

# CONTINUING NURSING EDUCATION PROGRAMS

Spring, 2012

Offerings 3.25 – 5.25 Contact Hours

Co-Provided by  
Southeast Louisiana Area Health Education Center and  
Southeastern Louisiana University  
School of Nursing



**Contact Hours**

3.25 or 5.25 contact hours will be awarded to participants who attend the entire program and submit a completed evaluation form.

Southeastern Louisiana University School of Nursing is an approved provider of continuing nursing education by Louisiana State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

**Disabled Participants**

Accommodations will be made for participants who notify us of their special needs. Please include a written statement with your registration.

**Registration, Fees and Cancellation Policy**

Registration fee includes refreshments, contact hours, and packet of information. **Lunch is on your own.** Make checks payable to **SELAHEC.**

Mail check and registration form to:

Liz Tamor  
1302 JW Davis Drive  
Hammond, LA 70403

**FEES:**

**3.25 contact hour programs**

Paid pre-registration prior to the conference date \$25.00  
Unpaid pre-registration prior to the conference date \$30.00  
Registration at the door (if space available) \$40.00

**5.25 contact hour program**

Paid pre-registration prior to the conference date \$56.00  
Unpaid pre-registration prior to the conference date \$61.00  
Registration at the door (if space available) - \$71.00

**Note:** An additional fee of \$10.00 is included for the Myers-Briggs Indicator Type tool utilized at the May 3<sup>rd</sup> program.

**NEW !!!** – Credit Card Registration  
(SEE: <http://selahec.eventbrite.com/>)

The Co-Providers reserve the right to cancel the activity if registrations do not meet enrollment criteria. **Confirm that conference will be conducted by calling Sharon Landry 225-765-2324 if you plan to pay at the door.** A full refund will be granted to participants who give a **written notice** of cancellation of a registration **prior** to the scheduled date of the conference. Fees may be transferred to another participant or activity during the conference series if preferred.

**Participants are reminded that room temperatures may fluctuate, so dress accordingly.**

**REGISTRATION FORM**

PLEASE PRINT OR TYPE

Name: \_\_\_\_\_ Email: \_\_\_\_\_  
Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_  
Phone: (work) \_\_\_\_\_ (home) \_\_\_\_\_

Please check the conference(s)/date(s) you will attend:

| <b><u>CONFERENCES:</u></b>  | <b><u>Prepaid Fee</u></b> |
|---|---------------------------|
| <input type="checkbox"/> <b>February 16, 2012</b> - "What's Happening in Cardiovascular Nursing?"<br>3.25 contact hours   | \$25.00                   |
| <input type="checkbox"/> <b>March 9, 2012</b> - "Lab Value Interpretation: Normals and Abnormals with Implications for Best Practice"<br>3.25 contact hours   | \$25.00                   |
| <input type="checkbox"/> <b>April 27, 2012</b> - "Cancer: What Now?"<br>3.25 contact hours  | \$25.00                   |
| <input type="checkbox"/> <b>May 3, 2012</b> - "Personality Pathways: A Myers-Briggs Type Indicator Workshop"<br>5.25 contact hours ( <b>Note:</b> An additional fee of \$11.00 is included for the Myers-Briggs Indicator Type tool.) | \$56.00                   |

**TOTAL \$ \_\_\_\_\_**

Call Sharon Landry at (225) 765-2324 or e-mail nursingCE@selu.edu for further information, verification that conference will be conducted if planning to pay at the door and/or for confirmation of registration. Mail completed registration form and check, payable to SELAHEC, to Liz Tamor, 1302 JW Davis Drive, Hammond, LA 70403. Registration form may be copied for single conference registration if desired. To print additional brochures go to [www.selu.edu](http://www.selu.edu); Click on Academics; Academic Departments; Nursing; Continuing Nursing Education Southeastern & SELAHEC Confirmation of registration will be done via email or postcard. **Registration form may be duplicated and distributed.**

# “What’s Happening in Cardiovascular Nursing?”

February 16, 2012

**Slidell Memorial Hospital  
Founders Medical Building**  
Founders Conference Room  
1150 Robert Blvd  
Slidell, Louisiana

**Registration**  
8:00 am

**Program**  
8:30 am – 12 noon

## **Program Description / Target Group**

Cardiovascular Nursing is a constantly changing field impacted by emerging research findings and new technologies. This continuing nursing education activity is designed to provide an overview of current evidence-based practice related to prevention and interventions for coronary artery, peripheral vascular, and venous diseases. Registered nurses involved in the direct care of adults with cardiovascular conditions will benefit from this update.

## **Objectives**

At the end of this education offering, the participant should be able to:

1. Discuss evidence based practice for secondary prevention and risk reduction in individuals with coronary artery disease and other arteriosclerotic conditions.
2. Review the trends in coronary artery revascularization, with emphasis on percutaneous coronary intervention and coronary artery bypass surgery.
3. Describe the emerging cellular therapies for the treatment of coronary and peripheral vascular conditions, including stem cells and genetics.
4. Discuss outcomes related to venous interventions, such as endovascular laser therapy, ablation, and sclerotherapy with implications for nursing.

## **Speaker**

Janet Jones, DNS, APRN, CNS

Instructor, Southeastern Louisiana University School of Nursing

**3.25 CONTACT HOURS**

# “What’s Happening in Cardiovascular Nursing?”

February 16, 2012

## **DIRECTIONS**

**Slidell Memorial Hospital  
Founders Medical Building  
Founders Conference Room  
1150 Robert Blvd  
Slidell, Louisiana**

### **From New Orleans**

Take I-10 East across Lake Ponchartrain

Exit at Gause Blvd

Continue on Gause Blvd.

Turn right on Robert Blvd. (first signal light after the hospital)

Park anywhere around the Founders Medical Building

Go to Conference Room

### **From Baton Rouge**

I-12 East to Exit 83

Go South on Highway 11 to Gause Blvd.

Turn left on Gause Blvd

Go to Robert Blvd.

Turn left on Robert Blvd. (first signal light before the hospital)

Park anywhere around the Founders Medical Building

Go to Conference Room

**Call Sharon Landry at 225-765-2324 or email [nursingCE@selu.edu](mailto:nursingCE@selu.edu) to verify registration or confirm the program will be presented if planning to “pay at the door”**

# “Lab Value Interpretation: Normals and Abnormals with Implications for Best Practice”

March 9, 2012

North Oaks Medical Center  
Diagnostic Center  
E. Brent Dufreche Conference Center, Room A  
15837 Paul Vega MD Drive  
Hammond, Louisiana

**Registration**  
8:00 am

**Program**  
8:30 am – 12 noon

## Program Description / Target Group

This continuing nursing educational activity will provide Registered Nurses with current information on the care of adult patients with regard to laboratory values. Laboratory values will include specific tests related to hematology, coagulopathy, glucose metabolism, and liver function. Participants will review normal, abnormal, and critical laboratory values as well as their implications during care. Emphasis will be on evidenced based practice approaches to nursing care through case studies.

### Objectives

At the end of this education offering, the participant should be able to:

1. Interpret CBC results as it relates to infection and anemia including discussion of MCV, MCH, and RDW.
2. Discuss the utilization of laboratory testing to assess the risk of adults for insulin resistance as it relates to diabetes.
3. Distinguish between normal and abnormal laboratory tests to assess thyroid function.
4. Describe the management of the bleeding patient based on evaluation of CBC and coagulation laboratory test results to determine appropriate blood product replacement.
5. Discuss key nursing implications of abnormal lab values.
6. Apply evidence based practices guidelines related to abnormal laboratory values to nursing care.

### Speakers

Karen Hill, Ph.D., RN  
Associate Professor  
Southeastern Louisiana University School of Nursing

Dr. Beverly Ogden  
Pathology Group of Louisiana at Woman's Hospital

**3.25 CONTACT HOURS**

# **“Lab Value Interpretation: Normals and Abnormals with Implications for Best Practice”**

**March 9, 2012**

## **DIRECTIONS**

**North Oaks Medical Center  
Diagnostic Center  
E. Brent Dufreche Conference Center, Room A  
15837 Paul Vega MD Drive  
Hammond, Louisiana  
985-230-6636**

### **From I-55**

Take Exit 26 Ponchatoula/Springfield to Hwy 22 East to Ponchatoula. Turn left at Hwy 51 Business North. Go 2 miles. Turn at Paul Vega Drive (“Main Entrance” to North Oaks Medical Center.) Diagnostic Center is located at 15837 Paul Vega MD Drive.

### **From 1-12**

Take Exit 40 Hammond/Ponchatoula to Ponchatoula Hwy 51 South. Go 1 mile. Turn at Paul Vega MD Drive (“Main Entrance” to North Oaks Medical Center.) Diagnostic Center is located at 15837 Paul Vega MD Drive.

**Call Sharon Landry at 225-765-2324 or email [nursingCE@selu.edu](mailto:nursingCE@selu.edu) to verify registration or confirm the program will be presented if planning to “pay at the door”**

# “Cancer: What Now?”

April 27, 2012

St. Tammany Parish Hospital  
Mandeville/Covington Rooms  
1202 South Tyler Street  
Covington, Louisiana

## Registration

8:00 am

## Program

8:30 am – 12 noon

### Program Description / Target Group

This program is designed to update the nurse's knowledge and skill in caring for patients with cancer. Common care issues as side effects of chemotherapy and radiation therapy will be explored as well as emergency situations. Nursing interventions based on oncology standards are addressed. Also discussed will be the latest research and treatment plans for diagnosis and treatment options. Participants will enhance their expertise and confidence when addressing the psychological impact of cancer on patients and their families in any setting.

### Objectives:

At the end of this education offering, the participant should be able to:

1. Review cancer screening recommendations for common cancers.
2. Summarize current treatment options for today's cancer patient.
3. Explore new treatment modalities available in Clinical trials.
4. Describe the effects of cancer treatments on body systems and management through prevention, nursing interventions and education.
5. Recognize major emergency conditions in the Oncology patient and treatment plans.
6. Discuss psychosocial distress experienced by cancer patients and their families and priority interventions.

### Speakers

Judy Owens, APRN, MSN, NP  
Louisiana Hematology Oncology Associates

Rev. Stephen Hebert, RN, BS HCA  
Clinical Research Networking Coordinator, Mary Bird Perkins Cancer Center

**3.25 CONTACT HOURS**

# **“Cancer: What Now?”**

**April 27, 2012**

## **DIRECTIONS**

**St. Tammany Parish Hospital  
Mandeville/Covington Room  
1202 South Tyler Street  
Covington, Louisiana**

I-12 to Exit 59 North (Highway 21 North). Travel about 2 miles. The hospital is on the right, after the third traffic light.

Park in the front parking lot designated for patients and visitors.

The Conference Center is located in the right side of the hospital. Ask for directions to the Mandeville/Covington Room at the information desk at the main entrance.

The STPH telephone number is 985-898-4000 if additional directions are needed.

**Call Sharon Landry at 225-765-2324 or email [nursingCE@selu.edu](mailto:nursingCE@selu.edu) to verify registration or confirm the program will be presented if planning to “pay at the door”**



# “Personality Pathways: A Myers-Briggs Type Indicator Workshop”

**May 3, 2012**  
**(Limited to 30 paid participants)**

Southeastern Louisiana University  
School of Nursing  
Baton Rouge, Louisiana

## **Registration**

8:00 am

## **Program**

8:30 am - 3:30 pm

## **Program Description / Target Group**

This continuing nursing education conference will provide Registered Nurses with information to promote their professional growth and accomplishment of professional goals. The Myers-Briggs Type Indicator (MBTI) is the most widely used personality assessment in the world. It is frequently used in organizations to enhance interpersonal communication, promote diversity, build cohesive teams, and resolve workplace conflicts. Participants will complete the MBTI instrument to self-assess to determine their “best fit” personality type and explore how their type processes information, communicates, makes decisions, and manages time. Additionally, participants will examine their strengths and potential growth areas and learn how their type interacts with others in the workplace. The workshop is comprised of lecture, voluntary sharing or self-disclosure, and experiential exercises. The overall goal is to improve communications, increase productivity, and promote the appreciation of individual differences.

## **Objectives**

At the end of the offering, the participants should be able to:

1. Verify their “best fit” type.
2. Identify key elements of the 16 personality types.
3. Identify their type’s strengths and areas for growth.
4. Identify how their type responds to organizational change and stress.
5. List potential causes of conflict and miscommunication among differing personality types.
6. Create a personal plan for the effective consideration of personality type in achieving the individual’s overall professional goals.

## **Speaker**

Ladonna Guillot, MLIS  
Certified Myers-Briggs Type Indicator Administrator  
Southeastern Louisiana University  
School of Nursing

**5.25 CONTACT HOURS**

# **“Personality Pathways: A Myers-Briggs Type Indicator Workshop”**

May 3, 2012

## **DIRECTIONS**

**Southeastern Louisiana University  
School of Nursing  
4849 Essen Lane  
Baton Rouge, Louisiana**

Take I-12 West to Exit 1A 1-10 East, New Orleans and exit right on Essen Lane

Take 1-10 West to Essen Lane, Exit 160. Turn left on Essen Lane

Turn left on Margaret Lane (on other side of Essen Lane from Our Lady of the Lake Regional Medical Center's Emergency room entrance)

Continue on Margaret Lane to the School of Nursing on the right.

Parking available in lot at the rear of the building.

**The telephone number of the Baton Rouge Center is 225-765-2324 in the event that you need additional information.**

Call Sharon Landry at 225-765-2324 or email [nursingCE@selu.edu](mailto:nursingCE@selu.edu) to verify registration or confirm the program will be presented if planning to “pay at the door”

# **SOUTHEAST LOUISIANA AREA HEALTH EDUCATION CENTER**

Is an independent, non-profit corporation responsible for the administration of community based education, recruitment, and training programs for health care professionals, students, and faculty. The AHEC program was established in 1971 through federal legislation under the U.S. Public Health Services Act. There are approximately 183 centers in 45 states and the District of Columbia. AHECs facilitate continuing education programs for health professionals and establish links between communities and health training centers to affect the quality of care in underserved areas.

## **SOUTHEASTERN LOUISIANA UNIVERSITY SCHOOL OF NURSING**

Offers educational opportunities that promote the growth of professional nurses' competence and practice, advance the profession of nursing, and assure safe effective healthcare to the public. As an approved provider of continuing nursing education, SLUSON supports the belief that professional nursing development assists in the maintenance of competence and professional practice, achievement of career goals, and enrichment of the contribution of registered nurses to quality healthcare.

***Southeastern Louisiana University School of Nursing is an approved provider of continuing nursing education by Louisiana State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.***