

## Education Assignment Guide

The Offices of Student Advocacy and Accountability and University Housing's primary purpose is to be educational. In a recent assessment, when students were asked what they hoped to gain from the conduct process, the primary theme that emerged was a desire for learning and education. In light of this view and the office's mission, students are provided with a menu of educational assignments to choose from, allowing them to participate in developing their own individualized learning plan.

If you are using this guide to informally resolve an incident,

1. **Select an educational assignment from the learning goals below— that you have identified for yourself and indicate your assignment selected on your [informal resolution agreement form](#).**

**The following learning goals are available for selection:**

- I possess knowledge of University policies.
- I can consider alternative perspectives and solutions.
- I can articulate a rationale for personal behavior and learn from past experiences.
- I can articulate my values and principles involved in personal decision-making.
- I can demonstrate consideration for the welfare of others.

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### Possess knowledge of University policies.

**Buzzfeed meme/Gif List or Quiz** - Create a BuzzFeed list that will provide information to other students that might help them make better decisions while attending college. Examples may include "10 Reasons not to get a Fake ID" or "8 Things to do to avoid violating SLU policies." At the end of the list, please answer the following questions.

1. What are the potential consequences for future violations of University policy?
2. Explain the expectations of Southeastern for student behavior and how these expectations relate to student life.
3. What can you do to avoid violating University policy in the future?

**Informational Poster** - Create a digital poster for your peers to explain the policy that you violated. If this behavior is also illegal, explain any legal implications that may exist in Louisiana. Explain the possible impact on someone's future goals should they choose to engage in this behavior, or violate the same policy.

HINT: [www.canva.com](http://www.canva.com) is a great resource for creating design media!

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### Consider alternative perspectives and solutions.

**Create a “gratitude sandwich.”** Write down one thing that is going wrong right now, or that you are stressed about and two things that are going well, or that you are looking forward to doing, or that you are grateful for! Visualize the negative sandwiched between the two positives and really focus on the positives. Write a two-page reflection about how focusing on the positives made you feel, and explain how you can take positives away from this incident to gain a new perspective.

**Drinking Age Persuasive Letter to Congressperson** - Write an essay (at least 500 words) to your Congressperson explaining why the legal drinking age should be 18 years old with supporting rationale. Use at least two (2) peer-reviewed articles of research. Outline the pros and cons of the drinking age being 18 and 21 in your essay. The letter may not serve to justify your own actions in this incident or evaluate the actions of others. This paper must be typed, double-spaced, and contain appropriate grammar and spelling.

**Perspective Reversal Reflection** - Put yourself in the shoes of the individual that you have harmed. While trying to look through the other persons lens ask yourself: (1) How did this incident occur? (2) What impact did this have on me? (3) How could the harm to myself and the community be restored? Answer these questions from the perspective of the other individual in an essay (at least 250 words), explain what you gained from this exercise. This letter may not be used to justify your actions or evaluate the actions of others. This letter should be typed, double-spaced, utilize appropriate grammar, language and spelling.

**Student Organization Involvement Plan** - You will use the website [www.southeastern.edu/ose](http://www.southeastern.edu/ose) to explore the various student organizations and clubs Southeastern has to offer. Identify at least three organizations that are of interest to you. Provide a summary of these organizations, contact information, what draws you to this group, how joining a club or organization will benefit you, and how you plan on getting involved when you return to campus.

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**Articulate a rationale for personal behavior and learn from past experiences.**

**Tedx Decision Making** - Record yourself giving a “TedTalk” about ethical decision making. You can use your phone or computer. The recording need not be “high quality,” but should be able to be viewed by the Conduct Officer. You should create your own values and principles involved in personal decision-making and share them in this talk. The talk should explain to others how to evaluate and critique their own decision-making. Your talk should be 5 to 10 minutes long.

**Pause & Process Coloring** - Visit <http://www.supercoloring.com/collections/coloring-pages-for-adults> or other online coloring tool! Select an image to color that you feel will help you process this incident, or any other stress going on in your life. You can print the image or color it online. After you are done, take a screenshot of your image, or

photo with your phone and submit your drawing with a two page reflection about what it was like to pause and process. This reflection can be stream-of-conscious writing and does not need to be organized in any kind of essay form. You can discuss: how you felt, what thoughts came to mind, what you learned from either the incident, or the pausing process.

**Well-Being Article Essay** - Find an article (Forbes, Huffington Post, Harvard Business Review, etc.) on an aspect of Well-Being that is important or pertinent to you, or that you hope to improve upon. Explain what you learned from the article, how the information you learned will help you prioritize your Well-being, and how you plan to implement what you have learned from the selected article. This paper may not be used to justify your actions or evaluate the actions of others. This paper should be typed, double-spaced, utilize appropriate grammar, language and spelling.

**Letter to Loved One/Mentor** - Write a letter to your loved one, mentor, or someone who is important to you (professor, parent, advisor etc.). Within this letter you should address the following: (1) Explain the incident, and what led up to it. (2) What decisions/behaviors have you made that led to the incident? (3) What impact did this incident have on you as well as the surrounding community? (4) How you felt after learning the consequences. (5) Explain why it is important to make good and responsible decisions. This letter may not be used to justify your actions or evaluate the actions of others. This letter should be no less than 250 words, typed, double-spaced, utilize appropriate grammar, language and spelling.

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### **Articulate my values and principles involved in personal decision-making.**

**Pros and Cons Worksheet** - Create a list of the pros and cons regarding the decision(s) you made. Each list should have at least five items. Now that you have created the list, write a two paragraph reflection that addresses these two questions: (1) Would you make a different decision if you had written this list before the incident? (2) How is writing a pros and cons list a useful way to think about other life decisions?

**Values List**- In three to five minutes, make a list of your most important values. Circle the ones that relate to this incident. Consider the values that are circled, and write a two-page reflection about the origin of these values to you which addresses the questions (1) How did you come to have these values? (2) How did these values become important to you?

**Tedx Decision Making** - Record yourself giving a “TedTalk” about ethical decision making. You can use your phone or computer. The recording need not be “high quality,” but should be able to be viewed by the Conduct Officer. You should create your own values and principles involved in personal decision-making and share them in this talk.

The talk should explain to others how to evaluate and critique their own decision-making. Your talk should be 5 to 10 minutes long.

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### **Demonstrate consideration for the welfare of others.**

**Who did I affect?** - Make a list of all the people affected by this incident. Next, write a one page reflection about how each of the people you listed were affected. How does the way you affected these people make you feel?

**Apology Letter** - Write an apology letter to the appropriate party explaining how you have reflected on your actions and plan to restore the harm you caused. In this letter, you will share what you would have done differently, and what you have learned from this experience. This letter may not be used to justify your actions or evaluate the actions of others. This letter will **not** be shared with the harmed party, but should be used as a way to demonstrate that you understand your impact on the party that you may have harmed.

**Perspective Reversal Reflection** - Put yourself in the shoes of the individual that you have harmed. While trying to look through the other persons lens ask yourself: (1) How did this incident occur? (2) What impact did this have on me? (3) How could the harm to myself and the community be restored? Answer these questions from the perspective of the other individual in an essay (at least 250 words), explain what you gained from this exercise. This letter may not be used to justify your actions or evaluate the actions of others. This letter should be typed, double-spaced, utilize appropriate grammar, language and spelling.

### **Online Educational Sanctions Course:**

**ALCOHOL-WISE** is an online alcohol abuse prevention course. You'll need access to an internet connected computer and an email address. To receive credit you must follow enrollment instructions and enter the correct Control Number.

1. Go to [www.3rdmilclassrooms.com](http://www.3rdmilclassrooms.com)
2. Click on SIGN UP FOR A COURSE on the left side menu.
3. When you are directed to Enter Control Number, enter the code below.  
SLUAW21

The course fee is \$20.00 and you can pay online with a debit/credit card. You will receive a password immediately on the screen and by email.

You will receive an email 30 days after you finish the course reminding you to complete the required 15-minute Part 2 follow-up. You will not receive your Certificate of

Completion until you finish Part 2. It takes about one hour to complete the course and you can login and out as needed. Upon completion, you and the notifying administrator at your school will receive a completion notification by email.

**MARIJUANA 101** is an online drug education course. You'll need access to an internet connected computer and an email address (must be your SLU Email account). To receive credit you must follow enrollment instructions and enter the correct Control Number.

1. Go to [www.3rdmilclassrooms.com](http://www.3rdmilclassrooms.com)
2. Click on Begin Enrollment and choose College on the left side menu.
3. When you are directed to Enter Control Number, enter the code below.  
SLUMJ

The course fee is \$35.00 and you can pay online with a debit/credit card.

You will receive a password immediately on the screen and by email. You will receive an email 30-days after you finish the course reminding you to complete the required 15-minute Part 2 follow-up. You will not receive your Certificate of Completion until you finish Part 2. It takes less than 2.5 hours to complete the course and you can login and out as needed. Upon completion, you and the notifying administrator at your school will receive a completion notification by email once the course is fully completed (Part 1 and Part 2). Both Parts are mandatory for your sanction to be considered complete.

**NICOTINE 101** is an online course for referred individuals. You'll need access to an internet connected computer and an email address. To receive credit, you must follow enrollment instructions and enter the correct Control Number

1. Go to [www.3rdmilclassrooms.com](http://www.3rdmilclassrooms.com)
2. Click on Begin Enrollment and choose College on the left side menu.
3. When you are directed to Enter Control Number, enter the following code: SLUNC

The course fee is \$20.00 and you can pay online with a debit/credit card. You will receive a password immediately on the screen and by email. OR, send check or money order with completed mail-in form to the address on the bottom of the form enclosed. It takes less than 1.5 hours to complete the course and you can login and out as needed. Upon completion, you and the notifying administrator at your school will receive a completion notification by email.

**UNDER THE INFLUENCE** is an online alcohol education course. You'll need access to an internet connected computer and an email address (must be your SLU Email account). To receive credit you must follow enrollment instructions and enter the correct Control Number.

1. Go to [www.3rdmilclassrooms.com](http://www.3rdmilclassrooms.com)
2. Click on Begin Enrollment and choose College on the left side menu.
3. When you are directed to Enter Control Number, enter the code below.  
**SLU7**
2. The course fee is \$35.00 and you can pay online with a debit/credit card. You will receive a password immediately on the screen and by email.

You will receive an email 30-days after you finish the course reminding you to complete the required 15-minute Part 2 follow-up. You will not receive your Certificate of Completion until you finish Part 2. It takes less than 2.5 hours to complete the course and you can login and out as needed. Upon completion, you and the notifying administrator at your school will receive a completion notification by email once the course is fully completed (Part 1 and Part 2). Both Parts are mandatory for your sanction to be considered complete.

**Conflict-Wise** is an online course focusing on conflict resolution and education. You will need access to an internet connected computer and an email address. To receive credit, you must follow enrollment instructions and enter the correct Control Number, see enclosed instruction sheet for registration details.

1. Go to [3rdmil.com/signup](http://3rdmil.com/signup) on any internet-connected device.
2. Enter your course **SLUCW** and continue through the enrollment pages.
3. Pay your \$35 course fee online at the time of enrollment.
4. You can login and out whenever needed until you finish the course. Chrome, Firefox, Safari are the recommended browsers. You will receive your Completion Certificate by email when you finish the course. Credit/Debit cards, including pre-paid cards are accepted.