# Curriculum in Health and Physical Education Grades K-12 Leading to the Degree of Bachelor of Science

First Year (Freshman)

| FALL SEMESTER                                   | S.H.  | SPRING SEMESTER                       | S.H. |
|---|-------|---------------------------------------|------|
| English 101 or 101H <sup>2,G</sup>              | 3     | English 102 or 102H <sup>2,G</sup>    | 3    |
| Mathematics 105, 107/108, or 161 <sup>2,G</sup> | 3-5   | Mathematics 162 or 241 <sup>2,0</sup> | 3    |
| Psychology 101 <sup>2,G</sup>                   | 3     | <sup>††</sup> Health Studies 133      | 3    |
| <sup>††</sup> Health Studies 131                | 2     | <sup>††</sup> Health Studies 162      | 3    |
| <sup>††</sup> Kinesiology Lab 210               | 1     | <sup>††</sup> Kinesiology Lab 214     | 1    |
| <sup>††</sup> Kinesiology Lab 224               | 1     | <sup>††</sup> Kinesiology Lab 221     | 1    |
| Southeastern 101                                | 2     |                                       |      |
|   | 15-17 |                                       | 14   |

## Second Year (Sophomore)

| English 229, 230, 231, 232 or 233 <sup>G,2</sup> | 3  | Zoology 250 <sup>2,G</sup>                                  | 3  |
|--|----|---|----|
| General Biology 151 <sup>2,G</sup>               | 3  | Zoology Lab 252 <sup>2</sup>                                | 1  |
| Biology Lab 152 <sup>2</sup>                     | 1  | <sup>††</sup> Educ Psych 301 or Psychology 204 <sup>G</sup> | 3  |
| <sup>†††</sup> Education 202                     | 3  | <sup>††</sup> Kinesiology 251                               | 3  |
| History Elective <sup>G</sup>                    | 3  | <sup>††</sup> Kinesiology 270                               | 3  |
| <sup>†††</sup> Kinesiology 201                   | 1  | <sup>††</sup> Kinesiology Lab 226                           | 1  |
| <sup>††</sup> Kinesiology 275                    | 3  | <sup>††</sup> Kinesiology Lab 228                           | 1  |
|  | 17 |   | 15 |

#### Third Year (Junior)

| <sup>††</sup> Education 315 or 316 <sup>1</sup> | 3  | <sup>††</sup> Kinesiology 321              | 3  |
|---|----|--|----|
| <sup>++</sup> Health Studies 401                | 3  | <sup>††</sup> Kinesiology 351 <sup>1</sup> | 3  |
| <sup>††</sup> Kinesiology 313                   | 2  | <sup>††</sup> Kinesiology 362              | 3  |
| <sup>+†</sup> Kinesiology 431                   | 3  | <sup>††</sup> Kinesiology 372              | 3  |
| <sup>††</sup> Kinesiology 460 <sup>1</sup>      | 3  | <sup>††</sup> Kinesiology 436              | 3  |
| <sup>††</sup> Kinesiology 491                   | 3  | <sup>††</sup> Education 472 <sup>1</sup>   | 3  |
|   | 17 |  | 18 |

Successful completion of the Praxis Content and PLT exams recommended.

### Fourth Year (Senior)

|  |    | • |   |   |
|--|----|---|---|---|
| Communication 210 <sup>2,G</sup>           | 3  |   | <sup>†††</sup> Education 486 <sup>1</sup> | 9 |
| Chemistry 101 <sup>2,G</sup>               | 3  |   |   |   |
| Music, Art, Dance, or Theatre <sup>G</sup> | 3  |   |   |   |
| <sup>†††</sup> Education 453 <sup>1</sup>  | 6  |   |   |   |
|  | 15 |   |   | 9 |

#### **Total Semester Hours Required**

Southeastern 101 is not required of transfer or readmitted Southeastern students with 30 hours or more. Those students will replace Southeastern 101 with 2 hours of free electives.

<sup>G</sup>General Education Courses

<sup>++</sup>Major course; grade of C or higher is required.

120-122

\*\*\*Major course; grade of B or higher is required.
\*Prerequisites for this course include successful completion of the Praxis Exams.
\*Grade of \*C\* or higher is required.