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# SOUTHEASTERN

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L O U I S I A N A U N I V E R S I T Y

## Benefits Programs

Southeastern offers a wide variety of benefit programs to include retirement, insurance, tax sheltered annuities, flexible spending accounts, premium sheltering, and other miscellaneous benefits. Employee participation is voluntary for all benefit programs other than retirement. The University pays a portion of both retirement and State Group Benefits Health Insurance premiums. Newly hired employees should be aware that there is a waiting period for most coverage.

Below is a list of benefits currently offered through Human Resources. Miscellaneous benefit programs are added and removed by recommendations of the Employee Advisory Committee. The list is subject to change. Contact Human Resources for a current list of offerings and vendors.

- Retirement Plans
- Health Insurance
- Insurances
  - Dental
  - Vision
  - Life
  - Dependent Life
  - Cancer
  - Long Term Care
  - Pre-paid Legal
  - Identity Theft
  - Critical Illness
  - Accident
  - Disability
- Annuities
  - 457
  - 403b
  - 403b Roth
- Premium Sheltering (IRS Section 125 Cafeteria Plan)
- Credit Unions
- Medical Flexible Spending Accounts

- Dependent Flexible Spending Accounts
- College Savings Plan
- Fee Waivers