

SOUTHEASTERN LOUISIANA UNIVERSITY
WAR MEMORIAL STUDENT UNION HAMMOND, LA

First Annual
Louisiana

RECOVERY CAPITAL CONFERENCE

THURSDAY, MARCH 7TH AND FRIDAY MARCH 8TH, 2024



Lion Up Recovery

SOUTHEASTERN LOUISIANA UNIVERSITY

Platinum Sponsors

Goldring Family Foundation



Gold Sponsor



Silver Sponsor



WELCOME

Louisiana Recovery Capital Conference

ON BEHALF OF LION UP RECOVERY AND THE LOUISIANA RECOVERY CAPITAL COMMITTEE, IT IS MY PLEASURE TO WELCOME YOU TO THE FIRST ANNUAL CONFERENCE DEDICATED TO RECOVERY CAPITAL WITH SPECIAL EMPHASIS ON COLLEGIATE RECOVERY. WE HOPE THAT YOU FIND IT TO BE A GREAT LEARNING AND NETWORKING OPPORTUNITY.

OUR CONFERENCE COMMITTEE WOULD LIKE TO THANK EACH OF YOU FOR ATTENDING THE CONFERENCE, AS WELL AS TO OUR SPEAKERS FOR SHARING THEIR TIME AND KNOWLEDGE. WE ARE HONORED TO HOST SUCH AN AMAZING GROUP OF PRESENTERS. WE ARE CERTAIN THAT YOU WILL LEAVE THE CONFERENCE WITH CURRENT RESOURCES, NEW PERSPECTIVES, AND DYNAMIC TOOLS TO BRING BACK TO YOUR COMMUNITIES.

OUR CONFERENCE WOULD NOT BE POSSIBLE WITHOUT OUR SPONSORS AND EXPO PARTNERS. PLEASE TAKE TIME TO THANK AND VISIT WITH EACH OF OUR EXHIBITORS. THROUGHOUT THE DAY, WE ASK THAT YOU STAY ENGAGED AND MEET WITH NEW CONTACTS, AS WE HOPE TO CREATE A "REUNION-LIKE ATMOSPHERE" FOR THE LOUISIANA RECOVERY CAPITAL CONFERENCE, YEAR AFTER YEAR.

YOURS, IN GREEN AND GOLD,

ANNETTE BALDWIN, LPC, LMFT CONFERENCE COMMITTEE CHAIR





Agenda

THURSDAY MARCH 7TH, 2024

**7:30am-8:30am Registration / Continental Breakfast
(In Front of the Student Union Theater)**

8:30am to 9am Student Union Theater - (Non CE)

CONFERENCE WELCOME (STUDENT UNION THEATER)

**ANNETTE BALDWIN, LPC, LMFT, ASSISTANT DIRECTOR
QUINNETTA WOMACK, LPC, LAC-CCS, CCGC, DEPUTY ASSISTANT
SECRETARY OFFICE OF BEHAVIORAL HEALTH
LESLIE BROUGHAM FREEMAN, PH.D., LPP
DIRECTOR OF PREVENTION, WELLNESS AND WORKPLACE DEVELOPMENT**

9am to 10am Session 1A (1.0 General CE Hours)

(STUDENT UNION THEATER)

**KRISTINA CANFIELD, M.ED, MACK PARK, B.A
ANNETTE BALDWIN, M.A. LPC, LMFT**

“AN INTRODUCTION TO COLLEGIATE RECOVERY PROGRAMS: FUNDING, STRUCTURE, & IMPACT“

COLLEGIATE RECOVERY PROGRAMS (CRPS) ARE DESIGNED TO PROVIDE RECOVERY SUPPORT SERVICES WITHIN THE COLLEGE ENVIRONMENT. WITH THIS SUPPORT, STUDENTS ARE GIVEN THE OPPORTUNITY TO MAINTAIN RECOVERY AND THRIVE WHILE SUCCEEDING IN COLLEGE. THIS SESSION WILL EXPLORE THE RICH HISTORY OF COLLEGIATE RECOVERY PROGRAMS, THEIR VITAL ROLE AS PART OF CAMPUS SERVICES, AND DEMONSTRATE THE COST-EFFECTIVENESS OF SUPPORTING ONE OF THESE PROGRAMS ON YOUR CAMPUS.

1. UNDERSTAND THE HISTORY, CONTEXT, DEFINITION, AND VALUE OF COLLEGIATE RECOVERY PROGRAMS
2. DEMONSTRATE THE CONTINUUM OF CARE OF RECOVERY SUPPORT SERVICES THROUGH THE IMPLEMENTATION OF COLLEGIATE RECOVERY PROGRAMS.
3. RECOGNIZE BEST PRACTICES OF COLLEGIATE RECOVERY PROGRAMS
4. DEMONSTRATE THE COST EFFECTIVENESS OF CRPS.

10:00am - 10:15am Networking Break

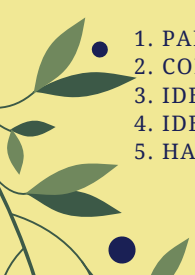
10:15am - 11:45am Session 2A (1.5 General CE Hours)

(ROOM 2207 STUDENT UNION ANNEX)

JONATHAN LOFGREN, PH.D., LADC

“COLLEGIATE RECOVERY IN COMMUNITY COLLEGE SETTINGS, 7 LESSONS LEARNED IN 7 YEARS”

PARTICIPANTS WILL REVIEW COLLEGIATE RECOVERY PROGRAM AND COMMUNITY DEFINITIONS AND ASSOCIATED CRITERIA TO OPERATIONALIZE EFFECTIVE CRPS. THIS SESSION WILL EXPLORE COMMUNITY COLLEGE-BASED COLLEGIATE RECOVERY, AND IDENTIFY LESSONS LEARNED IN THE DEVELOPMENT AND IMPLEMENTATION OF A CRC/CRP AT MINNEAPOLIS COMMUNITY AND TECHNICAL COLLEGE FROM 2017-2023.

1. PARTICIPANTS WILL DEFINE COLLEGIATE RECOVERY PROGRAM (CRP) AND COMMUNITY (CRC).
 2. COMPARE UNIVERSITY AND COMMUNITY COLLEGE BASED CRP/CRC OPERATIONAL PROCESSES.
 3. IDENTIFY LESSONS-LEARNED IN THE FIRST 7 YEARS OF A COMMUNITY COLLEGE-BASE CRP.
 4. IDENTIFY AND EXPLORE CRITERIA TO OPERATIONALIZE EFFECTIVE COLLEGIATE RECOVERY PROGRAMMING.
 5. HAVE A LITTLE FUN.
- 



Agenda

THURSDAY MARCH 7TH, 2024

10:15am - 11:45am Session 2B (1.5 General CE Hours)

(STUDENT UNION THEATER)
SHERRARD CRESPO, LCSW

“SUBSTANCE MISUSE AND SUICIDE RISK: WHAT IS THE CONNECTION”

UNNECESSARY STIGMATIZATION CAN OFTEN BE THE BARRIER FOR BOTH THOSE WHO WOULD LIKE SUPPORT AND THOSE OF US THAT ARE THE HELP GIVERS. SUBSTANCE USE AND SUICIDE IDEATION ARE TWO CORRELATING TOPICS INUNDATED WITH MISUNDERSTANDING AND SOCIAL STIGMATIZATION DUE TO FEAR. THESE TOPICS ARE COMMON AND NOTHING TO FEAR OR BE ASHAMED OF. THIS PRESENTATION WILL DEVELOP A GREATER UNDERSTANDING OF THE FACTS OF SUICIDE IDEATION AND ITS DEVELOPMENT IN THE BRAIN AND HOW SUICIDE IDEATION AND RISK CORRELATE WITH SUBSTANCE USE DISORDER AND PARTICULAR RISK FACTORS. THE GOAL OF THIS TRAINING IS TO ENLIGHTEN, BREAK DOWN BARRIERS, AND EDUCATE ON HOW TO RESPOND TO THOSE THAT NEED OUR SUPPORT.

1) DEVELOP UNDERSTANDING OF THE CYCLE OF SUICIDE IDEATION IN THE BRAIN 2) UNDERSTAND MYTHS VS. FACTS OF CURRENT KNOWLEDGE OF SUICIDE IDEATION AND CAPABILITY 3) LEARN THE SPECIFIC RISK FACTORS ASSOCIATED WITH SUBSTANCE USE 4) GAIN ABILITY TO RECOGNIZE SUICIDE AMBIVALENCE, CREATE SAFETY PLANS, AND GAIN KNOWLEDGE OF LOCAL RESOURCES

LUNCH ON YOUR OWN

11:45am to 1pm

STUDENT UNION ANNEX


1:00pm to 1:30pm Tour of Lion Up Recovery

1:30pm - 3pm Session 3A (1.5 General CE Hours)

(STUDENT UNION THEATER)
DOMINIQUE M. CLEMMONS-JAMES, PHD,
LCMHCS, CRC, LCAS, MAC, CCS, BCB

“ESTABLISHING & MAINTAINING AN HBCU CRC: CULTURALLY RELEVANT PROGRAMMING”

BUILDING RECOVERY CAPITAL CAN BE A DAUNTING TASK AT AN HBCU, ESPECIALLY AS IT RELATES TO AWARENESS, TRUST, AND ENGAGEMENT WITH A CRP. THIS SESSION HIGHLIGHTS IMPORTANT FACTORS AND CONSIDERATIONS REGARDING STARTING UP A CRP ON AN HBCU CAMPUS.

1. UNDERSTAND THE CONCEPT OF RECOVERY CAPITAL AND ITS SIGNIFICANCE IN THE CONTEXT OF AN HBCU CAMPUS.
 2. IDENTIFY THE CHALLENGES AND BARRIERS THAT EXIST IN BUILDING RECOVERY CAPITAL AT AN HBCU, SPECIFICALLY RELATED TO AWARENESS, TRUST, AND ENGAGEMENT WITH A CRP.
 3. EXPLORE STRATEGIES AND APPROACHES TO EFFECTIVELY START UP A CRP ON AN HBCU CAMPUS, CONSIDERING THE UNIQUE FACTORS AND CONSIDERATIONS INVOLVED.
 4. DEVELOP AN ACTION PLAN FOR IMPLEMENTING A CRP AT AN HBCU, TAKING INTO ACCOUNT THE IMPORTANCE OF AWARENESS, TRUST, AND ENGAGEMENT TO SUCCESSFULLY BUILD RECOVERY CAPITAL WITHIN THE CAMPUS COMMUNITY.
- 



Agenda

THURSDAY MARCH 7TH, 2024

1:30pm - 3pm Session 3B (1.5 General CE Hours)

(STUDENT UNION ROOM 2207)

HOLGER HEAP, MS, LPC, NCC; DOCTORAL CANDIDATE

“THE LIVED EXPERIENCES OF SUBSTANCE ABUSE COUNSELORS AFTER A CLIENT RELAPSES”

THIS STUDY WILL SEEK TO UNDERSTAND THE EXPERIENCES OF SUBSTANCE ABUSE COUNSELORS WHEN A CLIENT RELAPSES ON DRUGS AND/ OR ALCOHOL. PRIOR RESEARCH HAS EXPLORED THE DIFFICULTIES WORKING IN THE SUBSTANCE ABUSE FIELD (ADVERSE CLIENT BEHAVIORS, RELAPSE PRONENESS, INCREASED OVERDOSE RATES), DAMAGING EXPOSURES EXPERIENCED BY SUBSTANCE ABUSE COUNSELORS (STRESS, VICARIOUS TRAUMA, GRIEF, BURNOUT), AND THE COUNSELOR’S RESPONSE TO CLIENT DEATH. ALTHOUGH IT HAS BEEN NOTED AS A HINDERANCE TO THERAPEUTIC GROWTH, RESEARCH THAT THOROUGHLY EXPLORES COUNSELOR EXPERIENCES IN RESPONSE TO CLIENT RELAPSE IS LIMITED. THIS STUDY IS IMPORTANT BECAUSE APPROPRIATE RESOURCES FOR EFFECTIVE SUBSTANCE ABUSE TREATMENT ARE RESTRICTED. THE INFORMATION GAINED FROM THIS RESEARCH CAN BE USED TO IMPROVE THERAPEUTIC CONDITIONS FOR SUBSTANCE ABUSE COUNSELORS AND POSITIVELY INFLUENCE SUCCESS RATES IN SUBSTANCE ABUSE COUNSELING. IN THIS QUALITATIVE STUDY I PLAN TO CONDUCT INDIVIDUAL INTERVIEWS, USING THE THEORETICAL PERSPECTIVE OF PHENOMENOLOGICAL RESEARCH TO EXAMINE AND EXPLORE THE EXPERIENCES OF SUBSTANCE ABUSE COUNSELORS AS IT PERTAINS TO HOW THEY PROCESS, PERSONALLY AND PROFESSIONALLY, CLIENT RELAPSE.

- 1) THE THERAPEUTIC RELATIONSHIP IN SUBSTANCE ABUSE COUNSELING
- 2) ISSUES IN SUBSTANCE ABUSE COUNSELING
- 3) DAMAGING EXPOSURES EXPERIENCED BY THE COUNSELOR
- 4) IMPORTANCE OF SUPPORT, SUPERVISION, AND SELF-CARE
- 5) PURPOSE OF THE RESEARCH PROJECT/ PRELIMINARY FINDINGS

3:00pm - 3:15pm Networking Break


3:15pm - 4:45pm Session 4A (1.5 General CE LCSW Hours / 1.5 LPC ETHICS CE Hours)

(STUDENT UNION THEATER)

MICHAEL S. LEEMAN, PHD, LPC; BRYAN SADLER, SLU GRADUATE STUDENT, COUNSELING PROGRAM; MEGHAN WASSAN, SLU GRADUATE STUDENT, COUNSELING PROGRAM

“NAVIGATING THROUGH GRIEF AND LOSS AT DIFFERENT STAGES OF SUBSTANCE USE RECOVERY”

THE PRESENTERS PURPORT THAT DISENFRANCHISED GRIEF AND AMBIGUOUS OR SECONDARY LOSS CAN LEAD TO SHAME, ISOLATION, AND RUMINATION THAT INCREASES SUFFERING AND COMPLICATES THE RECOVERY PROCESS. DISENFRANCHISED GRIEF, AMBIGUOUS AND SECONDARY LOSS ARE DEFINED AND APPLIED TO DIFFERENT STAGES OF RECOVERY. EXAMPLES DEMONSTRATE HOW TO ASSIST CLIENTS IN IDENTIFYING AMBIGUOUS AND SECONDARY LOSS, AND PROMOTE HEALTHY GRIEVING AND COPING TO AID IN THE RECOVERY PROCESS.

- 1) IDENTIFY AND DEFINE AMBIGUOUS AND SECONDARY LOSS WITHIN THE RECOVERY PROCESS.
 - 2) RECOGNIZE AND RESPOND TO DISENFRANCHISED GRIEF
 - 3) EXPLAIN HOW AMBIGUOUS AND SECONDARY LOSS, AND DISENFRANCHISED GRIEF CAN ENHANCE OR IMPEDE THE RECOVERY PROCESS.
 - 4) IDENTIFY AND PROCESS AMBIGUOUS AND SECONDARY LOSS AND SUBSEQUENT DISENFRANCHISED GRIEF TO CASE STUDIES.
- 



Agenda

THURSDAY MARCH 7TH, 2024


3:00pm - 3:15pm Networking Break

3:15pm - 4:45pm Session 4B (1.5 General CE Hours)

**(STUDENT UNION ROOM 2207)
SYDNEY CHEIFETZ, MPH**

“HOW WE THINK ABOUT SUBSTANCE USE MATTERS: TRANSFORMATIVE REFLECTIONS FOR STUDENT SUPPORT”

IN THIS SESSION, PRESENTERS WILL LEAD THE AUDIENCE THROUGH A REFLECTIVE INVENTORY EXERCISE TO UNDERSTAND HOW UNDERLYING BELIEFS AND ASSUMPTIONS ABOUT ADDICTION AND SUBSTANCE USE PLACE US WITHIN THE NEXUS OF DISABILITY MODELS. USING THIS SELF-AWARENESS, THE AUDIENCE AND PRESENTERS WILL CONSIDER CASE STUDIES THAT SHOW PRACTICAL IMPLICATIONS FOR THESE MODELS AND HOW THEY INFLUENCE OUR DECISIONS AND THE OUTCOMES FOR STUDENTS IMPACTED BY SUBSTANCE USE DISORDERS. THESE REFLECTIONS WILL ASSIST PARTICIPANTS IN FINDING CREATIVE WAYS AND OPPORTUNITIES TO CLOSE GAPS IN SERVICES THAT HAVE OTHERWISE BEEN MAINTAINED BY STIGMA. THE SURVEY TOOL UTILIZED IN THIS SESSION WAS DEVELOPED BY THE SAFE CAMPUSES TEAM AT SAFE PROJECT IN 2023 AND HAS SINCE BEEN UTILIZED BY PROFESSIONALS AT OVER 70 CAMPUSES AROUND THE COUNTRY. THE TOOL HAS ASSISTED STAFF IN BEING CLEARER AND COMMUNICATIVE WHEN DEVELOPING SUBSTANCE USE AND MENTAL HEALTH STRATEGIES AND POLICIES ON CAMPUS.

1. IDENTIFY THE 4 INTERSECTING PARADIGMS OF SUBSTANCE USE AND THEIR POSITIONALITY AMONG THEM.
 2. UNDERSTAND THE STATE OF THESE PARADIGMS WITHIN STUDENT AFFAIRS AOD PROFESSIONALS.
 3. IDENTIFY AT LEAST 3 WAYS IN WHICH PARADIGMS INFLUENCE POLICY, COMMUNICATION, AND PROGRAMMING.
- 



Agenda

FRIDAY MARCH 8TH, 2024

8:00 am Registration / Continental Breakfast

8:30am - 10:00am Session 5A (Non-CE Event)

(STUDENT UNION THEATER)
SAM QUINONES, AUTHOR

“AMERICA AND HOPE IN THE TIME OF FENTANYL AND METH: ONE REPORTER'S STORIES”

A DISCUSSION OF FINDINGS FROM MY LAST TWO BOOKS REGARDING BOTH THE OPIOID EPIDEMIC AND THE SPREAD NATIONWIDE OF ILLICIT FENTANYL AND METH OUT OF MEXICO, HOW BOTH CHANGE MOST OF WHAT WE KNOW AND THOUGHT ABOUT DRUG SMUGGLING, TREATMENT, AND ADDICTION. AND BOTH, TOGETHER IN HUGE SUPPLY AND POTENCY, HAVE BECOME MAJOR DRIVERS OF HOMELESSNESS AND MENTAL ILLNESS.

- 1) UNDERSTAND HOW THE SHIFT TO SYNTHETIC ILLEGAL DRUGS AMONG THE TRAFFICKERS IN MEXICO HAS CHANGED EVERYTHING ABOUT DRUG SMUGGLING, TREATMENT, AND ADDICTION.
- 2) BECAUSE OF THAT, UNDERSTAND THE IMPORTANCE OF COMMUNITY WIDE APPROACH TO DRUG PREVENTION AND ADDICTION TREATMENT IS NOW ESSENTIAL.
- 3) UNDERSTAND HOW/WHY MORE THAN EVER, DRUG ADDICTION AND MENTAL ILLNESS ARE INTERTWINED AND OFTEN INSEPARABLE.
- 4) THE IMPORTANCE OF UNDERSTANDING THE NEUROSCIENCE OF ADDICTION, WHICH HAS ADVANCED REMARKABLY IN THE LAST 20 YEARS.


10:00am to 10:15am Networking Break / Expo

10:15am - 11:45am Session 6A (1.5 General Session CE Hour)

(STUDENT UNION THEATER)
SAM QUINONES, AUTHOR AND ANNETTE BALDWIN, LPC, LMFT

“QUESTION & ANSWER SESSION ON AMERICA AND HOPE IN THE TIME OF FENTANYL AND METH: ONE REPORTER'S STORIES”

AN INTERACTIVE QUESTION ANSWER SESSION ON LOCAL IMPACTS OF BOTH THE OPIOID EPIDEMIC AND THE SPREAD OF ILLICIT FENTANYL AND METH. SESSION WILL LOOK AT THE WRITINGS OF SAM QUINONES ON THE OPIOID, METH AND FENTANYL CRISIS AS WELL AS PERSONAL EXPERIENCES WITH THE OPIOID EPIDEMIC OF PARTICIPANTS.

- 1) THE IMPORTANCE OF APPROACHING SUBSTANCE MISUSE AND RECOVERY FROM A SYSTEMIC PERSPECTIVE.
 - 2) UNDERSTAND LOCAL IMPACTS WITH AVAILABILITY AND HOW THIS SHIFT HAS IMPACTED TREATMENT, ADDICTION AND RECOVERY
 - 3) THE IMPORTANCE OF CONTINUED DISCUSSION ON COMMUNITY WIDE APPROACHES TO DRUG PREVENTION, ADDICTION TREATMENT, RECOVERY COMMUNITY SUPPORT.
 - 4) IDENTIFY AT LEAST THREE WAYS TO DECREASE STIGMA AND SUPPORT RECOVERY COMMUNITIES.
- 



Agenda

FRIDAY MARCH 8TH, 2024

BOOK SIGNING WITH SAM QUINONES
COMMONS AREA IN FRONT OF STUDENT UNION THEATER

NETWORKING LUNCH SPONSORED BY
PALMETTO ADDICTION RECOVERY


11:45am to 1pm

1:00pm - 2:30pm Session 7A (1.5 General CE Hours)

**SESSION 7A (STUDENT UNION THEATER)
ASHLEY FARRIS ESCRIBANO, MSW**

“SPIRITUAL EDUCATION FOR LONG TERM RECOVERY”

UNDERSTANDING THE SOUL DISEASE OF ADDICTION AND EDUCATING OTHERS WHILE THEY ARE IN TREATMENT OF SPIRITUALITY AS AN ESSENTIAL COMPONENT TO LONG TERM RECOVERY.

- 1) UNDERSTANDING THAT ADDICTION IS A SPIRITUAL MALADY ALONG WITH THE PHYSIOLOGICAL AND PSYCHOLOGICAL DEPENDENCY AND THE DIFFERENCE BETWEEN A PSYCHOLOGICAL CRISIS VS. A SPIRITUAL CRISIS.
 - 2.) UNDERSTANDING THE CHAKRA SYSTEM AS THE ANATOMY OF THE SPIRIT.
 3. UNDERSTANDING OF HOW CHAKRAS ARE BALANCED THROUGH STEP WORK.
 4. UNDERSTANDING THE STAGES OF A SPIRITUAL AWAKENING AS A RESULT OF THE 12-STEP MODEL.
- 



Agenda

FRIDAY MARCH 8TH, 2024

1:00pm - 2:30pm Session 7B (1.5 General CE Hours)

(STUDENT UNION ROOM 2207)
SYDNEY CHEIFETZ, MPH

“MEETING THE DIVERSE NEED: MULTIPLE PATHWAYS TO AND OF RECOVERY”

WHILE 2.5% OF UNIVERSITY STUDENTS IDENTIFY AS IN RECOVERY, NO TWO RECOVERY JOURNEYS WILL LOOK THE SAME. WITH AN INCREASINGLY DIVERSE STUDENT POPULATION, COMES THE NEED FOR DIVERSE RECOVERY AND HEALING SUPPORT. THIS SESSION WILL REVIEW BOTH COMMONLY USED AND LESS COMMONLY UTILIZED MODALITIES FOR RECOVERY ON COLLEGE CAMPUSES. WE’LL EXAMINE THE CURRENT COLLEGIATE RECOVERY SUPPORT LANDSCAPE AND EXPLORE OPTIONS UNIVERSITIES CAN ADOPT TO CREATE MORE DIVERSE AND EQUITABLE RECOVERY OPPORTUNITIES, SUCH AS SPIRITUAL RECOVERY PATHWAYS, MOVEMENT BASED PATHWAYS, ABSTINENCE FOCUSED PATHWAYS, AND REDUCED USE PATHWAYS. PRACTITIONERS WILL LEAVE THIS SESSION WITH TANGIBLE WAYS THEY CAN SUPPORT THEIR DIVERSE STUDENT POPULATION IN OR EXPLORING RECOVERY, WHILE MAINTAINING AND STRENGTHENING EXISTING SUPPORT.

1. PARTICIPANTS WILL EXPAND THEIR KNOWLEDGE OF COMMON RECOVERY SUPPORT ON COLLEGE CAMPUSES.
2. PARTICIPANTS WILL DEVELOP A BROADER UNDERSTANDING OF PATHWAYS TO AND OF RECOVERY AND BE ABLE TO IDENTIFY ADDITIONAL RECOVERY SUPPORT OPTIONS THAT MAY BENEFIT THEIR CAMPUS.
3. PARTICIPANTS WILL DISCERN AND DISCUSS OPPORTUNITIES AND CHALLENGES RELATED TO COLLEGIATE RECOVERY ON THEIR CAMPUSES.
4. PARTICIPANTS WILL LEAVE WITH TANGIBLE RESOURCES TO EMPOWER DIVERSE RECOVERY MODALITIES.

2:30pm to 2:45 pm Networking Break


2:45pm - 4:15pm

Conference Closing Keynote Session 8A (1.5 General CE Hours)

(STUDENT UNION THEATER)
EMILY MEYERS, LPC

“AFTER TREATMENT: RECOVERY CAPITOL AND MANAGEMENT”

ATTENDEES WILL BE EDUCATED ON TOPICS OF ADDICTION TREATMENT LEVELS OF CARE AND TYPICAL EFFECTIVE POST-CARE RECOMMENDATIONS. ATTENDEES WILL LEARN ABOUT THE RECOVERY MODELS AVAILABLE TO THOSE IN RECOVERY. ATTENDEES WILL LEARN ABOUT HOW TO SUPPORT BUILDING RECOVERY CAPITOL AND RISK MANAGEMENT IN EARLY RECOVERY.

- 
1. LEARN ABOUT ASAM TREATMENT LEVELS OF CARE AND TYPICAL AFTERCARE RECOMMENDATIONS
 2. BRIEF EDUCATION AND DISCUSSION OF RECOVERY MODELS
 3. RISK MANAGEMENT IN RECOVERY
 4. BUILDING RECOVERY CAPITOL

Louisiana Recovery Capital Conference

SPEAKERS



Annette Baldwin MA, LPC, LMFT

Annette Newton-Baldwin is the Assistant Director of the LION UP Recovery Program (Collegiate Recovery Program) and Intervention. She is a Licensed Professional Counselor as well as a Licensed Marriage and Family Therapist. She serves the Association of Recovery in Higher Education as the Southeast regions Representative. Currently serves as Project Director for the Louisiana Collegiate Recovery Expansion Grant



Leslie Broughman Freeman PH.D

Dr. Leslie Brougham Freeman, LPP, LMSW serves as the Director of Prevention, Wellness and Workplace Development within the Louisiana Department of Health, Office of Behavioral Health (OBH). In her role, she is responsible for the oversight and management of the prevention portion of SAMHSA's Substance Use Prevention, Treatment, and Recovery Services Block Grant (SUPTRS) as well as other discretionary grant funds addressing substance abuse prevention. Dr. Freeman manages the Louisiana Synar Program as well as all suicide prevention related activities.



Dr C.J Dr. CJ is an advocate for dialogue and change regarding the current trends and topics in the field of addiction, recovery, and substance misuse. As an advocate for collegiate recovery at HBCUs, Dr. CJ is passionate about sharing her knowledge and experience in the areas of addiction and recovery among people of color. In her career as an Assistant Professor, Dr. CJ strives to identify, expand, and replicate the success of collegiate recovery on more-- and hopefully one day all-- HBCU campuses. Her current research explores this endeavor.



Kristina Canfield M.Ed Kristina is currently the Executive Director of the Association of Recovery in Higher Education, the only professional organization that solely supports the growth and development of the collegiate recovery profession in the US, Canada, and the UK. She has been working in this field for nearly 15 years and also has extensive experience in prevention, intervention, and SUD treatment.



Sydney Cheifetz MPH Sydney Cheifetz MPH, Assistant Director of SAFE Campuses, brings 8+ years of experience in international public health, collegiate recovery, health education, and prevention to the field. In her current role, Cheifetz oversees SAFE's student development programs, including the Collegiate Recovery Leadership Academy and the National Internship Program. Sydney works to create learning, advocacy, and leadership opportunities for students across the country. Previously, Cheifetz led prevention, harm reduction, and recovery programs at Gonzaga University. Sydney holds a Master of Public Health from Oregon State University and is certified in motivational interviewing, recovery coaching, and ethical public health research.



Sherrard Crespo LCSW Sherrard Crespo is a licensed clinical social worker (LCSW) who obtained her Master's Degree in Social Work from Louisiana State University in 2017. Her professional background is highlighted by her work with suicide education, prevention, intervention, and postvention. Sherrard is currently employed with VIA LINK in the position of Director of Outreach and Prevent Child Abuse Louisiana (PCAL) where her current duties include: clinical oversight of VIA LINK's 24/7 contact center, community outreach and education on VIA LINK services as well as specialized skills and information on suicide response, crisis intervention, grief, and trauma. She also facilitates VIA LINK's two support groups: Survivors of Suicide Loss and "Real Talk" a support group for teens with suicide ideation. She is also the Director for Prevent Child Abuse Louisiana (PCAL), the Louisiana state affiliate for Prevent Child Abuse America, which is operated by VIA LINK, in which her current focus includes education and advocacy for the community and professionals to support Louisiana families and prevent child abuse.



Ashley Farris Escribano MSW Ashley currently serves as the recreational therapist at Serenity Treatment Center of Louisiana, located in Baton Rouge, where she teaches classes on spiritual development, sound bath meditations, yoga and Tai Chi, and various other holistic modalities. She created her recreational program curriculum to specifically focus on spiritual development to assist people with addiction in personal growth and to aid in long term sobriety. A one of a kind program offered in this area, Ashley has and continues to collect data on the efficacy of these modalities with this population.



Holgar Heap MS, LPC, NCC Holger is a mental health counselor at The Wellness Studio in Baton Rouge, LA. He also works part-time at Regions Behavioral Hospital and Elemental Health. He completed his undergraduate work at Louisiana State University and received his master's from Southeastern Louisiana University. Holger is a Licensed Professional Counselor in the State of Louisiana and Nationally Certified through the National Board for Certified Counselors. His experience in substance abuse began in 2019 as an intern at an intensive outpatient facility. As a professional, he has worked in residential and IOP settings.

Louisiana Recovery Capital Conference

SPEAKERS



Michael Leeman, Phd, LPC Dr. Michael S. Leeman is a licensed professional counselor and has clinical experience in various settings including private practice, community clinics, and school settings. He has provided counseling for children and adults struggling with trauma related issues. Dr. Leeman is an Assistant Professor at Southeastern Louisiana University and has taught several classes including: effects of trauma, crisis intervention, grief counseling, diagnosis, and ethics. He has presented nationally on psychological trauma, posttraumatic growth, burnout, and motivational interviewing. His research includes posttraumatic growth, substance use recovery and homelessness, self-compassion, authenticity, and burnout.



Jonathan Lofgren, Ph.D., is a person living life in long-term recovery (est. 1987), and he is an Addictionology faculty member at Minneapolis College where he founded a Collegiate Recovery Program in 2017. Dr. Lofgren served on the ARHE Board of Directors from 2020-2023, and is a board member of Twin Cities Recovery Project, and a founding and current board member of the Center for African American Recovery Development.



Emily Meyers, LPC Emily Meyers is a Licensed Professional Counselor and currently serves as the CEO for Longbranch Recovery & Wellness. A Wisconsin native, she attended the University of Wisconsin-Stout where she received a bachelor's degree in Psychology with minors in Human Development and Family Studies and Human Resource Management. After completing her undergraduate degree, Emily moved to South Louisiana where she attended Southeastern Louisiana University. In 2013, she earned her Master's degree in Marriage, Family, and Couples Counseling. Emily has a wealth and variety of post-graduate experience working with adults, adolescents, couples and families who are suffering from mental health and addictive disorders. Much of Emily's experience has been assisting families recovery from the devastating effects of addiction on the family system. Emily is energetic and passionate about improving care in the state of Louisiana and assisting clients and families who are suffering from addiction to recovery.



Mack Park, BA (they/them) is the Membership and Outreach Manager for the Association of Recovery in Higher Education. Mack is currently pursuing a Master of Social Work degree from the University of Windsor where they also work as the Program Coordinator for their local Collegiate Recovery Program. As a person in long term recovery, Mack is passionate about supporting others in recovery and advocating for the growth of student recovery supports both nationally and internationally.



Sam Quinones is a long-time journalist, and author of four books of narrative nonfiction, whose career has included writing about crime, street gangs, immigration, Mexico, drug trafficking and more. He is best known for his chronicling of the opioid crisis in America through his 2015 book *Dreamland*, followed by his 2021 book, *The Least of Us*.



Bryan Sadler BA, Graduate Student Bryan has been a member in the Collegiate Recovery Program since 2018 and directly accredits his success in school to the program. He graduated from SELU with BA in Psychology in the Spring of 2021 and entered the masters in counseling program the following Fall. As coordinator and a person in long term recovery, Bryan will champion recovery protective services such as support groups and discussions, presentations, training, and committees. Bryan will encourage students to build recovery capital on campus by offering community/peer support, social engagement, and advice.

Louisiana Recovery Capital Conference

SPEAKERS



Meghan Wassan BA, Graduate Student

Meghan is currently working on her Masters in Clinical Mental Health Counseling at Southeastern Louisiana University. She received a Bachelor's of Science in Psychology with a concentration in addiction and recovery from Liberty University. She has worked as a Certified Addictions Counselor for the last six years, primarily for the 21st Judicial District Court, Adult Drug Court Program. Grateful for her freedom from addiction, Meghan knows first-hand the importance of recovery capital in the recovery journey and embraces each opportunity she is given to work with others struggling with all manners of addiction. It is her personal and professional goal to increase the quality of addiction counseling care for all populations.



Quinetta Womack LPC, LAC - CCS, CCGS Quinetta Womack, **LPC, LAC-CCS, CCGC** is the Deputy Assistant Secretary for the Office of Behavioral Health (OBH). Mrs. Womack has worked within OBH for over 20 years and has served in many capacities during her tenure. She previously served as the Director of Clinical Operations, in which she was responsible for statewide oversight of planning, implementation and execution of programs and practices for Substance Use Disorders. She also served as the Director of Children/Youth Best Practices Division, Director of Treatment Services and the Director of Workforce Development. In addition, she has worked in the field of behavioral health for over thirty years and has served as the elected National Regional representative for the Women's Services Network - National Association of State Alcohol and Drug Abuse Directors (NASADAD) and the National Treatment Network (TNT) representative at the Federal level. She is a Licensed Professional Counselor (LPC), License Addiction Counselor/Clinical Supervisor (LAC-CCS) and a Certified Compulsive Gambling Counselor (CCGC). She has a versatile background in addiction, mental health and working with diverse populations, including the Department of Corrections.

Louisiana Recovery Capital Conference

EXPO PARTNERS

ASSOCIATION FOR RECOVERY IN HIGHER EDUCATION
BATON ROUGE COMPREHENSIVE TREATMENT CENTER
BEACON BEHAVIORAL HOSPITAL
DEPARTMENT OF HEALTH AND HOSPITALS
FLORIDA PARISHES HUMAN SERVICE AUTHORITY
LION UP RECOVERY / COLLEGIATE RECOVERY PROGRAM
LONGBRANCH RECOVERY & WELLNESS CENTER
MASTERS OF COUNSELING OF SOUTHEASTERN LOUISIANA UNIVERSITY
OCEANS BEHAVIORAL HEALTH
OFFICE OF PUBLIC HEALTH
OFFICE OF BEHAVIORAL HEALTH
PALMETTO ADDICTION RECOVERY
REGIONS BEHAVIORAL HOSPITAL
SAFE PROJECT
SERENITY TREATMENT CENTER
THE GROVE
TRUE FREEDOM RECOVERY CENTER, LLC
UNIVERSITY COUNSELING CENTER
VIALINK

SPECIAL THANKS TO THE WORK AND DEDICATION OF THE CONFERENCE COMMITTEE

Annette Baldwin, M.A., LPC, LMFT, Chair
Bryan Sadler, B.A., Co Chair
Koya Butler, intern, Co Chair
Antoinette Alack
Grace Alello
Fara Allen
Jordan Cole

Bevann Dubuisson
Haley Harper
Amanda Harper
Kylee Langevin
Paige LeBleu
John LeMaire
Tralaysia Putman
Angie Woods, PhD, LCSW, BACS



***Paid for in partnership with The Louisiana Department of Health (LDH),
Office of Behavioral Health (OBH), Florida Parishes Humans Services
Authority (FPHSA) and Southeastern Louisiana University (SLU).***