

# Mental Health Crisis Intervention Toolkit for Students



**Counseling Center**  
SOUTHEASTERN LOUISIANA UNIVERSITY

## **Mental Health Crisis:**

- Language about ending one's life
- Evidence or report of self harm
- Substance Use Emergency
- Hearing or seeing things not present- hallucinations
- Physical threats to someone else's safety



## **Action:**

Call UPD at (985) 549-2222  
24/7

or

Go to UCC  
during business hours

**For people not at immediate risk of harm to self or others:  
UCC 24/7 Crisis Line 833-603-0008**

## **Sexual Assault or Domestic Violence Survivor**

### **Helpful resources include:**

- The University Counseling Center
- University Police Department
- Dean of Students
- Office of Student Advocacy and Accountability

### **Actions that can be taken:**

- Mental Health Counseling
- Medical Examination
- Police Report
- Title IX Report
- Housing room change

**If you feel anyone's safety is at risk,  
please call UPD at (985) 549-2222.**



## **Helpful Offices**

### **UCC 24/7 Crisis Line**

**833-603-0008**

### **University Police Department (UPD)**

**(985) 549-2222**

**Open 24/7**

### **University Counseling Center (UCC)**

**(985) 549-3894**

**M-Th 7:30am-5PM, F 7:30am-12:30pm**

**Summer: M-Th 7am-5:30pm**

### **Dean of Students (DOS)**

**(985) 549-3792**

**M-Th 7:30am-5pm, F 7:30am-12:30pm**

**Summer: M-Th 7am-5:30pm**

### **Office of Student Advocacy and Accountability (OSAA)**

**(985) 549-2213**

**M-Th 7:30am-5pm, F 7:30am-12:30pm**

**Summer: M-Th 7am-5:30pm**

**If you feel anyone's safety is at risk, please  
call UPD at (985) 549-2222.**