

Mental Health Crisis Intervention Toolkit for Faculty & Staff



Counseling Center

SOUTHEASTERN LOUISIANA UNIVERSITY

University Police
Department (UPD)
(985) 549-2222

Dean of Students (DOS)
(985) 549-3792

University Counseling
Center (UCC)
(985) 549-3894

Office of Student Advocacy
and Accountability
(OSAA)
(985) 549-2213

**Resource for people not at immediate
risk of harm to self or others:**

UCC 24/7 Crisis Line 833-603-0008

Crisis Scenarios:

- Language about ending one's life
- Evidence or report of self-harm
- Substance Use Emergency
- Hearing or seeing things not present-hallucinations
- Physical threats to someone else

For the above scenarios:

If you lose contact with the individual
or they do not wish to accompany
you to the UCC, please call UPD
immediately for further intervention
(985) 549-2222.

Sexual Assault or Domestic Violence survivor

**If this individual
does not wish to
make a report, seek
counseling, or
receive medical
help:**

- offer resources
and report at
selu.edu/reportit

**If they demonstrate
any risk of harm to
self or others:**

- escort to UCC or
call UPD

**For any crisis scenarios AFTER HOURS, contact UPD at
(985) 549-2222 immediately.**

**If you feel anyone's safety is at risk, please call
UPD at (985) 549-2222.**

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How to proceed based on what information you have:

In Person

- If safe, escort them to the UCC
- Stay to inform the counselor on call
- If the individual is unwilling, call UPD immediately

Written

- Call UPD immediately at (985) 549-2222
- Forward all supporting documentation to police@southeastern.edu

Phone Call

Gather information:

- Name, Location, W#, Any harm done?

Contact UPD immediately

- Flag down a colleague if needed

Try to keep the individual on the call

Third Party

- Gather as much information as possible
- Contact UPD

After reporting to UPD or UCC, complete the Report It form at www.selu.edu/reportit

What to do and say with someone in crisis:

- How can I best help you right now?
- Are you thinking about suicide?
- Can I walk with you to the Counseling Center so we can have someone help you?
- Explain they are not in trouble; UPD is a resource for everyone's safety.
- Take a deep breath yourself.
- Offer genuine listening without judgment.

If you feel anyone's safety is at risk, please call UPD at (985) 549-2222.