Athletics at Southeastern Louisiana University Notable Highlights 2015 - 2016

- » Southeastern senior Alex Young won the program's first Division I national championship in the weight throw at the 2016 NCAA Indoor Track and Field Championships. Young would go on to be named Academic All-America and Southland Conference Indoor Student Athlete of the year. Senior teammate Misha Frazier became the first two-time female track All-American in school history.
- » For the second time in the past three seasons, the Southeastern baseball team advanced to the NCAA Tournament, competing in the Baton Rouge Regional at LSU. Posting a 40-win season for the second straight season, the Lions received the first-at-large NCAA bid in school history. Southeastern was led by Southland Conference Player of the Year, Academic All-America and consensus All-America selection Jameson Fisher, who would go on to be drafted in the fourth round of the MLB Draft by the Chicago White Sox.
- » The Southeastern women's soccer team advanced to the NCAA Tournament for the third time in school history. Southeastern won the Southland Conference Tournament behind tournament MVP and Lady Lion junior goal keeper Hope Sabadash, who was named the first All-American in program history following the season.
- The Southeastern softball team led the nation with 172 stolen bases. Senior Katie Lacour received the Golden Show Award, given to Division I's top base runner after leading the nation with 58 stolen bases.

- » The Southeastern Golf Team finished second at the Southland Conference Championship behind James Anstiss, a first team All-Southland, Southland All-Academic and All-Louisiana selection who won the Louisiana Amateur Championship.
- The southeastern volleyball team advanced to the Southland Conference Tournament for the second straight season. The Lady Lions were led by All-Southland Conference and All-Louisiana junior Landry Bullock
- » The Southeastern men's basketball team made the Southland Conference Tournament for the fourth straight season.
- » Southeastern senior Renee Villarreal won every individual honor possible for the Southeastern women's tennis tean. Villarreal was named Academic All-America, Southland and Louisiana Player of the Year, as well as Southland Student Athlete of the year.
- » Southeastern senior Harlan Miller was a sixth-round pick by the Arizona Cardinals in the 2016 NFL Draft. Miller, left Southeastern as a two-time All-American and three-time first team All-Southland Conference performer.
- Women's basketball senior forward Nanna Pool earned All-Southland honors after finishing among the program's career leaders in points, rebounds and blocked shots.

Source: Office of Sports Information