required.
- e.** Students who have health conditions that may prevent their meeting the objectives of the program or a course in the program or that may cause potential injury to that student or to the clients for whom they care, will be required to have a personal interview with Department Head or Program Director.
- f.** Students who have had a license to practice athletic training or to practice as another health care provider denied, revoked, suspended, or otherwise restricted, and students who have been convicted of a crime or offense or enter a plea of guilty or nolo contendere to a criminal charge regardless of final disposition of the criminal proceeding, including, but not limited to, expungement or non-adjudication, shall petition the Department of Kinesiology and Health Studies for review and action regarding their right to practice as students of athletic training in Louisiana prior to entry into the first athletic training course.

Students must immediately report to the Department of Kinesiology and Health Studies, any change in their status after being admitted with regard to the above statement. Students in the athletic training program are required to submit evidence of a health examination, using the forms furnished by the Department of Kinesiology and Health Studies, upon enrollment in athletic training clinical progressions. Students in the clinical athletic training courses

are further required to submit evidence of annual certification in cardiopulmonary resuscitation (Health Care Provider Course). Any student not complying will be withdrawn from Athletic Training courses. A personal interview may be required.

Retention Procedures and Policy

- a.** After students have been accepted for progression in the athletic training program, students must maintain an adjusted G.P.A. of 2.5 or better, and adjusted 2.5 in the major and achieve a "C" or better in each required athletic training course. When a student falls below an adjusted 2.5 average in the major, he/she will be permitted two (2) semesters in which to achieve the required 2.5 average in required athletic training courses. Failure to do so within the two semesters will require withdrawal from the athletic training program.

- b.** Students will be permitted to enroll in any athletic training clinical progression course a maximum of two times.

- c.** Students will be permitted to repeat only two athletic training clinical progression courses.

- d.** Students who fail a clinical progression athletic training course may not progress to the next clinical athletic training course without first successfully completing the failed course.

The appropriate athletic training admission and retention committee will review the status of students, making recommendations to the Department Head, and take proper action on matters as indicated:

- a.** When faculty members request the committee to review the continued eligibility of a student.

- b.** When grades of a student warrant such a review (failing grades, University appeals, etc.).

- c.** When faculty members report that the behavior of a student in the athletic training program indicates a need for review.



Southeastern's 2002-03 Curriculum Index
Southeastern's 2002-03 Catalog Kinesiology and Health Studies Course Listing

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1-800-222-SELU or (985) 549-200