

Strategies for Using Your Learning Style Strength

VISUAL LEARNER

The Visual learner listens best by seeing, visualizing, drawing, diagramming, etc. In other words, you “know something by seeing it.”

REMEMBER: Good study habits are important for everyone, regardless of their preference.

- These include:
- highlighting and study cards for textbook information,
 - good lecture notes with a ‘recall’ column,
 - frequent review,
 - keeping up with assignments, etc.

“SEE IT to LEARN IT”

- TEXT:
- As you read, highlight the important points – using different colors.
 - Make study cards – using lots of color, symbols, and pictures for memory.
 - Get a mental image as you read – see the information, picture the page.
- LECTURES:
- Sit up front to see the lecturer’s expressions
 - As you listen, VISUALIZE what is being said.
 - Take notes – use the ‘recall’ column for review, add colors, symbols,
- etc.
- Read – Review – Visualize your notes frequently.
 - If you have a learning disability, tape lectures to fill in the gaps later – add color symbols and pictures.
- STUDYING:
- READ it – WRITE it – **PICTURE** it.
 - Draw diagrams, illustrations, make charts.
 - Learn and use Cognitive or Mind mapping techniques.
 - View videotapes and slides when possible.
 - VISUALIZE
 - Write the procedures, steps, rules on cards and have them in front of you as you use them.
- GENERAL:
- Take classes that rely on TEXT for information.