

THE REC *at home*

SOUTHEASTERN
LOUISIANA UNIVERSITY



REC Updates for YOU:

This is the first of a continued series of weekly newsletters to keep you up-to-date. There was a quick info form we sent out to all student employees last Friday. If you haven't filled it out yet, please click the "Complete Our Staff Info Form" from the list on the right.

Quick updates from common questions we received from the responses so far:

Do you think we'll be open by summer?

- It's unclear at the moment, and totally dependent on the state and local government and university officials. We're hoping that we can reopen, but even when we do, it may not be business-as-usual at first.

Other campus jobs are providing student employees chances to get hours. Will we be doing the same?

- With the building closed and everything about the REC shifted online, we're trying to come up with creative ways for you to earn hours, but all of it revolves around social media. If you'd like to be involved with our online presence, please indicate that on your staff info form.

How are y'all doing?

Thank you for asking! We'll include updates from professional staff each week. Cheryl has provided our first update on the next page >>

CURRENT PROGRAMS

[COMPLETE OUR STAFF INFO FORM](#)

[SPELL YOUR NAME WORKOUT CHALLENGE](#)

[VIRTUAL 5K APRIL 11-12](#)

CAMPUS UPDATES

[PRIORITY REGISTRATION ENDS APRIL 9](#)

[COUNSELING CENTER SERVICES OFFERED](#)

[SPRING BREAK: APRIL 10-19](#)

Good Morning Rec Family,

I hope this finds you and your family well and healthy. I have been social distancing and staying in. I am well and healthy. I have been telecommuting from home and it has been a big adjustment.

How about you guys, are you practicing staying safe? How is it going with your classes, hopefully by now you guys are adjusting to the new way of learning? Will you be taking online classes next semester? Lol :)

Enjoy your family time, they love you and want the best for you. You guys have made history, you are the ones that will complete your semester from outside of campus.

The Rec misses you guys; it is a very empty place. You never thought you would say you miss your job but you do at this time, don't you? I miss you guys; I haven't been to campus but once or twice since the closure. I found myself looking down from upstairs to see who was working at Control and Membership.

Jason has challenges on our website to keep you moving and active; check them out. I have learned about Meet and Zoom so I am also learning new communication ways. Maybe we can have an end of semester video conference and give out air hugs and congratulations to our Seniors.

Most important you guys stay safe and healthy. Don't watch the news too often, it can bring you down. Have fun on your Spring Break. Be creative and think of new ways to celebrate. Have a blessed Easter and see you soon.

if you'd like to contact Ms. Cheryl directly, email her at colah@selu.edu

A message from Ms. Cheryl



SUBMIT YOUR UPDATES

In addition to the update from pro staff, we'd like to feature updates and messages from all of you students as well. Submit your update and photos to recmarketing@selu.edu

SPRING BREAK: APRIL 10-19

Spring Break runs from April 10-April 19. While trips and vacations may have been cancelled, make sure you still take a minute to pause and appreciate the break in classes.