THE POWER OF PLAY: INTERVENTIONS IN PLAY THERAPY FOR ADOLESCENTS TO ENHANCE SELF-ESTEEM

This workshop will provide an overview of the importance of utilizing play therapy interventions when working with adolescents. A focus on promoting healthy self-esteem and a rationale for integrating expressive art techniques and play therapy theory and techniques into the counseling process with this population will be addressed. Expressive art techniques coupled with play therapy can enhance self-esteem for adolescent clients. Specifically, by incorporating expressive arts and play therapy interventions into the therapeutic process, adolescents can create emotional connectedness, improve self-esteem, and enhance relationships with peers and family members.

Friday, January 26, 2018
8:30 a.m.-11:45 p.m. (Registration beginning at 8:15 a.m.)
Southeastern Louisiana University, Baton Rouge Center, School of Nursing, Conference Room 109
4849 Essen Lane, Baton Rouge, Louisiana

About the Presenter: Laura Fazio-Griffith, Ph.D., NCC. LPC-S., LMFT. Registered Play Therapist-Supervisor

Laura Fazio-Griffith, Ph.D., NCC, LPC-S, LMFT, and Registered Play Therapist-Supervisor is an associate professor at Southeastern Louisiana University. She is the coordinator of the play therapy program and her research interests include: group work, child and adolescent counseling, and supervision. Prior to coming to Southeastern, she was the clinical director at a counseling and training center, where she provided counseling for children, adolescents, and families. She is has served on the Louisiana Association for Play Therapy Board for the past 8 years and is the current president of LAPT.

Workshop Objectives:

1. Participants will develop skills in play therapy for working with adolescents to promote healthy self-esteem.
2. Participants will be able to identify interventions using expressive arts and play therapy interventions that would enhance the counseling process with adolescents.
3. Participants will be able to articulate play therapy theoretical foundations that are proven to be effective with the adolescent population.
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Registration Form

Registration Fees:

$55 for Professionals

$40 for Students (with ID: A copy of the student ID must be attached to the registration)

On-Site Registration:

$65 for Professionals

$50 for Students

Payments (checks, cash, or money order only) in exact change if paying with cash.

Checks are payable to: Counseling Development Fund and mail payment and completed registration to:

Department of Health and Human Sciences, Attention: Counseling Program,

310 West Dakota Street   SLU Box 10863 Hammond, LA 70402

Once your registration is received you will be sent a confirmation e-mail.

Registrant Name: __________________________ Phone #: ______________________

Email: __________________________________

Profession: __________________________________

Employer: __________________________________

Student: ___________________________ University: ________________________

Southeastern Louisiana University Counseling Department are Approved Providers of Continuing Education in Play Therapy and Mental Health Counseling. 3.0 CE Clock Hours will be awarded for attendance.

   APT Approved Provider # 17-494
   NBCC ACEP # 4313