The Department of Kinesiology and Health Studies at Southeastern is one of the largest in the state with over 1000 students pursuing degrees in our department. What makes us special? A variety of undergraduate programs unmatched at other state institutions, small classes, quality faculty, and great opportunities for internship and clinical experiences.

### Undergraduate Areas of Study

**Athletic Training:** First nationally-accredited Athletic Training program in Louisiana. Graduates are eligible to take the national certification exam and seek careers as Certified Athletic Trainers.

**Health Education and Promotion:** Southeastern is 1 of only 2 universities in the state to offer an undergraduate degree in Health Education and Promotion. It prepares students for careers in community and worksite health promotion.

**Health and Physical Education Teacher Education:** Graduates meet the requirements for Louisiana teacher certification in both Health and Physical Education K-12. We also offer courses leading to certification in Adapted Physical Education.

**Sport Management:** 1 of only 2 undergraduate degrees in Sport Management in Louisiana, it prepares graduates for careers with professional or amateur sport organizations, recreation, and fitness management. Sport Management includes study in areas of marketing, public relations, facility management, and administrative skills focusing on the sport/physical activity industry.

**Kinesiology:** Students pursuing the BS in Kinesiology select from two concentrations:

- The **Exercise Science** concentration is designed to provide a strong science-based academic preparation for students who wish to pursue study in physical therapy, and other health-related professions requiring an undergraduate degree as a prerequisite for professional training.

- The concentration in **Fitness and Human Performance** is designed to prepare students for careers in fitness and exercise specialties, including personal training, corporate fitness/wellness, strength and conditioning. It also provides entry requirements for most occupational therapy programs.

### Contact Information

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