Address 4933 Wabash St., Metairie, LA 70001

Phone (504) 228-7462

Description Non-profit organization providing health promotion and prevention services.

Reviews

Name of site Action Therapy & Wellness Center Address 211 E. Worthey St., Gonzales, LA 70737

Phone (225) 644-7044

Website http://action-therapy.net/
Description Outpatient rehabilitation clinic.

Reviews

Name of site Affiliated Rehab

Address 26635 La Highway 16, Denham Springs, LA 70726

Phone (225) 667-2004

Description Outpatient rehabilitation clinic.

Reviews

Name of site Affiliated Therapy Services

Address 2204 Robin Ave., Hammond, LA 70403

Phone (985) 542-7878

Website <u>www.atsla.com/</u>

Description Outpatient rehabilitation clinic.

Reviews 2016 8 Activities: Water Aerobics instruction, Aquatic Therapy, performed modalities,

demonstrated exercises. Regarding Modalities, I would perform cervical traction, lumbar traction. Electrical Stimulation. Heat packs. Cold packs. Comments: I would definitely recommend other students to intern at Affiliated Therapy Services. My internship site

supervisor was a great mentor.

Name of site Akula Foundation

Address 1221 South Clearview Pkwy, 4th floor, Jefferson, LA 70121

Phone (504) 881-0452

Website <u>www.akulafamilyfoundation.com/</u>

Description Non-profit organization providing resources to extend hospice services.

Reviews

Name of site Albany High School Athletics
Address 1 Hornet Lane, Albany, LA 70711

Phone (225) 567-9319
Website <u>www.albanyhs.com</u>

Description High school athletic program

Reviews

Name of site Alzheimer Services of the Capital Area Address 3772 North Blvd., Baton Rouge, LA 70806

Phone (225) 334-7494 Website http://alzbr.org/

Description Non-profit organization providing education and support for those affected by Alzheimer's disease or

dementia.

Reviews

Name of site A&K Physical Therapy Address River Ridge, LA Phone (504) 818-2300 Website https://www.facebook.com/AK-Physical-Therapy-189665157777096/ (no official website)

Description Reviews

Address Baton Rouge, LA Phone (225) 767-7877

Website www.amberterraces.com/

Description Assisted Living for citizens diagnosed with Alzheimer's or Dementia

Reviews

Address Slidell, LA

Phone

Website

Approved for HEDP

Description Nationwide voluntary health organization dedicated to eliminating cancer.

Reviews

Name of site Americana YMCA Address Zachary, LA Phone (225) 654-9622

Website http://ymcabr.org/Branches/americana/americanaymcahome

Description Community-focused nonprofit established in 1844 with recreational programs & services for all ages.

Reviews

Name of site Amplify Resources Address Mandeville, LA Phone (985) 727-7710

Website https://www.facebook.com/pages/Amplify-Resources/161541960531191

Description Youth Learning Center

Reviews

Address Hammond, LA
Phone (985) 542-6664
Website http://anatomixpt.com/

Description Outpatient physical therapy clinic

Reviews 2018 10 Activities: I kept the clinic clean and worked with patients on a daily basis. Comments: It

was a great experience. Other students should expect to be in a fast environment where

they can learn all about therapy.

Name of site Anthon Chiropractic Care

Address Hammond, LA
Phone (985) 542-1640
Website http://anthonchiro.com/

Description Chiropractic Care for Southeastern Louisiana

Reviews 2016 10 Activities: Assisted patients with their rehabilitation programs. Prepared patients for

electric stimulation and checking patients into adjustment rooms. Comments: I would absolutely suggest Anthon Chiropractic Care to anyone interested in the chiropractic field or in physical therapy. I could not have asked for a better supervisor to watch over me

while I was interning.

2016 10 Activities: I worked in the rehab and therapy sections of the clinic. Comments: I would recommend this place because the people were very welcoming and warm, and the job

was satisfying.

2018

Activities: Mostly rehab with patients. Comments: It is a great location with a lot of potential opportunities. My mentor was great. The site has a lot of daily patients; therefore, it can be difficult to build personal relationships with patients.

Name of site Apex Network Physical Therapy
Address Out-of-state locations (see website)

Phone see website

Website http://apexnetworkpt.com/
Description Physical Therapy services

Reviews 2016 10 Activities: I observed multiple physical therapists as well as do PT Tech duties.

Comments: This is a great place to learn and get some experience in the field. My supervisors were really good. They always challenged me with questions and asked me

to do research for them.

Name of site Aramark Dining Services

Address Hammond LA Phone (985) 549 2286

Website www.southeastern.edu/admin/dining/

Contract 1/1/14-1/1/17

Description Food, Facility, and Uniform Services

Reviews

Name of site Arrowhead Junior Golf Tour

Address Mandeville, LA

Phone (985) 264-8329 (985) 630-3066
Website http://www.arrowheadjgt.com/
Description Competitive golf training for children

Reviews

Name of site ARS International - Health and Safety

Address Port Allen, LA
Phone (225) 381-2991
Website www.amrad.com

Description Environmental Remediation, Decontamination, Hazardous and Radioactive Waste Management

Reviews 2016 10 Activities: I was in charge of building the office space for a functional and location

specific corporatel wellness program. I also created new ideas that would improve the quality of life for each employee. Comments: I would recommend this site for other students because there was a tremendous amount to learn and I was very appreciative

for the challenge that it presented. My site supervisor was great.

Address Donaldsonville, LA
Phone (225) 473-4719
Website No Website

Description Research-based orthopedic and sports physical therapy clinic.

Reviews

Name of site The Athlete's Zone

Address Canada

Phone (905) 602-5510
Website www.athleteszone.ca
Description Sports Performance facility

Reviews

2016

2016

Activities: Cleaned, kept equipment organized, helped clients, participated in team workout, trained athletes, and participated in fitness testing. Comments: I would recommend this internship site because you learn different exercises that can help you to a healthy lifestyle. Future interns will be teaching and showing clients different kinds of exercises.

Name of site

Authentic Strength & Performance Institute

Address Metairie, LA Phone (504) 304-4331

https://www.ideafit.com/facility/authentic-strength-performance-institute

Description

Gym/Health Club, Personal Training Studio, Wellness Studio

Reviews

Website

Activities: I interacted one-on-one with clients under the guidance of the site supervisor. I learned new exercises to implement with clients and developed better communication skills during my time there. Comments: I would recommend this facility for an internship

because the site supervisor was a great mentor.

Name of site

B Quick Athletic Development

Address Covington, LA Phone (504) 451-5391

Website www.bquickfitness.com Description Athletic Development/Gym

Reviews

Name of site

Baton Rouge General Medical Center

Address **Baton Rouge** Phone (225) 387-7000

Website http://www.brgeneral.org/

Description Full Service Community Hospital

Reviews

Name of Site

Bayou Orthotic and Prosthetic

Address Harvey, LA Phone (504) 341-1331

Website https://www.facebook.com/pages/Bayou-Orthotic-Prosthetic-Center/116632818397482

Description Orthotics and Prosthetics Services

Reviews

Name of site

Bogalusa Physical Therapy Center

Address Bogalusa, LA Phone (985) 735-1426

Website https://www.facebook.com/pages/Bogalusa-Physical-Therapy-Center/1495502874084221

Description Physical Therapy

Reviews

Name of site

Baton Rouge Area Sports Foundation

Address Baton Rouge, LA (225) 382-3596 Phone Website www.brasf.com/

Description

Hosting/ producing sports events that positively impact our economy...

Reviews

Name of site Baton Rouge Orthopaedic Clinic

Address Baton Rouge, LA Phone (225) 924-2424

Website www.brortho.com
Description Physical Therapy Clinic

Reviews

Name of site Baton Rouge River Center

Address Baton Rouge, LA Phone (225) 389-3030

Website raisingcanesrivercenter.com

Description Sports/Performing Arts/Grand Ballroom/Exhibition Hall Venues

Reviews

Name of site BR Fit

Address Baton Rouge, LA
Phone (225) 266 9467
Website www.Brfit.com

Description Functional Performance Athletic Training

Reviews

Name of site BREC (Rec and Parks Commission of Baton Rouge)

Address Baton Rouge, LA
Phone (225) 272-9200
Website www.brec.org

Description City/parish recreation department

Reviews

Name of site Brattain Sports Performance

Address River Ridge, LA Phone (317) 460-3582

Website www.brattainsportsperformance.com

Description Fitness and sports performance facility

Reviews

Name of site Broadmoor High School Address Baton Rouge, LA Phone (225) 926-1420

Website http://schools.ebrschools.org/broadmoorhigh/

Description High school athletic department

Reviews

Name of site Brotherhood, Inc Address New Orleans, LA Phone (504) 566-7955 Website brotherhoodinc.org/

Description non-profit community based organization providing housing, education, and training.

Reviews

Name of site Bruce Barbell
Address Baton Rouge, LA
Phone (225) 933-5718

Website http://www.brucebarbell.com/

Description Sports performance, Olympic lift training

Reviews 2016 8 Activities: Coached athletes in proper techniques and applicable exercises. Comments: It

is a great place to learn about coaching and olympic lifts. My mentor, Matt, was an

amazing coach. He does not sugar coat things.

2016 10 Activities: I created programs for tactical athletes and refined my coaching skills.

Comments: I would recommend it for everyone. They should anticipate programming,

coaching, and learning.

2018 10 Activities: I trained athletes in both one on one and group settings. Comments: I

definitely recommend this site because you get to learn exactly how classroom work translates into the gym while learning from the best in business. Also, the smaller setting allows everything to be more personal when coaching and being taught by the

supervisor.

Address New Orleans, LA
Phone (800) 624-2039
Website www.cagno.org

Description Non-profit educational org focusing on cancer and tobacco

Reviews 2016 10 Activities: Updated patient files, prepared and presented materials for health fairs.

Comments: It was a great experience and I would recommend this site to others. My

supervisor was great to work with.

2018 10 Activities: Data entry. Research. Traveling with my supervisor and meeting with health educators and medical and educational staff. Promoting health education and community

outreach work. Comments: Future interns should be prepared to use most of the skills

they learned at Southeastern, especially if they're health education majors.

Address Covington, LA Phone (985) 249-6111

Website http://www.carephysicaltherapy.net/

Description Physical Therapy for painful conditions, recovery of function, and injury prevention.

Reviews

Address Covington, LA Phone (985) 249-7022

Website www.cwhnorthshore.com

Description Complete healthcare for women

Reviews 2018 10 Activities: Triaged patients, taught in various health topics, and assisted with office

procedures. Comments: I would recommend this site becaue you learn a lot and the

office staff is great.

Name of site Chappapeela Sports Park

Address Hammond, LA
Phone (985) 543-6767
Website www.playcsp.com

Description Recreational Facilities & Programs with an exceptional family environment.

Reviews

Name of site Chiropractic Sports & Injury Center

Address Baton Rouge, LA
Phone (225) 224-0327
Website No Website

Description Reviews

Name of site Christus Health Central Louisiana

Address Alexandria, LA

Phone (318) 793-5336

Website www.christushealth.org

Description International Catholic, faith-based, not-for-profit health system

Reviews 2016 10 Activities: I gathered patients' charts and studied them, informing the PA of anything they

needed to know such as medical insurance, current illnesses or medications, etc... I also helped with simple procedures such as suturing and wrapping injured ankles/wrists. Comments: I would probably not recommend this site to others because of how far it is away from school. If students were to intern at this site, it would be up to their supervisor what they would be able to do. I was fortunate to have a supervisor who allowed me to

participate in a wide varietyh of activities.

Name of site Christwood Community Center

Address Covington Phone (985) 292-1234

Website http://www.healthyatchristwood.com/
Description Physical fitness facility for Seniors

Reviews 2016 9 Activities: teach members how to use fitness equipment. Teach water aerobics classes.

Assisted with front desk operations. Comments: It was a great experience. I was given

environment and I'm thankful for that.

2018 10 Activities: I taught water aerobics, balance, and resistance training classes. I also worked

tasks at the last minute, which was good because it provided a realistic work

the front desk, gave tours, and helped members in the fitness room. Comments: I DEFINITELY would recommend this site to future interns because the people and supervisors are amazing and will stretch your knowledge and allow you to grow.

Name of site Club One, Inc Address Covington, LA Phone (985) 893-4121 Website No Website

Description Reviews

Name of site Coastal Orthotics & Prosthetics

Address Hammond, LA Phone (985) 345-9940

Website www.coastalpando.com

Description Orthotics & Prosthetics services

Reviews 2016 10 Activities: I helped fabricate orthotics and prosthetics. Comments: My supervisor was a

great teacher. I would recommend this site because it was a great learning experience.

Name of site Coquille Parks and Recreation

Address Covington, LA Phone (985) 892-9829

Website www.coquillerecreation.com

Description Multi-sport indoor and outdoor complex

Reviews 2016 8 Activities: Facilities Management, monitored games, practices, and events. Comments:

Yes, I would recommend this site for future interns because they have a great staff and lots of different sports and youth to interact with. My internship supervisor was great.

Address Covington, LA Phone (985) 893-4044

Website http://covla.com/recreation/index.php

Description City recreation department

Reviews

Name of site Cross Gates and Affiliates (Parisi Speed School)

Address Slidell, LA
Phone (985) 643-3500
Website crossgatesclub.com
Description Athletic Club

Reviews

Name of site Crossfit Francos
Address Mandeville, LA
Phone (985) 801-0500
Website crossfitfrancos.com

Description Crossfit facility within Francos Fitness Center

Reviews

Name of site Curves

Address Baton Rouge, LA Phone (225) 751-1303

Website https://www.curves.com/locations/baton-rouge-la-southeast

Description Fitness program and facility for the improvement of women's health

Reviews

Name of site D1 Sports Training - Northshore

Address Covington, LA Phone (985) 273-3320

Website https://www.d1sportstraining.com/

2016

Description Sports Performance training and improvement facility

Reviews 2016 9 Activities: coached classes, clean

2016 9 Activities: coached classes, cleaned up weight room, organized and participated in meetings. Comments: It was a very hands-on experience and they treated me like I wasn't an intern. It was a good site because it helped me to further my knowledge of the strength and conditioning field.

Activities: Help in all aspects of running the facility. Cleaning and maintenance and coaching. Attend weekly meetings with the staff. Comments: Awesome staff and you should expect to learn a lot.

Name of site Dakmak Performance Address Baton Rouge, LA Phone (225) 445-6254

Website https://www.dakmaktraining.com/

Description Premier one-on-one training in Baton Rouge.

Reviews 2016 8 Activities: Helped train clients in both individual and group settings. Learned about

programming and prescribing workouts. Helped demonstrate exercises, and helped record clients' progress. Comments: If you want to personal train or strength and conditioning train as a career, then I recommend this place. My site supervisor was great.

2016 10 Activities: I made sure the gym was clean at all times. I trained clients, and I did my own workout programs. Comments: I've learned so much since I've been at my internship. Future interns should expect to be constantly moving and on their feet.

2016 10 Activities: 1. Keep facility clean and organized. 2. Organized weights when not in use. 3. Help train clients when facility is busy. 4. Help track progress of clients. Comments: I would recommend this site for internships. I feel Dakmark Performance has provided me with useful knowledge and experience that I will be able to use in future Kinesiology based careers.

2018

Activities: Cleaning, personal training, and managerial work. Comments: This internship was beyond informative in the field of professional training. My mentor was passionate in his craft and more than willing to teach it.

Name of site

Doctors of Chiropractic Group

Address Phone Mandeville, LA (985) 626-1671

Website

http://bpcmandeville.com/

Description

Chiropractic and back pain treatment

Reviews

Name of site

Downtown Physical Therapy and Hand Center

Address Phone Baton Rouge, LA (225) 383-5021

Website

http://www.dtphysicaltherapy.com/

Description

35 years of combined experience in neck and back pain physical therapy

Reviews

Name of site

Dutchtown High School

Address Phone Geismar, LA (225) 391-6200

Website

http://www.apsb.org/subhome/DutchtownHigh

Description

High School Athletics

Reviews

Name of site

East Jefferson General Hospital

Address Phone New Orleans, LA (504) 454-4000

Website

ejgh.org/

Description

Community Hospital

Reviews

2016 9 Activities: Took patients' blood pressure and assisted them in their workouts. I

participated in Phases I, II, and III or cardiac rehab. Comments: I would recommend students to intern at EJGH Cardiac Rehab. It was a great learning experience and there was always something to do. Students will take blood pressurs, assisting patients with exercise machines. My site supervisor was very helpful in teaching me things I needed to

do if I was not sure about certain tasks.

2016

Activities: Taught fitness classes. Cleaned and maintained equipment. Observed members and safety policies. Attended lectures and benefit fairs. Comments: I would recommend this site to other students because you get hands-on experience with disease management patients. My supervisor was an ideal mentor because they gave me tasks to complete every week with room to venture out on my own and experience as much as I could in the short amount of time.

2016

Activities: I was responsible for checking AED logs, taking inventory of first aid bags, restocking cholesterol kits for wellness screenings, participated in off-site wellness screenings. Performed fitness testing for firefighters daily (including treadmill protocol and strength testing). Comments: I would definitely recommend this site to others because of the friendly and productive atmosphere.

Name of site

Edible Schoolyard New Orleans

Address Phone Website New Orleans, LA (504) 296-7377 esynola.org/

Description

School with organic gardening and cooking to enhance student's lives.

Reviews

Name of site Elmwood Fitness Center

Address Harahan, LA Phone (504) 733-1600

Website www.ochsnerfitness.com/

Description Fitness Center owned by Oschner hospital

Reviews

Name of site EXOS Athletes' Performance Institute

Address Gulf Breeze, FL Phone (850) 916-8650

Website http://www.teamexos.com/our-location/pensacola/

Description Athletic Performance facility for all ages and athletic types.

Reviews 2016 7 Activities: Assisted in coaching athletes through strength and conditioning programs.

Attended weekly intern education sessions, and prepared protein shakes for the athletes after their workout. Comments: If a future intern would like a career in strength and conditioning, I highly recommend it. One thing to keep in mind, the site supervisor could improve his relationship with the interns by maintaining a higher level of professionalism

and holding monthly meetings to get feedback on the internship.

Name of site First Choice OME
Address Mandeville, LA
Phone (985) 898-0005
Website No website

Description Reviews

Name of site Fischman & Wiltz Sports

Address New Orleans, LA Phone (504) 522-9449

Website http://fischmanwiltz.com/
Description New Orleans sports agency

Reviews

Name of site
Address
Lafayette, LA
Phone
(337) 234-7018
Website
Description
Full fitness center

Reviews

Name of site Fort Hays State University Athletics

Address Hays, Kansas

Phone Website

Description University athletic department

Reviews

Name of site Franco's Athletic Club

Address Mandeville, LA Phone (985) 792-0200

Website www.francosmandeville.com

Description Fitness Center/Spa

2016

Reviews

Reviews	2016	6	Activities: Clean machines, assist members with spotting, answered members questions, folded towels. Worked as if I was a regular employee. I also interacted with clients in Franco's Parkinson's class. I found that portion of my internship very interesting. Comments: My supervisor could have been a little more hands-on with the interns. At times I felt like we were just left to our own resources. I would recommend this site to others if they know what they want to study during their internship. If they don't, they will find themselves bored through the semester.		
	2016	1	Activities: Monitor the fitness desk. Comments: I did absolutely nothing. I would not recommend anyone to intern at Franco's because the supervisors there are not hands-on with any of the interns. The management at Franco's did not want to take any time to help me develop. They just wanted me to stand behind a desk and monitor the gym.		
	2016	10	Activities: My responsibilities included taking members through the simple strength circuit, cleaning machines, re-racking weights, folding towels, closing the club, and greeting members at the front desk. Comments: I would recommend this site to those who enjoy working in a gym setting. I enjoyed how my internship site supervisor met with me periodically, but was not watching we work at all times.		
	2016	3	Activities: Cleaned, observed, and maintained the weight floor. Helped with weigh-ins for fitness programs. Comments: I would not recommend this site for future internships because there's not much to do and there's not much opportunity to learn. My supervisor was rarely present and I only saw her when she needed help with something. She could have ensured we had specific tasks and things we could learn while we were there.		
Name of site Address Phone Website Description Reviews	Functionally Integrated Therapy and Training Perkins Road, Baton Rouge, LA (225) 769-4100 www.gofitt.com				
	FITT is a tear	m of sp 10	Activities: Trained clients under supervision, performed Biotonix, AKA, and MKA assessments. Processed data through FITT software. Prepared evaluation rooms. Cleaned equipments. Assisted trainers in determining dysfunctions, tensions, and misalignments. Comments: I would recommend this place for internship because I learned so much and the staff were great. They were patient and understanding, and they wanted me to do my best.		
	2016	10	Activities: Learned how to prepare and perform a full posture, mobility, and flexibility assessment; learned foundational exercises each week. Assisted trainers in evaluations. I entered evaluation data into their computer software programs to run reports. Comments: I would highly recommend this site to prospecting interns. I felt like I was taking a class with the amount of knowledge and skills that I learned.		
	2016	10	Activities: I participated in Biotonix evaluations, AKA, and OKA evaluations. Read texts and articles. Took weekly quizzes. Taught exercises. Learned how to properly perform exercises. Comments: Yes, I recommend this site because it gives students an opportunity to learn more than what is being taught in the classroom. My mentor was amazing. She's very detailed and punctual and she is available any time for questions.		
	2016	7	Activities: I learned new exercises and correct terminology for different things. Regular activities included processing evaluations and shadowing trainers. Comments: I would recommend students to intern there because it was a great experience. My intern supervisor was great. She did her job and made sure we were learning and stayed occupied.		
	2016	8	Activities: I learned several different exercises along with their progressions and compensations. I shadowed the trainers to get a first hand experience on how the session goes. Comments: I would recommend this site because I feel I've learned so much. It was a very hands-on approach to learning. I learned new software as well.		
	2016	10	Activities: Training clients under supervision, performing Biotonix, AKA, and MKA assessments processing data through FITT software. Assisted trainers in determining dysfunctionss, tensions, and misalignments. Comments: You will learn more here than you probably will in a class-room setting.		

Activities: Clean machines, assist members with spotting, answered members questions,

2018

Activities: My duties include completing paperwork such as, reporting documents, evaluation / re-evaluation materials, home programs, program designs, SOAP notes. Also, I answered clients' questions, making smoothies, and maintaining client relations. I also proactively participated in overall facility operation, cleaning gym equipment, putting away equipment, and setting up the room for evaluations. Comments: I would recommend this intern site to future interns. Anyone interested in corporate wellness, personal training, and assessments that we have done in our curriculum.

Name of site Gilsbar Insurance Address Covington, LA Phone (985) 892-3520

Website https://www.gilsbar.com

Description Health insurance company providing health coaching

Reviews

Name of site Girls On The Run Address Baton Rouge, LA Phone (225) 636-0800

Website https://www.girlsontherunsola.org/

Description Non-profit organization promoting running and self esteem for young girls

Reviews

Name of site GO Physical Therapy Address Baton Rouge, LA Phone (225) 923-0110

Website www.go-physicaltherapy.com/

Description All encompassing physical therapy (manual therapy approach, foot and shoe evaluations, dry needling).

Reviews

Name of site Greater New Orleans Sports Foundation

Address New Orleas, LA
Phone (504) 525-5678
Website https://gnosports.com/

Description non-profit organization attracting sporting events that have a positive economic impact on the GNO area.

Reviews

Name of site Hammond Magnet High School

Address Hammond, LA Phone (985) 345-7235

Website http://www.tangischools.org/hhms
Description High school athletic department

Reviews

Name of site Hanger, Inc
Address Lafayette, LA
Phone (337) 235-9070
Website www.hangerclinic.com
Description Orthotics and prosthetics

Reviews

Name of site Hanger Clinic: Orthotics and Prosthetics

Address Baton Rouge, LA
Phone (225) 761-9800
Website www.hangerclinic.com
Description Orthotics and prosthetics

Reviews

Name of site Happy Hands Therapy Services

Address Hammond, LA Phone (985) 662-5448

Website happyhandstherapy.org

Description Occupational Therapy for children that struggle with coordination and visuall processing.

Reviews 2016 10 Activities: Helped children correct pencil grips, letter formations, proper movement for

jumping jacks and yoga poses, etc. I assisted the occupational therapists at this site in a various amount of ways. Comments: I recommend this site if a student is interested in a

career in Occupational Therapy.

Name of site Houston Baptist University

Address Houston, TX
Phone (281) 649-3000
Website www.hbu.edu

Description University athletic department

Reviews 2016 8 Activities: Director of Operations for indoor and beach volleyball at Houston Baptist

University. I planned and coordinated team travel. I participated in game management and I was a facilities liason. I arranged pre and post game meals. I gave on-campus recruiting tours. Comments: This site is a great site to intern for anyone who wants to

pursue a career in collegiate athletics.

Name of site Houston Rockets / Toyota Center

Address Houston, TX Phone (713) 758-7200

Website www.houstontoyotacenter.com

Description Multipurpose venue

Reviews

Address Mandeville, LA Phone (985) 626-0999

Website mandevillechiropractor.com

Description Chiropractic

Reviews 2016 10 Activities: I assisted patients with electron stimulation and with the traction table. Aided

patients with exercises. Comments: I highly recommend this internship to future students. I have learned valuable skills that I can use later in my career. I like that this place worked really well with making sure all the patients were treated for their injuries and not

everyone was treated like a cookie cutter.

2016 10 Activities: Stim machine implementation, genie and percussor massages. IST machine

implementation. Comments: Absolutely recommend this facility for future internships. This is a good site because the people here are wonderful to work with and the most

helpful people I have ever come across.

Name of site
Integrative Touch Pediatric Occupational Therapy

Address Marrero, LA Phone (504) 341-7300

Website https://www.facebook.com/Integrative-Touch-Pediatric-Occupational-Therapy-126859530660387/

Description Pediatric occupational therapy

Reviews

Name of site Jay Artigues Sports Plex

Address Hammond, LA Phone (985) 956-7770 Website jasportsplex.com

Description Facility for sports training

Reviews

Name of site Kleinpeter Physical Therapy

Address Zachary, LA
Phone (225) 330-7430
Website kleinpeterpt.com
Description Physical Therapy

Reviews 2016 10 Activities: I was responsible for ensuring patients properly performed their exercises, and

to help them when necessary. Comments: The PTs allow a lot of hands-on experience. They also encourage the students to watch in order to learn. My mentor was great. She allowed me to sit in with her during initial patient evaluations. She also allowed me to

watch her perform procedures I would be doing as a PT.

Name of site LA Cardiology Associates

Address Baton Rouge
Phone (225) 767-3900
Website www.lca-br.com

Description Diagnose and treat heart and chest pain conditions

Reviews

Name of site LA Dept. of Health and Hospitals / Office of Public Health

Address Baton Rouge
Phone (225) 342-9500
Website www.dhh.louisiana.gov

Description Aging & Adult Services, Behavioral Health, Developmental Disabilities, Heathly Louisiana, Public Health

Reviews

Address Baton Rouge Phone (225) 342-8500

Website http://www.doa.la.gov/pages/orm/index.aspx

Description The Office of Risk Management administers the state's self-insurance program.

Reviews

Name of site LA Organ Procurement Agency Address I-12 Service Rd., Covington, LA

Phone (504) 837-3355 Website www.lopa.org

Description Non-profit organ and tissue recovery agency

Name of site Lakeway Athletic Club (Premier Fitness)

Address Metairie

Phone (504) 836-5252
Website www.bepremierfit.com
Description Athletic and Fitness Club

Reviews

Name of site Lamar Dixon Expo Center

Address Gonzales Phone (225) 450-1009

Website lamardixonexpocenter.com

Description Ascension Parish's Premier Event Venue

Reviews

Name of site

Lane Regional Medical Center

Address

Zachary

Phone

(225) 658-4000

Website

https://www.lanermc.org/

Description Reviews

Name of site

LEAN Performance Academy

Address

Slidell

Phone

(985) 445-5752

Website

www.leanperformanceacademy.com

Description Reviews

Name of site

Lexlee's Kids Address **Baton Rouge** Phone (225) 372-3991

Website

http://www.lexleeskids.org/

Description

Non-Profit dedicated to safety education for children ages 0-18.

Reviews

Activities: Organized and presented the gun safety programs for Lexlee's Kids. Also, I assisted in the Ready, Set, Drive and Bike and Pedestrian programs throughout the semester. Comments: I would definitely recommend students to come here. Being in the classrooms made it great.

2016

2016

Activities: Presented different safety topics to parents and children from pre-k to high school. Wrote Safety blogs and did car seat safety checks. Comments: This is a great site because it builds on skills we have learned in school like presenting, writing, communicating with people, networking, and interacting with children.

2016

Activities: The main thing that I did was present the Ready, Set, Drive program. I also participated in health fairs promoting the different programs Lexlee's Kids has to offer. Comments: I recommend this site because it gives you so many different opportunities to be involved in the community and to make a difference in people's lives.

2016

Activities: I was in charge of the Ready, Set, Drive program that went into High Schools and Driving Academy's to talk about distracted driving and drinking and driving. Comments: I was able to experience much more than I expected. My mentor continuously encouraged me to do my best at all times. I was treated as an employee and I experienced a lot.

Name of site LHSAA Address **Baton Rouge** Phone (225) 296-5882 Website www.lhsaa.org

Description

Louisiana High School Athletic Association

Reviews

Name of site Lift Training Studios

Address Mandeville Phone (985) 727-1540

Website www.lifttrainingstudios.com

Description

Health Club

Reviews

Name of site Linx Physical Therapy and Wellness

Address Maurepas / Denham Springs

Phone (225) 698-1144 Website www.linxpt.com

Description Provider of comprehensive physical therapy

Reviews

Name of site Live Oak High School Athletics

Address Denham Springs Phone (225) 665-8858

Website www.liveoakhigh.org/athletics

Description Reviews

Name of site Livingston Parish (Students Against Destructive Decisions / SADD)

Address Livingston Parish Phone (225) 241-8730

Website http://www.lpsadd.org/about

Description Organization to help youth make better life decisions

Reviews 2018 10 Activities: My responsibilities for this internship were to create lesson plans, go to

trainings, help with tobacco compliance checks, teach seatbelt safety lessons, attend high school and elementary school SADD club meetings, help put on SLC meetings, etc. Comments: I feel like Health Education and Promotion majors would get a little taste of

everything at this internship site.

Name of site LSU Athletic Department

Address Baton Rouge Phone (225) 578-8001

Website www.lsusports.net or http://www.lsusports.net/ViewArticle.dbml?ATCLID=177229

Description University's athletic department

Reviews

Name of site LSU Rec Center Address Baton Rouge Phone (225) 578-8001

Website www.lsuuniversityrec.com/lsuurec
Description University rec sports facility

Reviews

Name of site Mandeville Soccer Club

Address Mandeville
Phone (985) 624-8080
Website www.mscsoccer.org

Description Soccer Club in St. Tammany parish

Reviews

Name of site Mandeville Sports Complex

Address Mandeville Phone (985) 727-7277

Website https://www.mandevillesportscomplex.com/

Description Family Friendly Health Facility - Gym, Swimming, Camp, After School Care

Reviews

Name of site March of Dimes Louisiana Chapter

Address Baton Rouge Phone (225) 295-0655

Website https://www.facebook.com/marchofdimeslouisiana/

Description Healthcare for Moms and Babies

Reviews

Name of site MediFit Corp Services (One Shell Square / New Orleans)

Address New Orleans

Phone Website Description

Reviews 2016 7 Activities: I structured wellness activities for employees. I created bulletin boards to

promote wellness programs. I assisted with health fairs. Comments: I would recommend this internship for students who want to be a wellness coordinator. My site supervisor

was helpful.

2016 10 Activities: I had to create 5 different monthly bulletin topics in addition to updating 22

additional boards. I had to create weekly educational emails for the weight management program. I had to complete body composition, such as weigh-ins and weigh-outs for the employees that participated in the health challenges. Comments: I would definitely recommend this site to other students. This internship site gives you a different

perspective of health wellness in the business world.

Name of site Melanie Massey Physical Therapy

Address West Monroe
Phone (318) 396-1969
Website www.mmptinc.com

Description Physical Therapy - Adult Services, Pediatric Services, Special Services

Reviews

Name of site Moreau Physical Therapy

Address Zachary

Phone (225) 286-0181 Website www.moreaupt.com

Description Provides physical therapy, occupational therapy, industrial medicine, and aquatic therapy

Reviews 2016 10 Activities: I assisted in therapeutic exercises for all different patient scenarios. I routinely

kept the clinic clean. I also assisted in electrotherapy for patients. Comments: I would recommend this site to anyone who would want to pursue a career in physical therapy. This site allows students to have a hands-on experience with patients and therapeutic

exercises

Name of site Movement Science Center

Address Covington Phone (985) 801-7145

Website www.movementsciencecenter.com

Description Physical therapy and sports medicine

Reviews

Name of site NeuroTherapy Specialists

Address Baton Rouge Phone (225) 272-0150

Website www.neurotherapyspecialists.net

Description Pediatric & adult physical, occupational, and speech therapy services.

Reviews

Name of site New Orleans Jazz and Heritage Festival

Address New Orleans
Phone (504) 558-6100
Website www.nojazzfest.com

Description Arguably the best music festival in the world.

Reviews

Name of site New Orleans Jazz and Heritage Festival Foundation

Address New Orleans Phone (504) 558-6100

Website www.jazzandheritage.org

Description Nonprofit in the areas of education, economic development and cultural enrichment.

Reviews

Name of site New Orleans Jewish Community Center

Address New Orleans
Phone (504) 897-0143
Website www.nojcc.org

Description Community center providing a variety of services - including fitness

Reviews

Name of site New Orleans Saints Youth Program

Address New Orleans

Phone

Website www.neworleanssaints.com/youth-programs

Description NFL football organization youth community enhancement

Reviews

Name of site Next Level Physical and Occupational Therapy

Address Madisonville Phone (985) 898-0721

Website www.thenextlevelprc.com

Description Occupational and Physical Therapy

Reviews 2016 8 Activities: I basically worked as an OT Tech. I performed ultrasounds, paraffin treatment,

fluidotherapy on patients and guided them in functional activities. Comments: I would

recommend this site for future interns. It was a very good learning experience.

Name of site North Cypress Fitness Center

Address Hammond Phone (985) 542-3121

Website www.northcypress.com

Description Health Club

Reviews

Name of site North Lake Resource Center on Development

Address Hammond Phone (225) 567-1248

Website http://www.dhh.louisiana.gov/index.cfm/directory/detail/577

Description Support Center for people with Developmental Disabilities and their Families

Reviews

Name of site North Oaks Hospital - Cardiac Rehab

Address Hammond Phone (985) 345-2700

Website http://www.northoaks.org/Medical-Services/Heart-Health.aspx

Description Cardiac Rehab

Reviews 2016 10 Activities: Checked blood pressure, oxygen saturations, and printing EKG strips. Also, I

got to go into Inpatient Cardiac Rehab. Comments: I would recommend this site to other interns. The activities I performed during my internship will be applicable to real-life; thus,

I'm thankful for my experience with North Oaks Cardiac Rehab.

2016	10	Activities: I did all hands-on patient care work, which included placing telemetry leads on patients, reading EKGs, educated patients on prescribed diets and risk factors, assisted patients with their exercise equipment, took and documented patients' vitals. Comments: This site is truly amazing. The staff is very helpful and supportive. Students should anticipate stepping out of their comfort zone and having patient interaction.
2016	10	Activities: Set patients on the exercise machines. Attain patients oxygen saturation if needed and also record their dyspnea and angina level. Comments: I would definitely recommend this internship site to students. Students should anticipate to be comfortable, eventually, taking blood pressures, oxygen saturations and setting patients up on different exercise equipment.
2016	10	Activities: I checked patients in and out (taking blood pressure, checking oxygen saturation, and attaching electrodes for ECG monitoring), setting exercise equipment and taking any required measurements affer exercise (asking for RPE, checking oxygen saturation, or taking blood pressure). Comments: I would recommend this site to other students. The site supervisor did a great job.
2016	9	Activities: Helped patients check in and out of rehab. Helped them set-up their exercise machines. Comments: This place was satisfactory because it was a constant learning experience. They should anticipate always being around patients. The nurses at North Oaks were ideal mentors. We saw them more than our site supervisors.
2016	10	Activities: Measured pre and post exercise blood pressure. Used pulse oximeter to check heart rate. I hooked up a heart monitor to patients and placed electrodes on the patients' chest. I participated a six minute walk tests with patients in which I recoreded their heart rate and oxygen saturation. Comments: I highly recommend this site to future interns who want to pursue a career in healthcare and enjoy working with adult and geriatric population.
2016	9	Activities: Checking patients blood pressure, measuring the patients' oxygen saturation levels, connecting the patients to the heart monitor and assisting the patients with exercise equipment. Comments: I would absolutely recommend this internship site to other students. It gave me an opportunity to expand my knowledge about the cardiovascular system, and it help me to interact with patients.
2016	7	Activities: Took blood pressure, used a pulse oximeter, checked RPE, helped inpatients use spirometer, assisted with cardiac and 6 minute walks. Comments: I would recommend the inpatient intern position to hardworking students. The site supervisor was friendly and laid back.
2016	10	Activities: I recorded patients' blood pressure, oxygen level, heart rate, and blood sugar, if needed. Placed electrodes on and off patients, printed pre and post EKG strips. Set patients up on the document RPE and SPO2 after each exercise. Comments: I recommend this site to future interns because you apply so much of what you learn in class while you're interning.

Name of site North Oaks Hospital (Health Transition Alliance - Health Coaching)

Address Hammond
Phone (985) 345-2700
Website www.northoaks.org

Description Health coaching at North Oaks hospital

Reviews

2016

10 Activities: We visited patients in their homes, typically once a week to counsel about their health. We participated in meetings Monday, Tuesday, and Thursday. Monday meetings were with the HTA staff to report about our patients and ask questions. Tuesday meetings were with the doctor about the patients. Thursday meetings were with Dr.

Wood to discuss our patients and ask questions. Comments: I would recommend this site to future interns because they would get hands-on experience with the patients, the doctors, and the other staff.

2016 8 Activities: Coached patients to adopt a healthier lifestyles. Staffed patients with a medical team. Participated in projects which helped us learn and teach about certain health conditions. Comments: I would highly recommend the North Oaks Health Coaching Internship. It's very involved and the hands-on experience is great.



Address Hammond Phone (985) 542-0663 Website northoaksobgyn.com

Description Hammond, Louisiana's Hospital/OBGYN

Reviews

Name of site NR Peace

New Orleans (Gretna) Address (504) 392-4182 Phone

Website https://www.facebook.com/NR-Peace-Inc-163860506958594/

Description minority nonprofit community based organization, providing health education and HIV/AIDS

Reviews

O2 Physical Therapy Name of site

Address Hammond Phone (985) 340-0102

Website O2physicaltherapy.com

Description Orthopedic / Manual Therapy / Occupational Rehab / Industrial / Pain Management / Aquatic Rehabilitation

2018 Reviews Activities: Basic cleaning duties, assisted patients with their exercises, performed ultrasounds, and attached patients to e-stim, etc. Comments: If a female student who is

interested in aquatic therapy and possibly has exeperience as a swimmer, she would be

a good candidate to work with these patients during their pool exercises.

Name of site Oak Knoll Country Club

Address Hammond Phone (985) 345-2387

Website www.oakknollcountryclub.com/ Description Golf Course / Country Club

Reviews

Name of site Ochsner Medical Center Address Kenner, Baton Rouge Phone 1-866-Ochsner

Website https://www.ochsner.org/locations/ochsner-medical-center

A 473 Bed Acute Care Hospital Description

Reviews

Name of site Office of Public Health (Tangi Parish Health Unit)

Address Hammond Phone (985) 543-4165

Website http://new.dhh.louisiana.gov/index.cfm/directory/detail/4831

Approved for **HFDP**

Public Health Services Description

Reviews

Name of site OLOL Ascension Community Hospital / St Elizabeth

Address Gonzales Phone (225) 647-5000 Website https://steh.com/

Description General Hospital, 24 hour ER available

Reviews 2016 Activities: I helped plan, coordinate, and work at health promotion events sponsored by

OLOL Community Advocacy, i.e. car seat safety, proper safe sleep techniques. Comments: This was a good place to intern because the staff was experienced and

knowledgeable. They are very flexible with scheduling.

Name of site

Olympus Sports Coliseum

Address Phone Website Sacramento, CA (916) 666-9471 olympussports.net

Indoor Sports Facility

Description Reviews

Name of site Address

Options, Inc Hammond (985) 345-6269 www.options4u.org

2016

Description

Non-profit agency providing services for people with developmental disabilities.

Reviews

Phone

Website

Acitivities: I was in charge of organizing fitness programs for participants with physical and mental disabilities. Comments: I would recommend this site for internship as long as the student has a desire to work with this population. You need to have patience. You're given independence to make your schedule and the programs. My internship site supervisor was a wonderful mentor.

Name of site Address Orthopedic and Sports Therapy Kenner, Metairie, Westbank

Phone

(504) 443-5152

Website

www.orthosportstherapy.com

Description

Physical Therapy

Reviews

2016 10

Activities: Apply electrical stimulation. Apply cold and hot therapy. Kept all machines functional and clean. Assisted clients with proper technique and form. Comments: I would highly recommend other students to intern at this site. My supervisor was a great

mentor to me.

Name of site

Orthoptic Rehab Clinic

Address

Metairie

Phone (

(504) 885-9121

Website

www.orthorehabofmetairie.com

Description

Physical Therapy Clinic

Reviews

Name of site

Our Lady of the Lake Hospital (Cardiac Rehab)

Address Phone Baton Rouge (225) 765-8004

2016

Website

Description

Supervised exercise, education, lifestyle counseling and risk factor modification.

Reviews

10 Activities: Monitor patients' heart rate, blood pressure, spo2, and RPE levels. Cleaned heart rate monitors. Ambulated patients after surgery. Comments: This was a great opportunity for me. I was given the opportunity to follow PT/OT around as well as attend

some nutrition classes.

2016

Activities: Assessed BP, Monitored HR, Recorded RPE number, checked oxygen saturation, cleaned HR monitors. Educated patients on post-op care and diet. Walked with patients. Comments: I would recommend this site to future interns because of the hands-on experience they will get and the variety of patients they will assist.

2016

Activities: Helped ambulatory patients, check Spo2, HR, BP, made patients charts. Comments: Yes, I would recommend this site because it was a good hands-on experience with people. They need to expect to do blood pressures and help people walk. This is a nice work environment and a good learning experience.

Name of site

The Parenting Center

Address

Covington

Phone (985) 898-4435

Website www.stph.org/parentingcenter

Description Center in St. Tammany Parish Hospital that seeks to promote confidence and competence in parents,

encourage optimal development of children, and enhance the well-being of your families.

Reviews

Name of site Peak Performance Physical Therapy

Address Denham Springs Phone (225) 667-8989

Website www.peakphysicaltherapy.com

Description Physical and Occupational Therapy Services

Reviews 2016 9 Activities: It was basically a tech job. I did the following: worked with patients, folded

clothes, assisted therapist, and set patients up on heat/ice and stem. Comments: I would recommend other students to intern at Peak because Steve (supervisor) and the staff are

friendly and very knowledgeable!

Name of site Peak Performance Physical Therapy

Address Gonzales Phone (225) 295-8183

Website www.peakphysicaltherapy.com

Description Physical and Occupational Therapy Services

Reviews

Name of site Peak Sports MGMT

Address Frisco, TX Phone (501) 548-2704

Website www.peaksportsmgmt.com/

Description Sport management organization linked to university athletic programs (including SLU).

Reviews

Name of site Pelican Athletic Club

Address Mandeville
Phone (985) 626-3706
Website www.thepac.com

Description Commerical fitness center.

Reviews 2016 9 Activities: I helped train clients and participated in a few of the group exercises. I also

organized and collected data for the human resources office. Comments: I recommend this site for future interns because it will give students a chance to train and learn more about fitness via different outlets. They should anticipate early mornings. I found this site

to be a great networking opportunity.

2016 9 Activities: Assisted with exercise classes and assisted in the physical therapy room. Also

helped with computer work as well. Comments: I would definitely recommend other students to intern at this internship site because I was able to get experience and learn

about different departments within the site.

Name of site Pennington Biomedical Research Center

Address Baton Rouge
Phone (225) 763-2500
Website https://www.pbrc.edu/

Description Research center focusing on chronic disease and health across the lifespan.

Reviews 2016 9 Activities: I worked in the outpatient clinic completing measurements such as weight,

height, blood pressure, heart rate, arm circumference, and hip circumference.

Comments: I would recommend other students to intern at this site because it is a great

experience and job opportunities are available.

Name of site Pennington YMCA
Address Baton Rouge
Phone (225) 272-9622

Website http://www.ymcabatonrouge.org/Branches/cbpennington/cbpenningtonhome

Description

14 acre family facility

Reviews

Name of site Physician's Choice PT Address Denham Springs Phone (225) 791-7788

Website https://www.facebook.com/pages/Physicians-Choice-Physical-Therapy/121202444618661

Description Physical Therapy

Reviews

Name of site Pinnacle Physical Therapy

Address Covington Phone (985) 892-0305

Website pinnaclemedicalnetwork.com/physical-therapy/ Description Physical Therapy - Clinical Education Site

Reviews 2016 10 Activities: I would put heat, stim, and ice on patients along with guiding them through

exercises. Comments: This place is awesome. I would definitely recommend students to

intern here. The therapist are so friendly and willing to work with you.

2016 10 Activities: I worked alongside the physical therapist in whatever he may have needed.

Some of my tasks included getting equipment for patient, cleaning, folding laundry, etc... Comments: I would recommend this site because my internship was awesome. I would

recommend it to anyone wanting to apply to PT school.

Name of site Ponchatoula High School Athletics

Address Ponchatoula Phone (985) 386-3514

Website https://www.tangischools.org/domain/4612

Description High School athletic program

Reviews

Name of site Ponchatoula Fitness Center

Address Ponchatoula Phone (985) 386-8507

Website www.ponchatoulafitness.com/

Description Traditional Weight lifting gym (Powerlifting, Body Building).

Reviews 2016 8 Activities: I took out the trash, refilled soap dispensers, toilet paper/paper towel rolls, and

re-rack weights. Comments: I would recommend this site if students are looking for a good experience for personal training. I would not recommend this site if students are

looking for busy work.

Name of site Ponchatoula Therapy

Address Ponchatoula Phone (985) 386-6884

Website ponchatoulatherapy.com

Description Physical Therapy

Reviews 2018 9 Activities: I got to work hands-on with patients during the stages of their rehabilitation,

whether it's showing the patients exercises, ultrasounds, e-stim, etc. Comments: I would highly recommend this site. I loved the work environment and I believe I gained as much

knowledge from this clinic as I would get anywhere else.

Name of site Ponchatrain Orthotics and Prosthetics

Address Mandeville Phone (985) 629-0960

Website https://www.facebook.com/Pontchartrain-Orthotics-Prosthetics-423413221167348/

Description Orthotics and Prosthetics in St. Tammany Parish

Reviews 2016 10 Activities: I observed my site supervisor during patient appointments. I also observed

fabrication of orthotics and prosthetic components. I also took part in light cleaning at the

clinic and office work. Comments: The site supervisor is very knowledgeable,

encouraging, and easy to work with. He creates a great work and learning environment

for his interns.

Name of site Professional Physical Therapy

Address Amite

Phone (985) 748-7878 Website www.pptla.com

Description Locally owned physical therapy unit

Reviews 2018 9 Activities: I assisted patients with their exercises. I cleaned rooms and helped with any

small tasks around the clinic. Comments: I recommend this site because it's a laid back environment where questions and critical thinking are encouraged. They should be

prepared to think quickly and learn plenty about the human body.

Name of site Rapides Regional Medical Center

Address Alexandria
Phone (318) 769-3000
Website rapidesregional.com

Description An adult and children's hospital in Alexandria

Reviews

Name of site Redstick Crossfit
Address Baton Rouge
Phone (225) 747-0457

Website www.redstickcrossfit.com

Description Crossfit Gym - Two locations in Baton Rouge, Mid-City and South

Reviews

Name of site Revolution Fitness NOLA

Address Metairie

Phone (504) 570-6333

Website www.revolutionfitnessnola.com

Description Personal Training Gym

Reviews 2016 7 Activities: I shadowed training sessions between trainers and clients. I helped prepare

usage reports every week. At times I watched the front desk as well. Comments: I would recommend this facility because I benefited from the one-on-one experience. I got to

learn a lot and asked a lot of questions with no distractions.

Name of site River Parishes Hospital

Address Laplace

Phone (985) 652-7000

Website https://www.ochsner.org/locations/ochsner-health-center-river-parishes

Description General Hospital

Reviews

Name of site Riverside Rehabilitation Center

Address Franklinton Phone (985) 795-4252

Website http://www.rmchospital.com/Services/Rehabilitation/tabid/122/Default.aspx

Description

Comprehensive Physical and Occupational Therapy for all ages.

Reviews

Name of site Safety Council Address **Baton Rouge** Phone (225) 766-0955

Website https://www.alliancesafetycouncil.org/

Description We partner with our members to build safer workplaces and communities. Delivering proven, best-in-class

training plays a significant role in lowering safety incident rates, severity rates and costs to industry.

Reviews

Name of site SB Wellness Group Address **Baton Rouge** Phone (225) 445-5814 Website sbwellness.com/ Description Worksite health/fitness.

Reviews 2016

Activities: Assessments (blood pressure, waist msmt, body composition), planned and led group exercise classes, worked health fairs, provided health coaching, maintained facility. Comments: Great experience ... Supervisor and staff helpful ... Ideal for trying different aspects of fitness industry ... Weakness was lack of depth/specialization into

specific aspects.

2016 Activities: I assisted with health fairs which included taking blood pressure, weight,

height, and waist circumference. I also participated in and/or taught group exercise classes. Comments: Would I recommend this site to future interns? Yes and No. Overall the internship wasn't too bad. There was very poor communication throughout the

semester and not much opportunity for learning. The staff was very friendly.

Name of site Schroeder Family Chiropractic

Address Covington Phone (985) 871-7411

schroederfamilychiropractic.com/ Website Description General Chirpractic practice.

Reviews

Name of site Slidell Memorial Hospital

Address Slidell

Phone (985) 280-2200 Website slidellmemorial.org Description General hospital.

Reviews 2016 Activities: Implemented community programs such as Hand Washing, Hand Hygiene,

and Food Safety classes. I also made flyers, brochures, and handouts for different events. I conducted health screenings that included blood pressure, BMI, glucose and weight. Comments: I recommend SMH because the supervisor really gets the interns

involved in just about every aspect of the program.

SLU Athletics / Strength & Conditioning Name of site

Address Hammond Phone (985) 549-2253 Website www.lionsports.net/

Description university's athletics - all teams.

Reviews 2016 Activities: I coached athletes in the proper technique for different lifts, i.e. clean, bench

press, squat, and various other exercises. Also helped set-up, clean, and maintain facilities. Comments: I recomment this site for people interested in this line of work, which gives you a first look into the strength and conditioning profession. This

environment can be high-stress at times.

2016 Activities: Assisted the staff with coaching athleted from different sports. Prepared the field or the weight room for their workouts. Comments: If a student has the aspiration of becoming a head strength and conditioning or sports performance coach, I would highly recommend interning here. The sfaff gave a real-world insight on what it's like to be a college strength and conditioning coach.

2016 Activities: Coaching the warm-up for volleyball and cheer and dance. Also cleaning the facility and setting up for team workouts. Comments: I do not recommend this site for future interns because there was some disrespect in my opinion coming from the staff that I feel was unnecessary and unprofessional.

2018 Activities: Maintained gym floors and equipment. I would set up and break down before and after each training session. Motivated and coached athletes during sessions. Comments: I would recommend this site to students who want to coach college athletics. This site requires a student to be in good shape because it's extremely physically demanding. Please take note; there was one coach who was unapproachable and difficult to work with. His attitude appeared to be one of, "please don't bother me interns."

Name of site SLU Student Health Center

Address Hammond Phone (985) 549-2242

http://www.southeastern.edu/admin/health_ctr/ Website

Description University health clijnic

Reviews

Name of site **SLU Recreation Center**

2016

Address Hammond Phone (985) 549-5591

Website www.southeastern.edu/admin/rec_sports/index.html Description

Reviews

Recreation Center/Gym for students and community

Activities: Designed a fitness program for kids who attend the lab school on campus. Comments: This site was fun because the staff was constantly trying to find new ways to promote health, wellness and fun for everyone. My main issue with this site is that the staff did not seem prepared to take interns. At times it was boring.

2016 Activities: I designed a running program for children K-8 and completed workouts with them twice a week. Comments: I would not recommend this site for future interns because there is not much for interns to do. My supervisor was nice, but she was so busy and did not give me many tasks to complete.

SMG - Superdome and NO Arena Name of site

Address **New Orleans** Phone (504) 587-3663

Website www.mbsuperdome.com

Description New Orleans largest Sports Arena

Reviews

Name of site **Snap Fitness** Address Laplace

Phone (985) 651-4404

Website https://www.snapfitness.com/gyms/laplace-la-70068/108

Description Health Club / Gym

Reviews

Name of site Southern University Athletic Department

Address **Baton Rouge** Phone (225) 771-2462 Website www.gojagsports.com

Reviews

Name of site Southside YMCA (Baton Rouge)

Address 8482 Perkins Rd., Baton Rouge, LA 70810

Phone (225) 766-2991

Website http://www.ymcabatonrouge.org/Branches/southside/southsidehome

Description YMCA

Reviews 2016 10 Activities: I was responsible for promoting the ActivTrax program, updating the wellness

calendar regularly, and working with the Diabetes Prevention Program. Comments: I would recommend other students to intern at this site. The staff and members create a

great atmosphere.

Name of site Southwest LA Area Health Educ Center

Address Lafayette
Phone (337) 989-0001
Website No Web-site

Description The center provides health care promotion, wellness awareness, clinical support and medical staff recruitment

services.

Reviews

Name of site Special Olympics Address Hammond Phone (985) 345-6644

Website laso.org

Description The mission of Special Olympics Louisiana is to provide sports training and competition in a variety of Olympic-

type sports for children and adults with intellectual disabilities.

Reviews

Name of site Spectrum Fitness and Medical Wellness

Address Baton Rouge Phone (225) 923-3490

Website www.spectrumfitness.com

Description Health Club/Gym, multiple locations in Baton Rouge

Reviews 2016 10 Activities: I instructed my clients through their exercise program. I set up all of their

machines and equipment needed during their program. I would instruct exercise and correct form. Comments: I would definitely recommend students to my intern site. They should anticipate designing exercise programs and instructing exercise. The participants

age range is from 16 to 85, and some of the clients have physical limitations.

Name of site Spoga Studio Address Hammond Phone (985) 345-2453

Website http://www.spogafc.com/

Approved for KIN

Description Fitness Center / Gym

Reviews 2016 9 Activities: Greeting guests, cleaning facility, training members. Comments: I would

recommend this facility to future interns because it is a very encouraging environment where you learn a lot of new things and have the opportunity to develop personable

relationships that help with networking.

2016

Activities: Worked the front desk. Made sure members had what they needed and made sure the floor and the machines were clean. I thought the work atmosphere was amazing. Everyone there is so friendly. I had a great mentor and I recommend this site for future interns.

Name of site

St. Francis Cabrini Hospital

Address Phone

Alexandria (337) 487-1122

Website

https://www.christushealth.org/st-frances-cabrini

Description

General Hospital in Alexandria, LA

Reviews

Name of site

St. Tammany Parish Rec Dist 14, Coquille Sports

Address

Covington

Phone Website Description

Reviews

Name of site

St. Tammany Parish Hospital (Cardiac Rehab)

Address Phone

Covington (985) 898-3781

Website

http://www.stph.org/cardiacrehab

Description

Reviews

Activities: My duties were mainly to take blood pressure, assist the patients with their

program, and give education in phase I. Comments: I would definitely recommend this site to future interns because the staff were very friendly and were willing to help. My

mentor was completely willing to help with any and everything.

2016

2016

Activities: I helped patients get set-up on their 4-lead monitors and also checked their blood pressure three times throughout their exercise session. Comments: I would recommend this site to future interns because the staff was amazing and there was

always something to do.

Name of site

St. Thomas Aquinas High School

Address

Hammond

Phone Website

Description Reviews

Name of site

STAR Physical Therapy

Address

Covington

Phone Website Description Reviews

Name of site

Stone Creek Club and Spa

Address

Covington

Phone Website Description Reviews

Name of site

Sun Belt Conference

Address

New Orleans

Phone Website Description

Reviews

Name of site

Tangi Alcohol and Drug Abuse Council

Address

Hammond

Phone Website Description Reviews

Name of site

Tangipahoa Parish Govt - TRACC Coalition

Address

Hammond

Phone Website Description Reviews

Name of site

Tchefuncta Country Club

Address Covington Phone (985) 892-1949

Website

Description

Golf course Country Club

Reviews

Activities: Worked under PGA pro James Leitz. I assisted him in his golf shaft research project. Comments: I would encourage future students to intern here. Mr. Leitz is a world renowned golf instructor and business man and you can learn a lot from him. However, Mr. Leitz can be very busy and there will be times where you won't see him for the day.

Name of site

Thibodeaux Regional Hosp (Fitness Center)

Address

Thibodeaux

2016

Phone Website Description Reviews

Name of site Total Package Perf and Wellness

Address 800 Webb Street, New Orleans (Elmwood Area)

Phone 504-300-1233

Website www.totalpackageperformance.com Description

Reviews

Gym that focuses on sports performance.

2016

Activities: I assisted in training athletes ranging from 9 years to mid 50s, assisted with some physical therapy and maintained functionality of the facility. Comments: I would absolutely recommend this site. I had an ideal mentor. His outlook on his profession and his continuing education is an ideal example of what catapults great PTs past the rest. I was very fortunate to be under his guidance.

2016

Activities: I shadowed the PT and supervised exercises and workouts. I made sure people were doing exercises correctly, as well as using th equipment correctly. Comments: This place was an awesome site to learn and further my studies. Also, the staff was very eager to help with anything I need in regards to learning new tasks and skills.

Name of site

TPG Crossfit (The Proving Ground Crossfit)

Address

Baton Rouge

Phone (225) 288-7208

Website https://www.facebook.com/pages/TPG-CrossFit/180364618662173

Description Crossfit Gym

Reviews 2016 9 Activities: Coaching crossfit, cleaning facility, attend weekly meetings/lectures.

Comments: I would absolutely recommend this site to future interns. The site supervisor is knowledgeable and a great mentor. The information and skills I was taught were

practical and prepared me for a job in small group training.

Name of site

Traction Center for Sports Excellence

Address

Baton Rouge

Phone Website Description Reviews

Name of site Tulane University Athletics

Address New Orleans
Phone (504) 865-5512
Website tulanegreenwave.com
Description Division 1 College athletics

2016

Reviews

8 Activities: Worked all game day operations for beach volleyball, men's basketball,

women's golf, and baseball. Comments: Future students who intern here will get a first look at what goes into a collegiate athletic event. I learned a lot at this site. My site supervisors were helpful. They let me discover what particular events I liked to work the

most.

Name of site

Velocity Sports Performance

Address New Orleans

Phone Website Description Reviews

Name of site Vitology
Address Hammond
Phone (985) 542-6007
Website www.vitalogyinc.com

Description

Reviews 2016 10 Activities: I did health assessments for employees of fortune 500 companies. Travel

around the nation performing tests like blood cholesterol, glucose, blood pressure, and other information that assesses risk for heart disease. Comments: I would absolutely recommend Vitalogy to students looking to intern. The site supervisor was great in

training in the company's processes.

Name of site Walker High School

Address Walker, LA
Phone (225) 664-4825
Website www.walkerhigh.org

Description High school athletic program

Reviews 2016 10 Activities: I was an assistant to the Athletic Director at Walker High. I was in control of all

eligibility folders. I kept all athletic fields in playing condition. I also made sure all games went as scheduled. Comments: I would recommend this site to future interns, especially

if their goal is to become an Athletic Director.

Name of site We Pilates

Address

Baton Rouge

Phone Website Description

Reviews

Name of site

Wellness Physical Therapy

Address

Slidell

Phone Website Description Reviews

Name of site

West Jefferson Medical Center

Address

New Orleans

Phone Website Description Reviews

Name of site

Women's Hospital Fitness Center

Address Baton Rouge
Phone (225) 927-1300
Website www.womans.org

Description

A Baton Rouge fitness center just for women

Reviews

2016

O Activities: Sat in on training sessions and was able to give input and correct improper form. Participated in assessments and was able to lead some later on. Comments: It was a great experience and wonderful environment. The trainers work with you hands on and let you do tasks on your own.

2016

Activities: I shadowed the personal trainers. I helped with assessments, new trainings, and personal trainings. Cleaned equipment as well. Comments: Yes, I would recommend other students for this site. It was really eye opening and gave me direction for after graduation. This site was good because it prepared me for getting a professional job.

2016

Activities: I was given the opportunity to do almost everything their trainers are allowed to do. I was allowed to perform general training sessions. I was allowed to perform fitness assessments as well, which included sub-maximal VO2 cardio talk tests, girth measurements, skinfold measurements, and medical history questions. Comments: I would recommend Woman's because the trainers are so wonderful and knowledgeable and are always willing to help.

2016

Activities: Perform fitness assessments, write work out plans. Comments: I would recommend this site for a future internship because you practice a majority of things you learn in school here. The trainers are always ready to help.

Name of site

Xtreme Physical Therapy

Address

New Orleans

Phone Website Description Reviews

Name of site

YMCA: West St. Tammany

Address Phone Covington

Website

Description Reviews

Name of site Z

Zachary High School

Address

Zachary

Phone

Website

Description

High school athletic program

Reviews

Name of site Zeldan Physical Therapy

Address

Covingotn

Phone Website Description Reviews

Name of site

Zuppardo Chiropractic Clinic

Address

Hammond

2016

Phone Website

Description

Reviews

Activities: I assisted patients, pressure point therapy, client screening, and paperwork. Comments: I would not recommend this site to other students because while the doctor there is kind and knowledgeable, he also runs a very toxic environment, and is not a suitable site. Anticipate a lot of yelling if any other student decides to intern there.