

## DANCE (DNC)

**103. Introduction to Dance Technique.** [LCCN: DNC 1013, Dance Appreciation] Credit 1 hour. Basic introduction to dance technique and terminology utilizing body conditioning in ballet, modern, and jazz dance forms. May be repeated once for credit. Meets three hours per week. (As Needed)

**105. Pilates I.** Credit 1 hour. Pilates based exercise techniques focusing on development of core body strength and abdominal strength, as well as proper breathing and stretching techniques. Meets 3 hours per week. (Spring)

**106/406. Dance Ensemble.** Credit 1 hour. Internship in applied choreography culminating in a public performance. Meets three hours per week. May be repeated for credit. (Fall, Spring)

**107. Introduction to Yoga and Relaxation.** Credit 1 hour. Basic introduction to Hatha Yoga poses and relaxation techniques. Meets 3 hours per week. (Spring)

**110. Tap Dance I.** Credit 1 hour. Tap dance at the beginning level. Three hours per week. (As Needed)

**120. Jazz Dance I.** Credit 1 hour. Jazz dance at the beginning level progressing to intermediate level. The study of body isolations, syncopation, and jazz dance history. Three hours per week.(Spring)

**122. Multicultural Dance.** Credit 1 hour. Practical instruction and research of dances and rituals from around the world. Three hours per week.(As Needed)

**130 [DNC 231]. Modern Dance I.** Credit 1 hour. Beginning modern dance techniques progressing to more intermediate skills, theory and simple design problems. May be repeated once for credit. Three hours per week. (Spring)

**132. Social Dance.** Credit 1 hour. History, theory, and techniques of the Waltz, Foxtrot, Cha-Cha-Cha, and the Swing/Lindy/Jitterbug. Three hours per week. (As Needed)

**140. Ballet I .** Credit 1 hour. Contemporary and classical barre technique including French terminology and mechanics of movement. May be repeated once for credit. Three hours per week. (Fall)

**162. Dance for Musical Theatre.** Credit 1 hour. Movement for musical theatre utilizing ballet, social, and jazz dance steps and dance and stage terminology. Meets three hours per week. (As Needed)

**200. Dance for the Community.** Credit 3 hours. This course is designed to provide students with (1) knowledge of dance and movement activities that meet the needs and characteristics of special community groups and (2) practical application in working directly with these groups. (As Needed)

**205. Pilates II.** Credit 1 hour. Prerequisite: DNC 105. Advanced Pilates-based exercise techniques focusing on further development of core body strength and abdominal strength, as well as proper breathing and advanced stretching techniques. Meets 3 hours per week. (Fall)

**207. Yoga II.** Credit 1 hour. Prerequisite: DNC 107. Yoga-based exercise techniques emphasizing advanced stretch, body control, balance, and meditation. Meets 3 hours per week. (Fall)

**210. Tap Dance II .** Credit 1 hour. Intermediate tap dance techniques progressing to more advanced skills. Three hours per week.(Fall)

**220. Jazz Dance II.** Credit 1 hour. Intermediate jazz progressing to advanced techniques. The study of body isolations, syncopated rhythms, and jazz dance history. Meets three hours per week.(Fall)

**230. Modern Dance II.** Credit 1 hour. Intermediate modern dance techniques progressing to more advanced skills, history, and design principles. May be repeated once for credit. Three hours per week.(Fall)

**233. Latin Social Dance.** Credit 1 hour. History, theory, and technique of the Salsa, Rumba, Mambo, Samba, Merengue, and Tango. Three hours per week. (As Needed)

**240. Ballet II.** Credit 1 hour. Contemporary and classical intermediate level techniques of ballet including French terminology. May be repeated once for credit. Three hours per week. (Spring)

**281. Dance Production.** Credit 3 hours. A study of dance production forms, demonstrations, concerts, and theater productions. The course involves stage management, stage lighting for dance, scenery, properties, program make-up, arrangement of musical accompaniment, theatrical dance make-up, and costumes. (Fall)

**302. History and Survey of Dance.** Credit 3 hours. Historical development of dance as an art form, spectacle, and entertainment from ancient societies to the present. Emphasis on Western Theatrical Dance.( Summer, Fall, Spring)

**303. Dance for the Camera.** Credit 3 hours. History and survey of choreography created for the camera. Examination of works that combine choreography with the technology and techniques of film or video.(Spring)

**305. Dynamic Anatomy for the Dancer.** Credit 3 hours. Study of mechanical principles affecting the anatomical structure of the human body in motion and at rest. The practical application of these principles to body alignment, placement, and posture for dance.(Fall)

**320. Jazz III.** Credit 1 hour. Advanced Jazz dance techniques as well as history of jazz dance and kinesiological factors in dance. Meets three hours per week.(As Needed)

**330. Modern Dance III.** Credit 1 hour. Prerequisite: Dance 230. The study of advanced modern dance techniques, choreographic design principles, and kinesiological principles of movement. May be repeated once for credit. Three hours per week.(Fall)

**340. Ballet III.** Credit 1 hour. Prerequisite: Dance 240 or permission of Department Head. Contemporary and classical advanced techniques of ballet including French terminology. May be repeated once for credit. Three hours per week. (As Needed)

**350. Special Topics in Dance.** Credit 1-3 hours. A variable content course in subjects of special interest in dance. The course content will change from semester to semester. Credit hours earned will be either one or three depending on topic and course requirements for that subject. May be repeated for up to six hours of credit.(Spring)

**371. Methods of Teaching Dance.** Credit 3 hours. Prerequisite: Junior or Senior standing. This course assists students in developing effective teaching methods integrating dance movement with reference to the National Dance Standards. Students will develop movement experiences by designing and writing teaching units and lesson plans. Two hours lecture and two hours internship per week. (As Needed)

**372. Choreographic Design (Composition).** Credit 3 hours. Prerequisite: Dance 330 or its equivalent. Theory and practice of fundamentals of dance composition. Designed for dance students and teachers. (As Needed)

**404. Choreography for the Camera.** Credit 3 hours. Theory and practice of creating dance for the camera. Emphasis on shooting and editing choreography to produce dance that exists in a digital video environment. Six hours of lecture/laboratory per week. (As Needed)

**431. Directed Study in Dance Techniques I.** Credit 1 hour. Prerequisite: permission of the Department Head. Advanced training in the appropriate dance technique. (Fall, Spring)

**451. Directed Study in Dance Techniques II.** Credit 1 hour. Prerequisite: permission of Department Head. Advanced training in the appropriate dance technique. (Fall, Spring)

**460/560. Contemporary Dance Workshop.** Credit 3 hours. Fundamentals of movement, analysis and practice of action in space, time, and dynamics are studied. The class offers experience in improvisation and performance. May be repeated once for credit. Meets four hours per week. (As Needed)

**491/591. Independent Study in Choreographic Design.** Credit 3 hours. Prerequisite: DNC 372 and DNC 230 or DNC 330 and Junior or Senior standing. The organization and presentation of an original dance piece including planning, developing, selection of theme, music, costume, staging, lighting public performance of final work and written thesis. (Fall, Spring)

**495. Senior Performance.** Credit 3 hours. Prerequisite: DNC 230, DNC 330, and Senior standing. Presentation of a public senior dance concert encompassing a collection of work. Student must direct auditions, rehearsals, choreographic process, and presentation of work. (Fall, Spring)

**609. Dance in the Elementary School.** Credit 3 hours. A course designed to promote improved understanding and better methods in dance for elementary grades K-6. (As Needed)